



PRESIDENT'S REPORT

The Open Morning held in July was a huge success and a big Thank You to all who assisted, tutors, committee and members. Team work is always the answer to success in any organisation.

Term 4 is often a time of consolidation of the year's work, or a time of winding down for the year. Whichever way you look at it for 2021, it has been a year of change and developing new and innovative ways of managing everyday activities. The introduction of the mandatory use of the Check In Qld app came with extra work for the committee and tutors. Everyone has complied with grace and thoughtfulness and Check In Qld has now become part of our everyday lives.

It is with regret that the Management Committee has decided not to proceed with an end of year Showtime again. This is of course due to the social distancing restrictions which currently apply. We also recognise that tutors and members put in many hours of work preparing for this event which could well have to be cancelled at the last minute due to unexpected changes. We can only hope that this will not be the case in 2022.

Once again we are able to offer an Early Bird Discount for current financial members who renew prior to Friday 21st January 2022. If you were a new member this year, please be aware that you will be sent an invoice for membership with your 2022 Course

Book, along with details of how to pay. These will be posted to you during the first week of January. Payment of 2022 membership can not be accepted until 1st January 2022. If you have changed your postal address during the year and have not notified the office, you should do so now or your Course Book will not reach you.

While we are talking finance please see the notice on page 2 about the class fees at the Philo. For the first time since 2016 these class fees will increase, to \$25 per person, per class, per term.

U3As around Australia are self-help groups and none can manage if there is not sufficient interest, commitment, support, enthusiasm and volunteering from the membership. We rarely ask for help but we are asking now. TUTORS are the backbone of our organisation and we need many more if we are to continue to offer a diverse range of classes/activities to you our members. Tutor's come from all walks of life; you do not have to be a qualified teacher to tutor at U3A. If you are passionate about a particular interest you have, or a hobby you are skilled in please consider offering to share it with your fellow U3A members. Contact Tutor Co-ordinator David Weston via email kintyre15@bigpond.com for further details. Information on classes/activities for inclusion in the 2022 Course Book closes on November 5th. It is your U3A and up to every member to contribute.

Enjoy the last term of 2021.

Rhonda Weston

WE WELCOMED

111

NEW MEMBERS

In Term 2

E & OE

TERM DATES

2021 Term 4, 11 Oct to 3 Dec

2022 Term 1, 31 Jan to 1 Apr

NEWSLETTER SUBMISSION DATES

(2022) Course Book - 5 Nov 2021

POSITION VACANT - Expressions of Interest

Our archivist, Diann O'Mara, intends to step down from the position in April 2022. Diann established our Records Management and Archiving processes in 2014 and has continued in the role since then.

All our records from 1990 are recorded electronically so prospective applicants must be computer literate and familiar with the Microsoft Office suite of programs and cloud storage processes.

Confidentiality is an important aspect of the position. The Archivist must be aware that any disclosure of information must be authorised by the President.

Documents regularly filed and managed electronically include -

Publicity & Events

Management Committee Meetings

Course Information & Newsletters

Policies

Facility Leases

Grants

Tutor & Staff Training

Audit Reports

U3A President's activities

Staffing Matters

Wellcamp Airport Volunteer Ambassadors

Recordkeeping occurs throughout the year, however the actual archiving of documents that are more than 7 years old are archived towards the end of each January. There is a certain amount of flexibility in the role as there are no set dates and times for inputting documents onto the system.

If you have the skills and interest in performing this vital role please send your expression of interest including your skills and experience to the Secretary for consideration.

WANTED

KNOWLEDGE
HAS NO VALUE
UNLESS YOU USE
AND SHARE IT.

Tutors are the cornerstone of U3A and we are always searching for new people to take on this exciting challenge. If you or someone you know would be interested please contact our Tutor Co-ordinator David Weston either by phone 46136559 or email kintyre15@bigpond.com

You could also check out the video on becoming a tutor on our website www.u3atoowoomba.com

CLASS FEES AT PHILO

As from **Term1, 2022**
the cost of class fees at Philo
will increase to \$25
per person
per class per term.

These fees have not been
increased since 2016 and,
as you are all aware,
the cost of managing U3A
is constantly rising.

NOTICE

Single use plastic and polystyrene is no longer sold in Queensland. Once we have used our stock of disposable cups it will be necessary for you to bring your own cup if you wish to have a cuppa at your U3A class at Philo. We will NOT be supplying china cups.



SHOWTIME 2021

Due to the uncertainty around
Covid restrictions this year's
Showtime has been cancelled.

AS THE CROW FLIES ...



Amigurumi and Crochet for Fun. 'Robyn loves to crochet in natural wools and has made many gorgeous creations for her friends and family. Marie loves Shaun the sheep and has made one for each of her grandchildren. Thea is my new student and has taken to Amigurumi easily, making an owl for each of her sweet little neighbours.'

Kristine Willoughby



Food, Herbs and Useful Weeds.

'Class making anti-inflammatory chia pudding and lavender vinegar. Vinegar for a dressing, cleaning or soothing bites. We're also identifying useful weeds.'

- Lyn Wetzig

Packing herbs and Useful weeds for the U3A class, along with the beautiful golden calendula gardener's salve and lovely green chickweed salve.



Thanks to all our very talented U3A Tutors for sharing your many skills this term. To all those who attend our groups, your support keeps us going!

Penny Protheroe

Crows Nest Coordinator



**Writers, sharpen your pencils;
Photographers, polish your
camera lens**

THE INNAUGURAL U3A NETWORK QUEENSLAND ARTS COMPETITION IS now open to all seniors residing in Queensland.

Cash prizes on offer in each category.

The theme for both is "Still Learning".

Full details, terms and conditions, and how to enter can be found on the U3A Network Qld website at:
<https://www.u3aqld.org.au/quac.html>

Both competitions close on 31 October 2021.

**PLEASE OBEY THE PARKING SIGNAGE
AT THE PHILHARMONIC COMPLEX**



CLASS INFORMATION

Due to COVID-19 restrictions, class arrangements have been modified to fall in line with social distancing.
Some classes unfortunately will be unable to restart.

Only classes that are **RESTARTING** or have a

CHANGE OF VENUE / TIME / TUTOR / VACANCIES

Ask your Tutor for specific requirements.

RESTARTING / VACANCY in CLASSES in TOOWOOMBA

Monday 9:00 – 11:00 PPC - The Lab	ECONOMIC THOUGHT Resuming after a Break	Ian Kennedy
Monday 12:30 – 1:30 Playhouse	iPad - Beginners A basic introduction to the Apple iPad. Specially designed for the absolute beginner.	
Monday 9:00 – 10:30 PPC Playhouse	iPad REFRESHER Topics covered in class will be based on the expressed needs / concerns of students.	Colin McGuire
Monday 11:00 – 12:30 PPC Playhouse	iPhone REFRESHER Topics covered in class will be based on the expressed needs / concerns of students.	Colin McGuire
Monday 9:00 – 11:00 PPC Studio	PSYCHOLOGY The aim of this course is to merge rigorous science with a broad human perspective. The principles and processes of psychology will remain sensitive to the participants' interests while also conveying the inquisitive compassionate and sometimes playful spirit in which psychology can be approached. Limited Vacancies	Karlene Coombes
Monday 8:30 – 11:30	TENNIS – MORNING A fun, social morning of tennis. Haven't played for a while, that is OK. Vacancies	Alf Sullivan
Wednesday 9:30 – 11:30 City Golf Club	INVESTOR FORUM This class is suited to those members who are interested in investing. Guest Speakers give general information on investing and members are encouraged to do their own research – no personal advice is given. Limited vacancies	Crystal Wenham

RESTARTING / VACANCY in CLASSES in TOOWOOMBA Cont'd

Wednesday 10am	SUDOKU – EASY I teach a very easy to learn method to master this puzzling puzzle in a small class at my home. Cost of \$15 includes Puzzle Book Pen and Note Book. Limited Vacancies.	Di Turner
Thursday 9:00 – 9:45 Joyce's Place	LEARN TO READ MUSIC This term we will concentrate on the bass clef only (the left hand), as it appears that this section requires more attention. Limited spaces – leave a message if not answering.	Joyce Ridgway

EXPRESSION of INTEREST for 2022

For Terms 1 & 3 2022 Times etc to be advised	EXPLORING ANTARCTICA TODAY This is a second course on this fascinating continent (after the first course in 2016-18). It features a travel guide through both the continent itself and surrounding islands. Also exploration since 1922 down to the present, along with such historic events as the final crossing of the continent through the South Pole in 1957-58. (PowerPoint, DVD and Notes)	John Pryce-Davies
To Be Advised	FAMILY HISTORY – BEGINNER If you are interested in this course, could you please contact the Tutor BEFORE November 10, 2021. Any enquiries please email.	Karen Rowe
To Be Advised For Terms 3 & 4 2022	INDIGENOUS AUSTRALIAN HISTORY The tutorials will explore Indigenous History from pre Captain Cook to the present. They will cover how Aboriginal Australians have lived before Captain Cook and how they have survived. DVDs, movies, maps, handouts, questionnaires and guest speakers.	Veronica Luck
For Terms 1 & 3 2022 Times etc to be advised	RUSSIAN HISTORY FROM NICHOLAS II TO PUTIN This will feature the period from the last Tsar (Nicholas II) to the early years of Vladimir Putin, the current President (ie from 1894 – 2004). As such the last years of the Romanov dynasty will be surveyed and why this dynasty ended and in due course the Communists under Lenin came to power in 1917. Later dictators such as Stalin, World War II and the leadership that followed from Krushchev onwards to the rise of Putin. Socio-economic and various other aspects of the history will also be surveyed. (PowerPoint, DVD and Notes)	John Pryce-Davies

CHANGES to CLASS INFORMATION

Monday 11:30 – 1:30 The Lab	AUSTRALIAN HISTORY and its "EXCEPTIONALISM" Term 4, covers 1900/1901 to today and new participants are most welcome to start the second half of this most interesting course, then choosing to do the first half, pre-history to 1900, next year. Limited places available.	Graham Blackman
Monday 11:30 – 1:30 PPC - Austral	GUITARS FOR FUN Change of Tutor	Lyn Russell
Tuesday Concordia Lutheran College – Aquatic Centre (South Street, Harristown)	AQUATIC EXERCISE GROUP New Venue Swimming 6:30am – 7:15am Aqua Aerobics 7:30am – 8:00am	David Bradford
Tuesday 2:00 – 4:00 PPC Austral Room	SING, SING A SONG Some Vacancies	Jeanette Zeller
Wednesday 14:00 – 16:00 PPC - The Lab	GERMAN LANGUAGE & CULTURE (Intermediate) New day and time	Allan Langdon
Wednesday 9:00 – 11:00 Playhouse	PASTEL DRAWING Accepting limited number of new students	Stephen Jones
Thursday Concordia Lutheran College – Aquatic Centre (South Street, Harristown)	AQUATIC EXERCISE GROUP New Venue Swimming 6:30am – 7:15am Aqua Aerobics 7:30am – 8:00am	David Bradford
Thursday 8am	THURSDAY WALKING GROUP Earlier start due to the warmer weather	Anna Carson
Friday 9:00 – 11:00 The Lab	WINDOWS 10 and OFFICE - Acting Tutor This course will help you develop your skills with MS Word, Excel and Power Point. Your own Computer is necessary. New participants are welcome.	Graham Miller
Friday 11:30 – 1:30 PPC Studio	SING A SONG OF SIXPENCE Two empty chairs available	Jeanette Zeller

CLASSES IN RECESS

CHESS	Ted Kitto
CIRCLE DANCING FOR BEGINNERS	Michael Rooke
MINDFUL LIVING	Janine Hills
POETRY READING	Michael Rooke
REGAIN YOUR BRAIN	Eileen Munro

CROWS NEST CLASSES

<p>Tuesday Fortnightly Start 12th October 1:00 – 3:00 Community Centre</p>	<p>AYURVEDA, Yoga and MEDITATION</p> <p>Explore the holistic natural medicine system of Ayurveda, Yoga and Meditation. These together can help you to improve your health. Learn about preventative health methods, which includes how foods, herbs, emotions and the climate we live in affect our daily life. Yoga activities are suitable for all. They can be done using a chair or standing. Yoga mat not required.</p>	<p>Robyn Pigozzo</p>
<p>Second & fourth Tuesdays 7am start Ask Tutor</p>	<p>BIRDING</p> <p>Discover the diverse bird life of our region. Good therapy! Suitable for beginners and experienced birders alike. Requirements: Binoculars, walking shoes, hat, water and morning tea.</p>	<p>Michael Atzeni</p>

CROWS NEST CLASSES IN RECESS / CANCELLED

AUSTRALIAN HISTORY	Graham Blackman
FOOD, HERBS and USEFUL WEEDS	Lyn Wetzig

We value our Tutors They are the backbone of our organisation

We would not have a U3A without our volunteer tutors.

They generously dedicate their time
and their skills and knowledge for our benefit.

Please show them the respect that they deserve
when you enrol, and when attending a class.



New Interests—New Friends

Return Address:

U3A in Toowoomba Inc
PO Box 404
DRAYTON NORTH 4350

U3A NEWSLETTER

Registered Australia Post
Print Post Approved
100018628

POSTAGE PAID

TOOWOOMBA
QLD 4350



Contact Details

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Toowoomba Qld 4350

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Drayton North Qld 4350
phone: 4687 7659

email: u3atoowoomba@bigpond.com

<http://www.u3atoowoomba.com>

Like us on Face Book:

<https://www.facebook.com/toowoombau3a>

Management Committee - after hours contacts

PRESIDENT: Rhonda Weston - 4613 6559
VICE PRESIDENT (and Asset Manager): Dennis Bateman - 0434 537 455
SECRETARY: Anna Carson - 0423 527 369
TREASURER: Trish Cameron - 0421 057 996
TUTOR COORDINATOR: David Weston - 4613 6559
MEMBERSHIP OFFICER: Michelle Pullinger - 0419 640 925
COMMITTEE: Sue Doyle (Assistant to Tutor Coordinator); Mick O'Mara (Policy Manager); Janelle Connolly (Assistant to Secretary); and Rod Pullinger (Complaints and Risk Management Officer.)
NEWSLETTER COMMITTEE: u3atoowoomba@bigpond.com
Editor: Rhonda Weston, Phone 4613 6559; Compiler: Trudy Graham
CROWS NEST COORDINATOR: Penny Protheroe, 4698 2021
PITTSWORTH COORDINATOR: Lyndall Madden, 4693 2510
WEBMASTER - Des Venz
ARCHIVIST - Diann O'Mara / PHOTOGRAPHER - Dianne Turner