

*IT IS ALWAYS WISE TO LOOK AHEAD,
BUT DIFFICULT TO LOOK FURTHER THAN YOU CAN SEE.*

Winston Churchill

The COVID-19 pandemic has challenged us all on so many levels and in all areas of our lives. As your President I have always endeavoured to look and plan ahead with the confidence that hard work will achieve positive results. As we all face what could well be a “new normal” I, like you, can only adapt to a daily changing way of life.

The Management Committee has had to adjust to a very different and sometimes difficult way of managing U3A and I ask that you remain patient and understanding as we reopen with restrictions.

We have been fortunate to obtain the Job Keeper payment which has assisted us with being able to keep Trish, our wonderful Office Administrator, employed. The Philharmonic Performance Society has been more than generous with a huge reduction in our monthly rent while classes were on hold.

To the tutors who were able to keep their classes going either by email, Zoom or YouTube, I thank you most sincerely. Other tutors have regularly kept in touch with their class just to say hello, all extremely important during our months of isolation.

As you know, U3A is a self-help community and individuals do need to be self-reliant and take personal responsibility for their well-being and at all times be considerate of other members. **Please do not attend any class or activity if you feel unwell. No coughs, colds, fevers or other contagious illnesses need to be shared among your U3A friends.**

If your class recommences, you must strictly adhere to all rules and requirements as laid out by the Qld Health Department and the Qld Government. Management has prepared a COVID safe hygiene plan for the use of the Philharmonic Complex and our room at SDA, which your tutor will activate for your class. Failure to comply will see you barred from attending **any** U3A class.

Three months ago I was concerned wondering how many of our members may not be around post COVID. I am ever grateful that you have all come through this pandemic and I look forward to catching up with you soon.

Rhonda Weston

WE WELCOMED

295

NEW MEMBERS

In Term 1

COVID Safe Checklist for U3A in Toowoomba Inc

What needs to be done to safely recommence classes:

1. Check classes can recommence

- Check the Queensland Government's COVID-19 website at www.covid19.qld.gov.au to confirm you can recommence classes and whether any specific restrictions apply.
- Check the condition of equipment and facilities are fully functioning, such as gas, electricity, toilets, and hand-washing facilities.
- Ensure tutors are advised of the requirements to recommence classes.

2. Wellbeing of U3A tutors, members and staff

- Direct all to stay at home if they are sick, and to go home immediately if they become unwell. Advise them to be tested for COVID-19 if they have any symptoms of acute respiratory disease (cough, sore throat, shortness of breath) or a fever or history of fever. They must remain in isolation at home until they get the result and it is negative for COVID-19.
- Consider safety risks and manage these according to the appropriate hierarchy of controls i.e. elimination, isolation, administrative controls, then personal protective equipment where required.
- Implement measures to maximise the distancing between class participants to the extent it is safe and practical.
- Modify processes in the administration office to limit the risk of close contact as much as possible.
- Consult with tutors on COVID-19 measures in the workplace and provide workers with adequate information and education, including changes to work tasks and practices and appropriate cleaning and disinfection practices at work.
- Class participants will not be able to share a social "cuppa" before, during or after classes.**
- Courses that cannot meet physical distancing or other COVID-19 restrictions will not recommence until the restrictions are revised.**
- Put signs and posters up to remind workers and others of the risk of COVID-19.

3. Social distancing

- Place signs at entry points to instruct class participants not to enter if they are unwell or have COVID-19 symptoms.
- Place tables to ensure that persons seated at those tables are 1.5 metres apart and reduce the number of tables and seating capacity in line with public health directions.
- Consider using physical barriers where practical, such as plexiglass in the administration office.
- Remove waiting area seating or space seating at least 1.5 metres apart.

4. Record keeping

- ◇ Use the class attendance record as the contact information document. Tutors must ensure all class attendees, including the tutor, and any guests are recorded.

5. Cash Handling

- **Class fees will have to be paid in cash or cheque. Class participants must bring the correct amount to the class. Money must be sealed in an envelope and the envelope clearly state the member's name and membership number. Change will NOT BE GIVEN.**

6. Hygiene and cleaning

- Provide hand washing facilities, including clean running water, liquid soap, paper towels. If hand washing facilities are not readily available, provide an appropriate alcohol-based hand sanitiser.
- Do NOT share equipment and tools in classes where hand tools, brushes etc., are used.
- Clean frequently touched areas and surfaces after each class. BY THE CLASS.
- Clean computer equipment, the keyboard, mouse, monitor etc., after each class.
- **Clean tables and chairs used during a class before restacking them. BY THE CLASS**
- Clean frequently touched surfaces in the administration office at least hourly. Have a CLEAN and DIRTY container for pens that may be used by multiple persons.

7. Review and monitor

- Regularly review our systems to ensure they are consistent with current directions and advice provided by health authorities.
- This checklist is a part of the class recommencement plan.

Rhonda Weston
President

CLASSES AVAILABLE FOR 3rd TERM

Due to COVID-19 restrictions, class arrangements have been modified to fall in line with social distancing. Many classes unfortunately will be unable to restart, they are listed under 'CLASSES IN RECESS UNTIL SOCIAL DISTANCING RULES CHANGE'.

We have asked all Tutors to reply to the office with a checklist of requirements for commencing their class. For various reasons not all Tutors have replied; these are not included in this Newsletter.

Please refer to your 2020 Course Book for class details, or note that:

Highlighted classes are NEW or Change of Venue. Ask your Tutor for

MONDAY

CRYPTIC CROSSWORDS – Beginners	
CRYPTIC CROSSWORDS-Advanced	
FAMILY HISTORY FORUM	
GUITARS FOR FUN	
PSYCHOLOGY	
ROUND TABLE DISCUSSION GROUP	
TAI CHI	
TENNIS – Afternoon	
TENNIS – Morning	
WEAVING FAMILY HISTORY TAPESTRY	

TUESDAY

CREATIVE WRITING	
DRAWING ABC – Group 1	
FOOD NUTRITION & HEALTH	
ITALIAN CONVERSATION	
MINDFUL LIVING	
POTTERY – AFTERNOON	
POTTERY – MORNING	
REGAIN YOUR BRAIN	
ROMAN EMPIRE 27BC – 138AD	
SHIBASHI QIGONG	

TUESDAYCont'd	
SING....SING A SONG	
SPANISH -Beginners	
SPANISH -Class 1	
SPANISH -Class 2	
TRAVEL	
UKULELE	

WEDNESDAY	
AMERICANWILDWEST	
ARCHAEOLOGY ofAUSTRALIA	
CHINA'S MAGNIFICENTHISTORY	
CROQUETRICOCHE	
EARLY INDIANTHOUGHT ZOOM	
GOLFCROQUET	
ITALIAN-ONGOINGSTUDY	
ORIGINS oftheBIBLE NEW VENUE	
PASTELDRAWING	
SEWING CIRCLE	
SHAKESPEARE21stCenturyMan	
SING-A-LONG SINGERS	
WANDERERSWALKINGGROUP	
WONDERS ofWATERCOLOUR	

THURSDAY	
CHINESE-MANDARIN	
CHRISTIANITY&FEMINISM	
CIRCLEDANCING	
DINKYDIBUSH BAND	
ENJOYINGMATHEMATICS-Basic	
ENJOYINGMATHEMATICS- Intermediate	

THURSDAYCont'd	
FAMILY HISTORY- Beginners	
GUITARFOR BEGINNERS	
ITALIANforBEGINNERS	
LEARN TOREADMUSIC	
OIL PAINTING	
SOCIAL MEDIA	
THURSDAYLUNCH GROUP	
WALKINGGROUP	

FRIDAY	
ANDROIDPHONES&TABLETS	
DRAWINGABC- Group2	
FRENCH INTERMEDIATE	
FRIDAYLUNCH-GROUPE	
GERMAN LANGUAGE&CULTURE	
GUITARJAMSESSION	
MOVIECLUB	
PERSIAUNVEILED	
PORTRAITURE	
RAINBOW WRITERS	
RAMBLINGWRITERS	
SING....SING A SONGOFSIXPENCE	
WINDOWS 10	

PITTSWORTH CLASSES

CRYPTICCROSSWORDS -Elementary	
IMPROVEYOURPHOTOGRAPHY	
iPAD, iPHONE &APPLEWATCH	
LINE DANCING	
LUNCHGROUP	
UKULELE	
WRITINGFOR PLEASURE	

CROWNEST CLASSES

AMIGURUMI	
AUSTRALIAN HISTORY	
FOOD & HERBS as MEDICINE	
GERMAN ELEMENTARY	
MIEVEAL WOMEN MYSTICS	
MOSAICS	
SYMPHONIC SOUNDS	
UKULELE	
WRITE YOUR WAY TO SUCCESS	

CLASSES IN RECESS UNTIL SOCIAL DISTANCING RULES CHANGE

ANCIENT BELIEF with Matthew Weatherley	KNITTING and CROCHET
ANCIENT EGYPT'S AMAZING HISTORY To commence 2021	LEAD LIGHTING
APPLE IPAD / IPHONE with Colin	LINE DANCING
APPLE IPAD Beginners with Liz	MAHJONG
APPLE IPAD FORUM with Liz	MAHJONG FOR FUN
AQUATIC EXERCISE GROUP	OUR CHANGING WORLD
BALANCE	PHOTOGRAPHY
BOOK DISCUSSION GROUP	PYROGRAPHY
CANASTA	SCOTISH COUNTRY DANCE
CARD GAME 'JOEY'	SCRABBLE
CARDS (500 & CONTRACT WHIST)	SINGING FOR FUN
CHAMBER SINGERS	SOCIAL DANCING
CHESS	SWIMMING- MONDAY
CHURCH HISTORY	SWIMMING- WEDNESDAY
COMPUTER WORKSHOP	SWIMMING- THURSDAY
DYNAMIC LIFE LECTURE SERIES	SWIMMING- SATURDAY
FRENCH CONVERSATION	TABLE TENNIS- FRIDAY
FRENCH with Anne Bryan	TABLE TENNIS- MONDAY
FRIDAY LUNCH GROUP D	TATTOOING
GARDEN CLASS – To Commence 2021	TOPICS in GEOLOGY
GLOBAL ECONOMICS in the DIGITAL AGE	TRIVIA
GREEN CHICKEN WRITERS	WELL CAMPAIGN PORT AMBASSADORS
INVESTORS' FORUM	WOOD TURNING
	YOGA WITH ROS

