



U3A in TOOWOOMBA Inc NEWSLETTER

**TERM 2
2016**

UNIVERSITY OF THE THIRD AGE in TOOWOOMBA Inc

POSITION VACANT NEWSLETTER MANAGER

*Do you know your way around Microsoft Publisher
(or similar program), Microsoft Word, and emailing?*

If so, WE NEED YOU!

The ability to work as part of a team and to deliver to deadlines is vital, and some experience in a publishing environment would be advantageous but is not essential.

U3A in Toowoomba Inc publishes a Course Book once a year, and 3 Term Newsletters (such as this one) each year. You will **not** be required to write or search for articles - these are supplied by the Editor and the Tutor Coordinator - and you will not be asked to attend committee meetings.

The major duties of the Newsletter Manager are to:

- Compile the Course Book/Newsletter from the copy and articles sent by the Editor and Tutor Coordinator;
- Send the completed Course Book/Newsletter to the proof readers;
- Attend one meeting each publication to make any changes/amendments the Editor and Proof Readers identify as necessary;
- Oversee the production of mailing labels (performed by Office Admin staff);
- Oversee the emailing lists on our Mail Chimp Account (Prepared by Office Admin staff);
- Send newsletters via email (Mail Chimp Bulk Email);
- Attend the Newsletter mail-out day to assist with the mailing of hard copies via Australia Post.

Full training will be given to the successful candidate over the course of this year.

For more information or to express your interest, contact the Newsletter Manager, Trudy Graham, 4630 5084; 0419 959 508; newsu3atoowoomba@bigpond.com

***All positions in U3A Toowoomba are unpaid,
except for office administrator.***

APOLOGIES

Mistakenly omitted from the 2016 Course Book:

- ◇ Drawing ABC; Details page 6
- ◇ Beginners Art, Pittsworth; Details page 6

WE EXTEND
A WARM WELCOME TO
355
NEW MEMBERS
WHO JOINED IN Term 1

2016 CALENDAR

TERM DATES

TERM 2 APR 26 - Jun 24
TERM 3 JUL 18 - Sept 16
TERM 4 OCT 10 - Dec 2

U3A Network Conference
SUNSHINE COAST JUN 2-3
(u3aqldconference.org)

SENIORS' INFO EXPO

WEDNESDAY AUGUST 17

ART SHOW AND CONCERT
To Be Advised

2016 Newsletter Deadlines

Term 3 June 17
Term 4 Sept 9
2017 Course Book Nov 11

IN THIS ISSUE

Newsletter Manager	1
Apologies	1
PRESIDENT'S REPORT	2
Card Making	2
Parking at PPC	2
2016 SENIORS' EXPO	3
Pittsworth Clippings	3
U3A Qld Network State Conference	3
2015 Art Show and Concert report	3
Special GM Notice	3
Lost Property	3
Courses, New	4
Tutor Retiring	5
Classes In Recess	5
Class Updates	6
Lunch Groups	7
Contact Details	8

PRESIDENT'S REPORT

I write this just after the Council elections and like many of you I am pleased that they are finally over. Now our street corners and footpaths can return to normal and the newly elected council can do what you elected them to do. We are fortunate to live in this beautiful city and I wish it to remain one of the most livable cities in Australia. Having said that, growth is important and nothing stays the same, nor should it. I wish Mayor Paul Antonio and his team all the best for the next four years.

I usually take this opportunity to thank our many Volunteers, be they Tutors, Office Volunteers or the many other "quiet achievers" who help each week. I thank them again, most sincerely. This year I will take this opportunity to tell you a little about the role of your Management Committee, five of whom are also Tutors.

To be an effective and productive member of a busy Management Team in this age of technology, computer skills and an internet connection are essential. Each member of the U3A Management Team has an area of responsibility to oversee, in addition to assisting with the whole. Decisions reached between meetings are arrived at by email. All records are kept digitally and meeting minutes distributed electronically. The Secretary keeps a hard copy Minute Book and the Treasurer presents all financial records to the Auditor each year both electronically and in hard copy. As of 2015 our History has all been recorded digitally by our Archivist. The Membership Database is all electronic. The committee is very hands on and works tirelessly in the background to keep your U3A running smoothly, efficiently and effectively.

Our AGM is fast approaching and will be over when this Newsletter reaches you. This year the Management Committee decided to hold the AGM in the holidays, to see if more of the membership would attend. The current committee all nominated again and it is very encouraging to have such dedicated U3A members willing to work as a team to manage this ever growing organization.

On a personal level, I have been invited to participate as a Guest Speaker at a Symposium on Ageing organized by U3A Singapore in conjunction with and to be held at, the National University of Singapore. I also accepted an invitation to present a paper at the AUITA Conference in Reims, France.

One of the Objectives of our Constitution is: *To exchange ideas and resources with other Universities of the Third Age organisations or similar bodies, both within Australia and overseas and to encourage the extension of similar organization in other parts of Queensland and Australia.*

You are fortunate to belong to U3A Toowoomba which has the highest per capita ratio of classes to members of any Queensland U3A, thanks to the generosity of spirit of our Tutors and the hard work of the Tutor Co-Ordinator David Weston. I look forward to another interesting and exciting year.

Rhonda Weston

CLASS VACANCIES

CARD MAKING

Wednesday 11:30 – 1:30 PPC The Lab

Have you ever wanted a greetings card for a special occasion and couldn't find the right thing? Come and join a card making class and you'll be able to make a card that is not only personal and original it will convey exactly what you want it to say.

We have been going for several weeks now and the ladies are enjoying themselves and creating something they thought they could never do!

If you wish to join us contact Glenda after 5pm for details. You will need a basic kit which consists of a self-healing mat, a paper trimmer, glue, double-sided sticky tape, foam squares, tweezers, scissors, rubber and ruler. Kits are handed out weekly and we are averaging two cards per session.

This is a new course and expressions of interest would be appreciated.

PARKING AT THE PHILO

Please note the following:

1. Please park within the designated ANGLE PARKS indicated with yellow lines when parking against the colour-bond fence.
2. Members are parking on the Park at the rear of the PPC. This is illegal and if council is notified by residents you will be fined.
3. Complaints from neighbouring residents about members parking too close to driveways, blocking their ingress and egress.
4. Complaints from neighbours about not being able to mow their footpaths when cars are parking with two wheels up on them.
5. The area in front of the white gate at the western end of the building (near the Studio Room entrance) **MUST BE KEPT CLEAR AT ALL TIMES.** This is an emergency exit.

SENIORS' INFORMATION EXPO

Wednesday 17th August 2016
HumeRidge Church of Christ, 9am to 3pm

This annual event does not happen without a team of volunteers. Helpers will be needed to set up the day before, dismantle at the end of the day, and for kitchen duties during the event. Watch your next newsletter for more details about how you can help.

PITTSWORTH NEWS CLIPPINGS

2016 has certainly started off very well. Our **Art** classes had great success at the local Shows with Dawn taking home the drawing prize at both the Pittsworth and Oakley Shows. The judge, Lee Perinet at the Pittsworth Show was most complimentary about the high standard in the Novice class. Other successful members included Barbara, Greg, Gail, Heidi, Lenelle and Lyndall, with tutor Cecelia scooping the pool as Champion at Millmerran and Pittsworth.

Elementary Cryptic Crosswords

A great group of keen cruciverbalists—including 5 new members - have started off the year with enthusiasm. It has been a happy and rewarding term with all contributing well and progressing rapidly, keeping me on my toes. [Scotia McCawley]

Lacemaking is proving very popular. Tutor Gail reported that there are two new members joining the group next term to learn this beautiful old craft.

Lunch Club has had two meetings with the Brookstead Hotel providing a delicious lunch for members. Sadly we no longer have our beloved Tatts Hotel on the calendar.

U3A NETWORK QUEENSLAND

State Conference 2016

Renew and Reconnect

U3A Sunshine Coast is hosting the 2016 U3A Network Queensland State Conference and Annual General Meeting on Thursday 2nd and Friday 3rd June 2016. The event will be held at the Innovation Centre, University of the Sunshine Coast, Sippy Downs.

This marks a special milestone for Sunshine Coast and for all Queensland U3As as it is 30 years since U3A started in Queensland, on the Sunshine Coast and Brisbane. All U3A members are invited to the conference to celebrate and share. For more information, or to register, go to: <http://www.u3aqlconference.org/>

2015 ART SHOW AND CONCERT REPORT

Almost 100% participation in the Art Show in 2015! Congratulations to all Art and Craft Tutors and their students who displayed the products of their work on the day. Such marvellous diversity of talent! Many attended and were delighted with the quality of your work.

Heartfelt thanks to those volunteers who arrived at 8.00 a.m to set up Austral and who returned to put back all the furniture. Thanks too, to the willing and cheerful members of the Tennis group who so reliably turn up each year to man the B.B.Q. Special thanks to those unsuspecting members of the audience who found themselves vacuuming after hours!!

The concert was a big success, featuring a wide variety of classes. For the first time, we had the *Green Chicken Writers* (with a hilarious sketch), *Pittsworth Singing for Fun*, and the *Circle Dancers*, as well as the regulars who enjoy showing members of U3A something of what they do in their classes.

Many, many thanks to those who assisted with setting up the hall and packing the chairs away afterwards, and making sure that everything was left clean and tidy.

LOST PROPERTY

The number of items in our lost property box at the office is growing. Due to lack of space, these will be disposed of after the first week of Term 2.

If you are missing: a set of keys; a Stainless Steel or Silver Plastic water bottle; Sunglasses (2 pair); Pencil Case; Bosch Battery Charger; or music CD (Hall & Oats) please call into the office during office hours to collect.

NOTICE OF SPECIAL GENERAL MEETING

A SPECIAL GENERAL MEETING WILL BE HELD AT THE PHILHARMONIC COMPLEX ON JULY 6TH AT 10AM

The meeting is being called in order to present a motion for changes to our constitution. Such changes are required to bring us into line with current legislation.

Notice of the wording of the motion will be available 14 days before the meeting—emailed to those members with an email address; published on our website; and displayed in our office.

NEW – NEW - NEW

ANCIENT GREECE

Wednesday 11:30 – 1:30 TAFE Room A2.70

This long anticipated class will start this term. Take a trip back to the Greek Bronze Age using videos, powerpoint and 'collector's corner' presentations. Decipher A 'linear B' tablet and lose yourself with Persephone. Vacancies.

ANCIENT MYSTERIES & NEW AGE TEACHINGS:

Starts in Term 3, runs for 2 terms, until the end of Term 4. Places are limited, waiting list is long. Those on my waiting list must confirm within the first two weeks of June if they still wish to attend, as I will be away and uncontactable 18 June to 10 July.

ELEMENTS of MYSTERY (ART)

Tuesday 2:00 - 4:00 PPC Playhouse

- Using charcoal we will start with our movements first
- Using oil pastel and ink to create &
- Some print making from a photocopied Face – all levels catered for – full of mystery!

CHESS

Monday 11:30 – 1:30 PPC Studio Room

Chess is the ultimate thinking game and one is never too old (or young at heart) to begin learning. The rules are surprisingly simple but the strategies and tactics are endlessly engrossing. Those with little or no experience will be catered for and years of mental stimulation lie ahead.

COMPUTER COURSES Tuesday 11:30 – 1:30 PPC, The Lab 4 week courses - bring your own laptop
Contact appropriate tutor by email. Start date to be confirmed by tutor.

Creating Websites

Creating Blogs

FAMILY HISTORY WORKSHOP – Beginners

Tuesday 2:00 – 4:00 TAFE Room A2.70

Do you need to refresh your knowledge? Do you want to begin your family history journey or have you started researching but have no idea what to do next? We will explore various aspects of how and where information can be found. Your own computer and WiFi would be an advantage – but not essential.

FROM MUHAMMAD TO ISLAM TODAY

FOR TERM 3 Venue and Time to be arranged

We will look at Arabia before the Prophet, his life, teaching, commandments, later conquests, the Crusades, his successors and contemporary practice endeavouring to be as objective as possible.

GERMAN – ELEMENTARY

Friday 2:00 – 4:00 TAFE A2.70

A theme based programme designed for adults using the course "Themen: Aktuell". Suitable for beginners or those with some high school German. It aims to provide a good command of the basic structures and vocabulary enabling communication in everyday situations. German is used as the medium of instruction.

RSQ MUSIC / ART STUDIO

37 Prosser St, Toowoomba

- Monday 1 – 1 45 Recorder (descant and tenor beginners)
- Monday 2 – 2:45 Recorder (Treble/Alto Intermediate jam session)
- Tuesday 9 – 12 and 1 – 2 Piano Lessons

NEW – NEW - NEW Cont'd**SPANISH for Beginners 2****Tuesday 11:30 – 1:30 TAFE Room A2.70**

Due to overwhelming interest Steve has agreed to run a second class. So are you interested in learning another language or plan to travel to Spain or Latin America? We will focus on basic conversation and reading in Spanish, as well will be learning about some of their fascinating culture.

WINDOWS 10 and OFFICE 2016 – ADVANCED**Friday PPC Lab Time: ask Tutor**

This course is for people who have had more experience with Windows 10 and Office 2016. Bring your own Windows laptop and preferably your own WiFi pocket modem. There will be a general introduction to and discussion about applications supplied with Windows 10 and Office 2016. There may be a loaner laptop available.

WINDOWS SMART PHONES for Beginners**Friday PPC Lab Time: ask Tutor**

These are made by Nokia and may be branded as Lumia or Microsoft. They have the typical Microsoft Windows 10 large tiles on the screen. Commonly, you will use them as a phone, and to: store contacts, do messaging and emails, read books, play games, take photos, driving navigation, play music and video clips.

IN RECESS**HEALING YOURSELF FROM WITHIN****RETURNS IN TERM 3**

A course to empower YOU to heal yourself physically, emotionally, mentally and spiritually. The majority of physical problems we encounter stem from our belief systems. You will learn strategies to reclaim and enrich your own healing powers.

INDONESIAN LANGUAGE & CULTURE**Until Further Notice****LIMERICK WRITING****Until Furt****MEDITATION & MINDFULNESS****RETURNS IN TERM 3**

Course cancelled for Term 2 as I will be travelling. Limited places are available for term 3, waiting list is long. Those on my waiting list must confirm within the first two weeks of June if they still wish to attend. I will be away and uncontactable 18 June to 10 July.

OIL PAINTING**RETURNS IN TERM 3****WELCOME TO THE DIGITAL WORLD****Until Further Notice****FAREWELL TO JOYCE****PLAYING THE RECORDER**

Joyce Hendon, who is retiring from tutoring, sent the following: *Just a farewell and "thank you for having me" note to express my appreciation for the joy of leading the recorder-playing class in such a wonderful organization as U3A for the past 21 years. It makes all our retirement years especially happy, knowing it is never too late to learn something new.*

We must all thank Joyce for her wonderful support to U3A over many years, she has given great joy to so many members.

David Weston, Tutor Coordinator

Gratitude is riches - complaint is poverty

CLASS UPDATES

APPLE iPad DISCUSSION GROUP

Friday 11:30 – 1:30 PPC, The Lab

Formerly the APPLE iPad REFRESHER class, this term we are open to all iPad users who wish to come along with their questions and share their experiences with other users, over a cup of tea.

ART CLASS - BEGINNERS

PITTSWORTH

Alternate Wed 9:30 - 11:30 Pittsworth Art Gallery

This course is open to anyone interested in art and will cover any subject and any medium. We will work on technique & composition to successfully produce a painting. We have lots of fun, listen to good music, & learn as much as possible. All welcome.

CHRISTIANITY and FEMINISM

NEW VENUE & TIME

Thursday 1:15 – 3:00 9 Corriedale Crescent, Harristown Vacancies

CIRCLE DANCING Thursday PPC

Michael will be combining the two sessions on Thursday to be either 9:00 - 11:00 or 11:30 – 1:30, contact Michael for more details.

DOODLE ZEN

NEW CONTACT NUMBER

A meditative focused form of doodling, no wrong ways, no planning.

DRAWING ABC

Tuesday 11:30 – 1:30 PPC Studio Room

Discover your hidden talent. This course is for people who say “I wish I could draw”. Well – You Can. Come and learn the basic building blocks of how. We will cover areas like line shapes, forms, shading, texture and perspective. Come and have some fun discovering your new talent.

FRENCH INTERMEDIATE

Friday 2:00 - 4:00 PPC Austral Room

We now have a French speaking tutor.

INTRODUCTION TO COMPUTERS

NEW TIME

Monday 9:00 - 11:00 PPC, The Lab

For the novice or those who haven't used a computer for a long time. Learn basic computer functions using the key-board and mouse. Create basic letters, forms and documents. A good start to getting it right.

LINE DANCING

NEW TIME

Monday 9:00 - 1:00 Lutheran Hall, Cnr West & Alderley Sts

MINDFUL LIVING

CLASS IS FULL FOR TERM 2

Thursday 2:00 - 4:00 PPC Playhouse

PUBLIC SPEAKING

Wednesday 2:00 – 4:00 TAFE Room A2.70

This term will have a two week split due to prior commitments. There will be no class on 25th May and 1st June.

SHAKESPEARE

Wednesday 9:00 - 11:00 PPC, The Lab

This term **Julius Caesar – Limited Vacancies**

SWIMMING & AQUA AEROBICS

Tuesday & Friday 8:00 - 9:00 Harristown SHS

A happy social group choose between swimming for fitness and aqua aerobics, or participate in both. No lessons available. Stay and enjoy a cuppa afterwards. Sorry no vacancies at present.

UPDATE YOUR COMPUTER SKILLS

NEW DAY

Tuesday 2:00 - 4:00 PPC, The Lab

Beginners Class (limited vacancies term 2)

SILVERCRAFT and MORE**Thursday Highfields Pioneer Village**

Now open to those ongoing from term 1 AND to those who have completed one or more terms of Silvercraft at U3A or other venue. You must call tutor prior to classes to book. Min 5, Max 8. Duration 6 classes (6 weeks).

SPANISH (Advanced)**Monday 2:00 - 4:00 TAFE Room A2.70**

A continuing class studying Castilian (i.e. Spanish) and Hispanic culture generally. New members with either developed skills or preparedness to work hard are always welcome.

TABLE TENNIS – Advanced**Friday 8:30 - 12:00 82A Herries Street**

No vacancies, interested people will be placed on a waiting list.

TENNIS**NEW TIMES****Monday 12:00 - 4:30 Holy Name Courts, West St.**

No vacancies

TOPICS IN GEOLOGY**Friday 9:00 - 11:00 TAFE Room A2.70**

First class (each term) 'Wild rocks – Pet rocks'. Then, continuing the series on Geomorphology dealing with weathering, sedimentation, lithification, metamorphism, plutonism, volcanism, and plate tectonics.

TUESDAY LUNCH GROUP

Commencing at 12:30

5 April	Fossickers Bistro, Gowrie Road Hotel, Bridge St
19 April	Gips Restaurant, Russell St
3 May	Gladstone Hotel, Ruthven St
17 May	Grumpy Steakhouse, Drayton Rd, Drayton
7 June	Hogs Breath Café, Neil St
21 June	Hong Kong Restaurant, Bell St Mall
5 July	Inbound, Station Street
19 July	Irish Club Hotel, 80 Russell St

COMPUTER HELP—MetaWebIT

Carl Kruck is our IT Consultant, managing Computer problems in consultation with the Computer Tutors.

Carl offers his expertise to our members, at a special U3A hourly rate. Call Carl if you need computer help; 4633 2196 or 0449 156 580

Like <https://www.facebook.com/metawebit>

Visit Web Page <http://www.metawebit.com>

or Skype call Metawebit

FRIDAY LUNCH CLUBS**20th May****17th June**

Group A (12 noon)	Federal Hotel Cnr James & Geddes Streets	Encores Restaurant 56 Neil Street
Group B (12 noon)	Royal Hotel 189 Ruthven Street	The Office 14 Duggan Street
Group C (12 noon)	Fire & Ice Southern Hotel, 839 Ruthven St	Club Glenvale 564 Boundary Street
Group D (12 noon)	Qi'Lin Hooper Centre, 187 Hume St	Cobb+Co Museum 27 Lindsay Street
Group E (12:30)	The Office 14 Duggan Street	Ichi Japanese Restaurant Hooper Centre 187 Hume Street



New Interests - New Friends

Return Address:

U3A in Toowoomba Inc
PO Box 404
DRAYTON NORTH 4350

U3A NEWSLETTER
Registered Australia Post
Print Post Approved
100018628

POSTAGE PAID
TOOWOOMBA
QLD 4350

Contact Details

U3A in Toowoomba Inc
Philharmonic Performance Complex
7 Matthews Street, Harristown
Toowoomba Qld 4350

MAIL TO: PO Box 404
Drayton North Qld 4350

Phone: 4687 7659

Email: u3atoowoomba@bigpond.com

<http://www.u3atoowoomba.com>

Like us on Face Book:

<https://www.facebook.com/toowoombau3a>

Management Committee - after hours contacts

PRESIDENT: Rhonda Weston - 4613 6559
VICE PRESIDENT: Trudy Graham - 4630 5084
SECRETARY: Irene Bridgeman - 4636 3316
TREASURER: Helen Fitzgerald - 4635 9125
OFFICE MANAGER: Shirley Stevenson - 4638 1787
TUTOR COORDINATOR: David Weston - 4613 6559
MEMBERSHIP OFFICER: Trudy Graham - 4630 5084
Committee: Peter Fleming; Leonie Cusack; May St John, Peter Bright and
Mick O'Mara

NEWSLETTER COMMITTEE: newsu3atoowoomba@bigpond.com

Manager: Trudy Graham, Ph 4630 5084

Editor: Rhonda Weston, Ph 4613 6559

Proofing: Shirley Stevenson and Helen Fitzgerald

WEBMASTER: Des Venz, E-mail: webu3atoowoomba@bigpond.com

ARCHIVIST - Diann O'Mara

COMPUTER TUTOR LEADER - Jeff Martens