



# NEWS 2024 TERM 2

University of The Third Age  
In Toowoomba Inc

**WE WELCOMED 292 NEW MEMBERS In Term 1**

U3A NEWS : EVENTS : COURSE / CLASS NEWS

## PRESIDENT'S MESSAGE

Welcoming all Members to our 2024 U3A year! A special welcome to our 292 new Members.

Very encouraging to see about 1900 Seniors of the Toowoomba region appreciating what U3A has to offer and most importantly choosing to join classes/activity groups.

For some of us, Committee, Office Administrator, PPC Tutors and class groups at the PPC, it was a bit of a wild ride as we all started to adjust to the new Membership Management program. **The most challenging, requiring many hours of extra work, were Members who chose not to use the new system.** Here are some facts relating to payment of Membership for all and to class fees at the PPC for the months of January and February: 38% of the income received was paid securely online (Stripe) with Credit/Debit Card. Everyone happy. You from the comfort of your own home and no further action needed by volunteers or Office. Thank You!

62% of income received was Cash 13%, EFTPOS 19%, Direct Transfer to bank 30%. Every one of these had to be individually entered into the new Membership Management system. HUGE job done by a few Committee members and Office Admin. You can choose to be helpful.

**We would like to see at least 80% of our members paying the term class fees at the PPC securely online via their Debit/Credit Card (Stripe) to cut the workload of the volunteers and Trish. Better still 100%.** We know that is a challenge. Access to the internet; about 10% of our members do not have an email address OR choose not to share it with U3A. **Email will be our priority method of sharing information with all Members as we plan to engage more with Tutors and the full membership.**

Progress has been made on the UniSQ / U3A Partnership Program. Following the return of the Survey sent to Tutors (thanks to those who replied) the possible subject areas sent to UniSQ are Archaeology, Graphic Arts/Visual Arts, Psychology, Astronomy, Anthropology, Modern History, Ecology (Inc. Environmental Studies/Wildlife Management/Pollution Control). 'Pilot Scheme' to start mid-May. Thanks to Bruce Arthur, Liaison Officer, also to Tom Fusae and Carlo Bertoldi.

We have finally managed to retrieve our Office number and internet. Big thanks to Trish Barrett (Office Admin.) who was determined Telstra would return these services which were cut off when the Philharmonic changed their provider in January. Service was returned about 3<sup>rd</sup> week of March! Julie Grant (Treasurer) and Warren Dutton (Asset Manager) to be thanked also.

BADGES. Everyone needs to thank Trish for the huge number of hours she has spent in creating a Member badge for each and everyone of our nearly 1900 members. You will only be given one. That's it! Please wear to classes. Makes communication easier. These will be given to Tutors at PPC for distribution to their classes first. Distribution is a tricky business. Please be patient and appreciative.

Sending a special appreciation and thank you to all our Committee and other Team members, Office Admin. and Tutors for an enjoyable Term one. Well done! Good days ahead.

Wishing you all a happy Easter holiday time. Time to catch up with family and new friends you made in Term one.

**Penny Protheroe President**

## YOUR U3A NEEDS YOU!

**Would you like to help by being part of the Management Committee?**

We are looking for team players with these skills/life experiences:

- Your Management Committee Secretary, Anna Carson is retiring in June. You would join the Committee as soon as possible to learn from Anna.
- A bookkeeper or small business owner experience to assist our Treasurer. Start as soon as possible so Julie Grant can help you to know our system.
- A creative person with skills and bright ideas in Social Media/Marketing/Advertising and Networking. Talk to Penny. Mobile : 0415 529 772
- A person with computer skills to learn the new Member Wizard program from our ICT Coordinator, Carlo Bertoldi. You will be trained in skills needed to assist Tutors and Members.

You will be appreciated always and needed at our busiest times: the enrolment and open mornings in January and the first week of each term.

Committee meets on the first Wednesday of the month at the PPC. A happy team. Business as well as laughter, coffee and cooked morning tea!

***"Volunteers are all busy people who don't have the time BUT they have the heart".***

Our U3A offers great experiences and gives happiness to many. Will you help?

Contact:  
**president@u3atoowoomba.au**



## APPLE BEGINNERS & APPLE DEVICES

Note these classes are **not run** in Term 2 but will be available again in Term 3. Please enroll on line at our U3A Toowoomba Web site or contact the Tutors.

**Liz Kennedy**  
lizkennedyu3a@gmail.com  
**Tom Fusae** tomfusae@gmail.com

## CARDS 500

### SECOND GROUP STARTING

We are pleased to announce that we are now running **two card groups on a Tuesday**. The first group is from 7.30 till 11.30 and the **second group from 12.30 till 4.00 pm**

If you are interested in attending one or both of these groups, catering from beginners to experienced players, please call Jeannine on 0427 996 500. We play at The Rose Garden, Pottinger Street, Newtown, where there is ample parking. Look forward to hearing from you and welcoming you to join us. Please contact **Jeannine Andrews** jabertha@hotmail.com

## SING A SONG OF SIXPENCE FRIDAYS

### ROOM FOR TWO

**Jeannette Zeller** advises - A small friendly group sitting around a piano as we did on Sunday Nights, growing up. Our extensive repertoire covers over 700 beloved melodies from 1860 thru' 1980. We presently have two empty chairs and would welcome two new friends to our family!

Contact Jeannette 0474 555 543  
jandgzeller@bigpond.com

## BEGINNERS MAHJONG TOOWOOMBA BOWLS CLUB

40 Lindsay Street is not accepting any further new members. Mondays 10.00 am  
**Diane van Zeeland**  
dianeandjohnvz@gmail.com

## LOCAL HISTORY DISCUSSION GROUP

Crows Nest Wednesdays  
**Sue Plant** gsplant1@bigpond.com  
advises **no more classes for 2024**

## TRACK AND TRAIL WALKING GROUP D

Mondays 7:30am—1:00pm Allan Crichton 0407 203 008  
**New 2IC** for walkers group is **Geoff Greenwood**

## MINDFUL LIVING

A reminder from Janine that her course begins again in Term 3. It is **not** run in Term 2  
**Janine Hills**  
janinehills1@gmail.com

## LEAD GUITARIST WANTED

### GUITAR JAM SESSION ADVANCED

FRIDAY 10AM TO 12 NOON



**Leader Joy Farquharson** is looking for **someone to play some lead and riffs** for us to complement our music.

We have a drummer and a bass player. We have several rhythm players and singers.

If you know somebody in your circle of friends who may be interested please let me know.

Contact **Joy Farquharson** on 0450 000 575  
linsjoy@hotmail.com for more information

## PENTEL DRAWING

PCC Mathews St in the Studio  
Tuesdays 11:30am - 1:30pm  
This course is for those who are confident in PENCIL DRAWING and can work on their own. Enjoy swapping ideas with other like minded artists. We are a social group.  
Contact Tutor  
**Judy McWilliam**  
mcwilliamjl@hotmail.com  
0414 495 857

## DISCUSSION GROUP B MONDAYS CHANGE OF TUTOR

Beginning Term 2 the Class Tutor will be **Margaret Watts**.  
0417 760 736

## AUSTRALIAN HISTORY MONDAYS CHANGE OF TIME

Australian history in term 2 will be commencing at 1PM Mondays the 1st session commences Monday 22nd April in the PPC Lab.  
Grahame Blackman  
grahamegb49@gmail.com

## CINEMA OUTING AND LUNCH GROUP TOOWOOMBA

**Marie Kruger** advises - My group will be the same, 4th Friday of the month and skip if that falls into holiday break-time.  
Cheers Marie  
marie-art@bigpond.com  
0409 393 019

## BIRDING

April 30, May 28, June 11  
With Mick Atzeni will continue in Term2 Course book p 19

## NEW ! AUSTRALIAN GOVERNMENT & DEMOCRACY

Contact David Villiers. Course Book p 18 "Never a dull moment in this class!"

## QUALIFIED YOGA TUTOR TUESDAYS

Happy Group  
Ros retired!  
Contact Judy

tutorcoordinator@u3atoowoomba.au

## GUITAR FOR BEGINNERS FRIDAY

Will continue in Term 2, there are no vacancies.  
Lindsay Morrison



## MISADVENTURES ON THE HIGH SEA - EO1 - TERMS 3 & 4 WITH SING ALONG SEA SHANTIES

Would you like to attend **Bruce Arthur's** class ? contact **brucearthur01@outlook.com**

**U3A in Toowoomba**  
**New Interests – New Friends**



In Toowoomba Inc

# NEWS - TERM 2

**PRESIDENT:** Penny Protheroe  
**VICE PRESIDENT:** Judy McWilliam  
**SECRETARY:** Anna Carson  
**TREASURER:** Julie Grant

**Committee Members:**  
Judy McWilliam, Michelle Pullinger, Carlo Bertoldi, Warren Dutton, Janelle Connolly, Rod Pullinger

**Newsletter**  
Compiler: Tom Fusae  
Editor: Penny Protheroe  
Proofreader: Anna Carson

### Notice of the U3A in Toowoomba Inc. Annual General Meeting 9am Monday 24th June 2024

At Philharmonic Performance Complex,  
7 Matthews Street, Harristown  
You must be a financial member of U3A  
in Toowoomba Inc. to serve on the  
management committee and/or cast a  
vote

**HAVE YOUR SAY IN POSITIVE  
PLANNING 2024 SURVEY**  
You have until the 28th March  
**DO IT NOW!**

### WELLCAMP AIRPORT AMBASSADORS NEEDED URGENTLY !!



Please Call **Gill Marshal**  
0411 337 572 or email  
pang4547@gmail

### WANTED TUTOR

#### SINGING FOR FUN - TUESDAYS

At the time of going to press, we don't have a permanent leader to take Barry's place. So, if you would love to lead a group who sing for the sheer joy of it, please contact the temporary tutor, Anna Carson at [secretary@u3atoowoomba.au](mailto:secretary@u3atoowoomba.au). We have the music resources for you and of course the support of our wonderful pianists - plus about 50 enthusiastic singers!

### ALL TUTORS ATTENDANCE SHEETS PLEASE



A reminder from Trish at the office.  
Please return all "sign on" sheets to Trish in the office by the end of **TERM 1 Thursday 28<sup>th</sup> March 2024.**

### IMPORTANT DATES 2024

Term 2 starts 9 weeks	22nd April
Newsletter Deadline	7th June
Term 2 ends 9 weeks	21st June
<b>AGM U3A</b>	<b>24th June</b>
Good Friday	29th March
Easter Sunday	31st March
Easter Monday	1st April
ANZAC Day	25th April
Labour Day	6th May
Show Day Tmb	19th April
King's Birthday	7th October
Christmas Eve	24th Dec
Christmas Day	25th Dec
Boxing Day	26th Dec

## CLASS ENROLMENT FOR TERM 2

### RE-ENROLLING MEMBERS AT PPC CLASSES, WILL RECEIVE AN EMAIL SOON.

You will then have the option of clicking on the - **"Click here to pay for your class"**, link which will let you pay securely online by Credit/Debit card (Stripe). Have your Credit Card ready to enter the details.

This is the easiest and most direct way to pay and will cut the workload of our volunteers and Trish. We will appreciate your help in this.

Alternatively, you can go to the **Member Portal** on the **U3A website** and click on **Pay Ow-ing** to pay for any outstanding fees. This may be more direct if you have a number of classes to pay for.

### NEW GROUPS TO BE ENTERED INTO THE MANAGEMENT SYSTEM TERM 2

The classes that will be entered are those that do not require the Tutor to collect fees to pay for a venue. Eg. Walking Groups/Photography/home groups etc.

Classes will be accessible via the **Member Portal**. Members continuing in these classes from Term 1 will be entered into the system either during the last week of Term 1 or the first week of the break. You don't need to do anything.

## SEE HOW TO USE OUR WEB SITE - NEXT PAGE



Philharmonic Performance Complex, 7 Matthews Street Harristown, Toowoomba Qld 4350

**Office Hours** Monday to Friday 9:00am to 4pm during term time **Phone:** 4687 7659

**Email:** [info@u3atoowoomba.au](mailto:info@u3atoowoomba.au) **Web Address:** [u3atoowoomba.au](http://u3atoowoomba.au) **Facebook:** [facebook.com/toowoombau3a](https://facebook.com/toowoombau3a)

# CLASS ENROLMENT FOR TERM 2 (Not Membership)

Use this Portal **after** you become a Member to join a class. (see above)

The Portal needs you to **“register”** before you can access your details and or enrol in classes and securely pay on-line by way of Credit or Debit card.

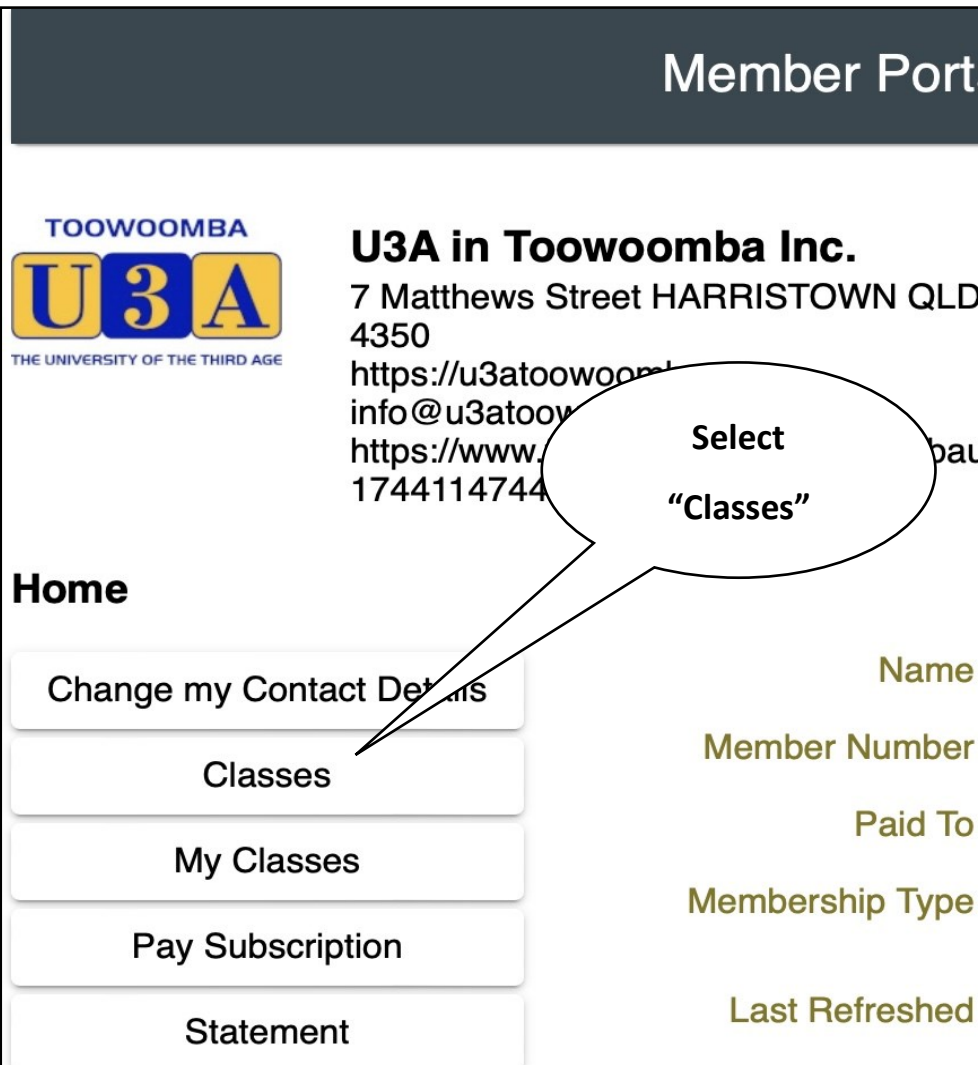
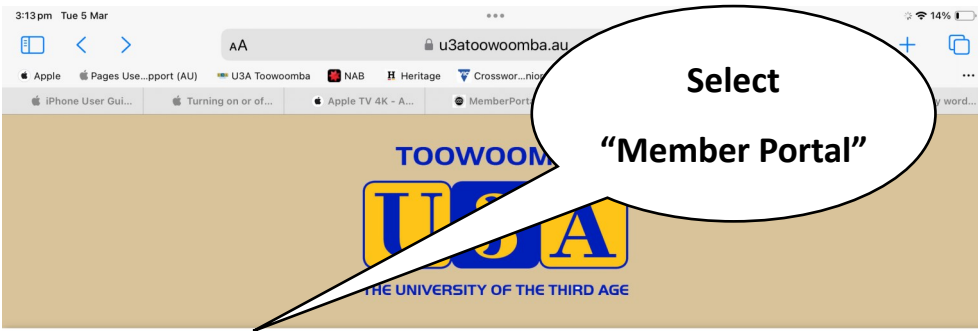
To **register**, you need your email address used in your Membership records and a 6 digit Registration number which will be sent to your email address while you are online. Then you will need to create a 4 Digit PIN for future use on the device you are using.

**Using the internet find** - u3a-toowoomba.au

>MEMBER PORTAL (NOT membership)  
 >enter your EMAIL ADDRESS (used for U3A membership)  
 >tap or click on “CHECK EMAIL”  
 >window asks you to enter a 6 digit **REGISTRATION NUMBER** (for first time use on the device or Browser) or **4 digit PIN** number (when using the same device again). You will now be **“registered”** and you can follow the prompts to “join” a class.

(If after registering on one device and you wish to use another device or browser then you will need to “re-register” and get another 6 digit registration number via your email) then you will need to use the same 4 digit PIN ).

>enter this number>save  
 >create a 4 DIGIT PIN >save



# BECOMING A MEMBER AND PAYING FOR U3A FEES ON U3A WEB SITE

On your internet browser find—[u3atoowoomba.au](http://u3atoowoomba.au)

SCROLL DOWN TO FIND BIG GREEN BUTTON and TAP - “New Member Registration”

Then enter your details and follow the prompts to pay your Membership Fees by way of Credit or Debit card.



New Member Registration

Existing Member Renewal

View Available PPC Courses

**Please Note:** Online enrolment is only available for courses held at the Philharmonic Performance Complex at this stage. Enrolment for all other courses may still be done by contacting the tutor as in past years. Members should see their printed Course Book for tutor contact details.

View 2024 Course Book

### NEWS

- Urgently requesting a German speaking tutor to re-establish German classes with U3A in Toowoomba Inc. We've had many requests from members wishing to learn German or to refresh their knowledge of the language.
- If you are interested in taking on this role please contact Judy McWilliam at [tutorcoordinator@u3atoowoomba.au](mailto:tutorcoordinator@u3atoowoomba.au)
- Urgently needed members interested in becoming Ambassadors at Wellcamp Airport. The tutor for Airport Ambassadors Wellcamp is urgently seeking members to help with flights coming in and out of Wellcamp. Planes arrive and depart up to 3 times a day, 7 days a week.
- If you are interested in becoming an ambassador representing U3A to the general public or you would like more information please contact Judy McWilliam at [tutorcoordinator@u3atoowoomba.au](mailto:tutorcoordinator@u3atoowoomba.au)

# U3A IN TOOWOOMBA

## NEW INTERESTS – NEW FRIENDS

Have you watched the excellent video produced by U3A Network Queensland which you can view on their website? Professor Helen Bartlett, a renowned gerontologist and also the Vice Chancellor and President of the University of the Sunshine Coast, appears on the video and makes the following observations.

“Membership of Seniors Organisations such as U3A provides a very valuable structure for older adults to engage, communicate and to learn with others. The keys to healthy aging are exercise, nutrition, later life learning and good social connections. Participation in U3A classes helps mitigate feelings of isolation and loneliness.”

When you observe classes taking place at U3A in Toowoomba, you can see all the components that Professor Bartlett advocates in action. People in their third age are learning new things, expressing themselves through a variety of art forms, participating in exercise classes, and above all – communicating and making friends with like-minded people.

Members of the Thursday Walking Group are pictured enjoying not only the walk, the exercise and their surroundings, but the camaraderie of fellow walkers. Look at the photos - you will see heads bent in conversation and expressive hands emphasising opinions.

Take note of your own U3A groups and you will see exactly the same thing – people enjoying each other’s company. We would love to see your class photos so we can spread the joy with other U3A members on our Facebook page.

**Anna Carson - Walking Group Tutor and Secretary,  
Management Committee**



## U3A TOOWOOMBA - A TUTOR OF LONG-STANDING - MARITA RAYNER



**Marita Rayner Celebrates Her 80th Birthday in Grand Ukulele Style**

An auspicious occasion for one of U3A Toowoomba's long standing tutors, when ukuleleists and family members from far and near came together to celebrate Marita Rayner's 80th birthday on Sunday March 3. The Glenvale SDA hall was the appropriate venue to host the more than 100 guests. With decorations of green and white balloons, a table groaning with all manner of delectable finger foods, a towering birthday cake baked



**Just some of the many and happy students Marita has taught**

by niece Adele, singing, ukelele playing, a slideshow of Marita over her 80 fabulous years of family and music, the keepsake green ukelele we squeezed our names onto. What more could one want as a celebration of this great milestone? Marita at 80 has been tutoring uke-ists for the past 12 or 13 years, alongside husband David, who provides compilation and backup music each week. It just goes to show life takes off in the "Third Age" with U3A Toowoomba. You too could be here.

**Hazel Fusae - Ukuleleist**



### THANK YOU BARRY LOTZ

After 7 years of singing and fun, our Singing for Fun Group is losing its esteemed tutor, Barry Lotz.

When Barry took over the baton from the late Thea Sherriff, his aim was to make the class fun and to provide an outlet for people who don't necessarily have trained voices but who love to sing, and to send them home with a song in their hearts. He has certainly achieved this. His class is reminiscent of the good old days of singing around the piano.

Barry has introduced the class to a wide selection of songs. Some are from the past, evoking special memories of years long ago. Others are more recent classics which we may have danced to, romanced to, or even walked down the aisle to! He

has been supported by some wonderful pianists - Margaret Pascoe, Beth Segboar, Heather Loveday and more recently, Ann Saxby. Barry plays the piano as well and has accompanied us on the rare occasions that our regular pianists could not attend.

As tutor, Barry inherited a very necessary prop in the form of a bell. It seems people who love to sing also love to talk and the ringing of "the bell" reminds class members that the time for talking has finished and the time for singing has started! Barry will pass on this important disciplinary device to the next tutor.

Thank you Barry – you have brought the joy of singing into our lives and we have certainly had fun along the way. Our very best wishes go with you as you take the time to travel country roads with Glenda – having fun and probably with your music turned up loud.

**Anna Carson**



### "YOGA WITH ROS" FERGUSON RETIRES

Ros Ferguson – Yoga Teacher Extraordinaire

It is with gratitude and sadness that we say goodbye to our wonderful Yoga teacher Ros. Ros commenced teaching

Yoga at U3A seven years ago and she will be greatly missed. Ros has always had the wellbeing of her students first and foremost in her teaching methods. Her gentle, caring and calm attitude made our Yoga class an activity not to be missed.

Thank You Ros for your friendship, dedication to your class and your years of commitment to U3A.

**Rhonda Weston AM, Patron and Yoga Student**

## PITTSWORTH PHOTOGRAPHY GROUP AT THE PIONEER MUSEUM



**Inge Gajczak Pittsworth Coordinator and Photography Tutor**

## PITTSWORTH ART WEDNESDAY

Cecilia Krieg is running the Art Wednesday's Group in Pittsworth for all mediums and all levels, beginners and advanced.

The U3A members are joined by local Art Group members and meet every Wednesday morning. There are still places left to learn art in all kinds of medium. So, if you would like to learn the art of painting, please contact Cecilia by phone or email.

Cecilia loves to teach and help each person to develop their own style and be the best artist he/she can be.

Cecilia Krieg has been painting now for 60 years and has won many awards, home and away. She is a great artist and teacher in all aspects of art. Contact Cecilia on [ceciliakrieg47@gmail.com](mailto:ceciliakrieg47@gmail.com)



## CROWS NEST NEWS

### NEW TUTOR - DAVID VILLIERS "AUSTALIAN GOVERNMENT AND DEMOCRACY"

See course book page 18 Phone Tutor to join Classes  
**0419 275 341**

Please note this is not a course/discussion about present politics.  
There is no political agenda



**In his spare time David is a glider pilot and owns and maintains his own glider**

David worked for 15 years with the Civil Aviation Safety Authority (CASA). For some of that time he was Acting General Manager responsible for 'Safety of Aircraft'. He has appeared at Senate Committee hearings and held a delegation allowing him to issue official documents which had same legal effect as regulations. Prior to being with CASA David was in the Royal Australian Navy for 21 years serving in Australia and the USA. He spent 2 years as Director of Corporate Management, and another 2 years as Navy's Director of Aircraft Engineering.

**Q:** What has prompted you to offer your course to U3A members?

**A:** "In the last couple of Federal Elections and the recent Referendum campaign, the general lack of knowledge and understanding of how our system of government works, the significance of our Constitution, and the way our democracy operates was concerning. In my opinion, this exposed the Australian voting population to political manoeuvring and chicanery. Using my experience, I'd like to provide a better understanding of our systems and the influences upon them."



A huge thank you to all our Tutors, those who have been with us from day one and our five new Crows Nest Tutors in 2024. Each give so much of their time to enrich the lives of U3A Members.



**Foraging in Your Backyard’ with Lyn Wetzig will return in July.**

Rosemary Vinegar or Dandelion pesto or a Fire Cider with Cayenne, pepper & herbs in apple cider vinegar or sauerkraut & fermented carrots! Notes and Workshops. CB Pg. 19.

Lyn has a B HSc(Nut.Med.)Adv. Dip Western Herbal Medicine, Cert 111&IV Fitness, Wholistic Nutritionist and Herbalist.



**Anne-Marie Villiers our Tutor and Netty who has now finished her quilt. Course Book Pg.31**

“The Sew Easy-Be Crafty group has got off to a flying start with members working on their own projects at their own pace. It is very pleasing to see a variety of crafts still being practiced. The ladies are working on candlewicking, cross stitch, applique, quilting, knitting and even some dressmaking. They are more than happy to pass on their skills and knowledge to other class members. The camaraderie makes the class a lot of fun as well as very inspiring.” Anne-Marie.



**Local History Discussion Group’, Sue Plant is one of 5 new Tutors offering Classes in Crows Nest in 2024. Sue’s family have a long history in the area. Others have family who first settled in the area in the 1800s. Amazing to hear them share their knowledge & family memorabilia. Course Book Pg. 23**



**Ian Eustace, with his extensive knowledge and research skills is a new Tutor in 2024. CB Pg.19**

**“Early Settler families of Crows Nest and Ravensbourne Area”**

Ian’s class is always full of amazing facts about the area of the 1800s ‘Crows Nest Run’. This term we have enjoyed learning about the Ravensbourne area. Contributions by class members whose families were the early settlers adds

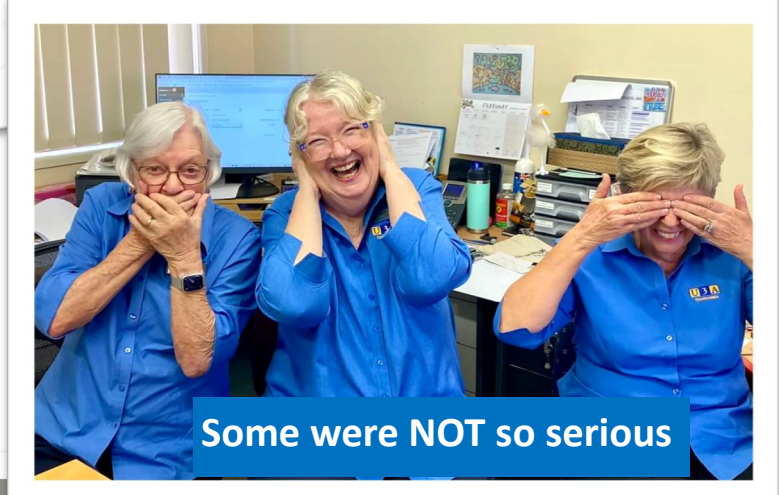
a richness to the class experience. Ian has demonstrated which websites to visit to access early details including Cadastral maps. An excursion is planned for Term2. Can’t wait!

Ian and his wife Rosalie, an accomplished artist, live on a farm in the beautiful Ravensbourne area. They raise cattle and grow walnuts. Ian has a passion for old tractors which he restores.

**Penny Protheroe** Crows Nest Coordinator



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**U3A in Toowoomba  
New Interests – New Friends**



'Thanks to our wonderful Tutors, Committee Members and Volunteers who gave generously of their time not only on the Open days in Toowoomba, Crows Nest and Pittsworth but also on the Enrolment days throughout January.'