

FROM TOOWOOMBA TO CHINA

Nine intrepid Toowoomba U3A members joined the inaugural U3A International Study Tour to China and enjoyed a learning experience not found in day to day U3A Course offerings.

International U3A Study Tours is a joint initiative between Association of International Universities of the Third Age (AIUTA) and Chinese Association of Universities of the Aged (CAUA). This inaugural tour hosted 170 U3A members from 10 countries. The opportunity to meet and mingle and learn first-hand of the countries of others and their cultures opens doors to greater understanding. Personal encounters teach us that "different and diverse" is what makes the world an interesting destination.

From Trish: *"We had a great time and we have made lifelong memories and lifelong friends. One such new friend is planning a trip to Australia later this year, so we can catch up".*

From Tom: *"It was very clear from our itinerary before we left that it was an incredibly full programme. An immense amount of work and effort was put into creating a wonderfully varied coverage of important tourist highlights. What we covered was like a taste, a sample of what could be expanded on if you wanted to travel again later by yourself. The wonderful insight our guides gave us on what we really came to "study", the thousands of years of culture, encapsulated in a few days was really nothing short of amazing. If we haven't come away from this tour greatly enlightened it's no ones' fault but our own. The lingering memories will be the wonderful things we saw."*

It was unanimously agreed that the interaction with members of several Chinese U3As visited was the highlight of the tour. The generous and warm-hearted welcome, the invitation to participate in classes, such as calligraphy, tai chi, paper cutting and ballroom dance to name a few, showed that regardless of nationality, U3A joins seniors in an instantaneous bond of friendship and connectivity.

Future Study Tours will be offered in China, Japan, India, France, Portugal, Austria, Slovakia, Bulgaria, Poland, Czech Republic, Columbia, Mexico, Tunisia and of course Australia.

International Study Tours open up a whole new learning experience to U3A members worldwide.

Rhonda Weston

President - U3A in Toowoomba Inc.

(See photo in right sidebar and further photos on Page two.)

WE EXTEND
A WARM WELCOME TO
41
NEW MEMBERS
WHO JOINED IN TERM 2

CALENDAR

2019

TERM 3 JULY 15 TO SEPT 13

TERM 4 OCT 8 TO NOV 29

SHOWTIME.....DECEMBER 3

TUTORS, PLEASE NOTE
TERM 4 NEWSLETTER
DEADLINE
6 SEPTEMBER 2019

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PRESIDENT'S REPORT

U3A in Toowoomba Inc. owes its success to the fact that the Management Committee has never been content to just "do what we have always done". We have evolved over the past nine years into one of the fastest growing and leading U3As in Qld.

Recently we took another step into the future when nine of our members joined the inaugural International Study Tour to China. They were joined by 170 U3A members from 10 countries. I am incredibly proud of these members who stepped out of their comfort zone and tried something new. More on Page one.

At our AGM we said farewell to two long serving and dedicated committee members, Leonie Cusack and Mick O'Mara. Both Leonie and Mick have contributed to your organisation in so many ways over the years and they will be sincerely missed from our Management Team. Fortunately, they remain members and friends.

We welcomed three new members to our team - Sue Doyle, Peter Robinson and Colleen Taylor. Please see Pages three and four and get to know them. We look forward to working with them and our committee will be richer with the enthusiasm, knowledge and experience that they bring.

At the recent AIUTA 104th Governing Board meeting I was appointed to the International Governing Board. The International Governing Board under the leadership of the World President, Professor Francois Vellas has accomplished a huge shift into the future by opening up channels for U3As to develop in almost every country in the world. It is a great privilege to be the first Australian appointed to this International Governing Board.

Closer to home, our Wellcamp Airport Ambassadors continue to promote U3A in positive ways at various community events in our region - volunteering at the Hampton Festival and taking part in a training day to the Western Downs hosted by the Western Downs Regional Council. These ambassadors, by their willingness to participate, have reached an entirely different section of the community. Several of our U3A members recently volunteered at Cobb+Co Lost Trades Fair, and several others participated in the creation of the Poppy Art Installation at the Mothers' Memorial for ANZAC Day. Recognition and acknowledgement by all sectors, is important if U3As are to be sustainable into the future.

As we settle into winter, we know that attendance at class drops. Please let your Tutor know if you are intending to miss class. One of the great pleasures about living in Toowoomba is the distinct four seasons that we enjoy, so take heart, summer will soon be here.

Rhonda Weston

SENIORS WEEK CELEBRATION 2019

To acknowledge Seniors Week 2019, we have organised a **Seniors Q&A**. This free event is open to all. Bookings are essential.



In Celebration of Seniors Week
You are Invited to the

SENIORS Q & A PANEL

Hon. Dr. John McVeigh MP Federal Member for Groom
David Janetzki State Member for Toowoomba South
Mayor Paul Antonio Toowoomba Regional Council

Moderator: Rhonda Weston President U3A in Toowoomba

Monday, 26th AUGUST 9am - 11am
St Barts Church 103 Stenner St, Middle Ridge

Morning Tea provided
Questions relevant to seniors to three levels of Government
National, State and Local

Bookings:
u3atoowoomba@bigpond.com
or 4687 7659

Photos - China Study Tour



KNOW YOUR COMMITTEE — SUE DOYLE


Sue has been a member of U3A for about five years. Initially she was a life guard for the swimming/aqua class one day a week, which over time has resulted in her taking the aqua class twice a week. She also coordinates the Monday afternoon tennis group and is looking forward to becoming more involved now she has joined the committee.

Sue grew up in Manchester in the U.K. and started swimming lessons at the age of nine. By 12 years of age she was on the city team and somewhere has a certificate that says she is a 'Lancashire Champion'. Sue also played in two brass bands, starting on trombone, then moving to baritone and finally tenor horn. At 18, Sue left home to train as a nurse in Bristol. After working in Chichester, Aberdeen and Manchester, and having along the way acquired a husband and two children, the family moved to Australia in 1987. The first stop was Campbelltown, Sydney, then Wollongong where they gained a daughter, followed by Wodonga, and finally Toowoomba in 1994. Sue was a stay-at-home mum until her youngest left school, when her daughter arranged for Sue to take her part-time job as a swimming teacher, ("go do the course mum, you start next term"). She carried out this job for six years before retiring.

Over the years, Sue has been on several committees commencing at the age of 16 when she was the junior representative on the committee of Denton Brass Band. She served on the P & C at a very small school in Talgarno in Victoria before they moved the children to a bigger school. Next came the Toowoomba Choral Society Youth Choir where she was registrar for four years, followed by registration and nomination secretary for The Glennie Swimming Club, which lasted for nine years. Sue was also responsible for the computer programming and electronic timing system for swimming carnivals held at The Glennie Pool.

Outside of U3A, Sue's hobbies are tennis (which she plays up to five times per week), cross stitch, listening to audio books and trivia. She has a four legged exercise machine called Dougie who takes her for a walk every day, and two grandchildren in Ipswich she babysits fairly regularly and who leave her exhausted. By far her most expensive hobby is travel. She loves seeing new places and recently returned from the U3A study tour to China.

KNOW YOUR COMMITTEE — PETER ROBINSON


Peter was born in Rockhampton, Queensland in 1954. The family lived there, then in Darwin, finally settling in Ashgrove, Brisbane in 1962. Peter and his three brothers were educated at Marist Brothers College in Ashgrove.

The outdoors was a big part of his younger years and he was involved in the scouting movement from the age of eight to 17, also doing a couple of stints as a cub and scout leader. Many weekends were spent under canvas on hikes and camps, with many family camping holidays either at the beach or in the bush. Peter's camping and hiking continued with friends - Granite Belt, Main Range NP, Lamington Plateau and various other places.

After leaving school Peter worked at the Royal Brisbane Hospital as a clerk for a couple of years. He then took up an apprenticeship as a Fitter (Diesel and Heavy Earthmoving Equipment) and worked at this for a number of years before he was offered a position as a trade teacher with TAFE. He did two years of teacher training in Brisbane and then transferred to Toowoomba TAFE College where he taught for 28 years and studied part time to complete a Bachelor of Education. Peter retired from teaching in 2013 but didn't think much of retirement so found a job at Bunnings West Toowoomba and spent five years in the Tools Section, finally retiring in 2018.

Peter met his wife, Pam, in Brisbane. They married in 1977 and have two children, a daughter and a son, who now live respectively in Brisbane and the Sunshine Coast. They have four grandchildren, two boys and two girls, aged between 10 years and 16 months.

Raising their two children saw Peter involved in coaching their son's baseball team from under 8s to under 20s, with the team reasonably successful in a tough Brisbane competition. He even played a little himself in master's teams at the PanPac Masters Games on the Gold Coast and the Australian Masters in Adelaide. He was involved in taking their daughter to speech and drama events and eisteddfods in Toowoomba and Brisbane. Along with all of that, Peter built their house on 92 acres at Upper Flagstone Creek where they lived for about ten years.

When the children began to grow up and go their own way Peter rekindled his interest in bushwalking and the great outdoors. He joined the Toowoomba Bushwalking Club and enjoyed many day and weekend hikes. An interest in some extended hikes by some members led to the organising of multi day (10 days) hikes in the Snowy Mountains, New Zealand and the Blue Mountains. Peter's wife shares many day walks with him but draws the line at carrying 15 -20kg packs over large distances and camping in little one and two man tents.

Peter and his wife love being outdoors and walking and are only too happy to share their experience with whoever wants to join them.

KNOW YOUR COMMITTEE—COLLEEN TAYLOR

Colleen has been a bit of a wanderer. She was born in Tasmania and spent her school years in New South Wales. The 1970s found her living and working in Port Moresby, Papua New Guinea both before and after Independence. She has very fond memories of her time there and of the people so it was a great opportunity for her to go on a cruise to Papua New Guinea in recent years, visiting Rabaul where her sister and her family had lived and which was virtually obliterated by ash from the volcanic eruption in 1994.

From her savings working in Papua New Guinea, Colleen lived the Aussie traveller's dream of a working holiday in England. Her mother and her family were from England so there was a lot of catching up with family. At that time, it was cheaper to holiday abroad compared to living in London so Colleen experienced a lot of travel to escape the English winter – Europe, Israel and Egypt. Then she fulfilled her dream of overland travel (with a group) to South America and then through Africa before the funds ran out. Colleen expected to return to Australia, save money and head off again as soon as possible. Alas, life got in the way and after a couple of interesting office jobs, she joined the Public Service. Thirty-two years later, she retired and now gets to do more travelling, although the idea of a cruise ship is as adventurous as she can manage. She and her sister have now been to China and Russia in one trip then a cruise around the Mediterranean and Greek Isles.

Colleen moved to Toowoomba after retirement. The climate suits her and the size of the city is a nice fit. She now looks forward to compiling the family history in between occasional travel, as well as some of the many and varied classes offered by U3A. She said that she is very happy to have been accepted so warmly into the University of the Third Age family in Toowoomba.

NEW COURSES FOR TERM 3 2019

Wed from 10am Bunya Park Scout Hall 23 Geoffrey St Mt Lofty	AMATEUR RADIO A course designed for those wishing to obtain the foundation licence and broaden their knowledge of Ham/Amateur radio operations. There will be some short revision of electronics associated with radio and message handling, followed by practical procedures and the use of computers and mobile phones in radio.	David Erdmann
Wednesday 1:30 – 3:30 Lourdes Home 227 Spring St	ORIGINS of the BIBLE: MATTHEW'S GOSPEL An examination of the Gospel from the perspective of modern scholarship. The course includes modern discoveries in the archaeology of Jerusalem as well as input from anthropologists and scriptural historians. Bible and notes provided. The course is limited to eight participants with the possibility of a repeat in 2020.	Ted Hanlon
Tuesday 11:30 – 1:30 PPC Austral Room	ROMAN EMPIRE This includes the period from Emperors Augustus to Hadrian from 27BC to 138AD.	John Pryce-Davies
Tuesday Afternoon Sheryl's Place	SONG WRITING After an initial workshop on writing lyrics (with a little guidance) a stimulus will be given each week. We hope to give feedback on your work each week.	Sheryl Kreuzler
Wednesday 11:30 – 1:30 PPC Austral Room	THE AMERICAN WILD WEST This course includes various aspects of the social and economic history of western USA.	John Pryce-Davies

CLASS INFORMATION CHANGES FOR TERM 3 2019

Monday 11:00 -12:30 PPC Playhouse	APPLE IPAD—BEGINNERS Back from a break.	Liz Kennedy
Monday 9:00 -10:30 PPC Playhouse	APPLE IPAD—FORUM Back from a break.	Liz Kennedy
Thursday 12:00 - 4:00 Drayton Bowls Club	CANASTA Can accommodate a few more experienced players.	Charlie Russell
Tuesday 8:00 – 11:30 Drayton Bowls Club	CARDS '500' (AUSTRALIA'S NATIONAL CARD GAME) & CONTRACT WHIST Played in a very friendly atmosphere in first class facilities. Beginners are welcome with tuition provided. Morning tea/coffee and light refreshments available at minimum cost. Basic '500' 4-handed arrangement with other variations possible depending on numbers. Contract Whist is easy to learn and play and guarantees lots of fun. VACANCIES	Ian Kennedy Andrew Mollison
Thursday 11:30 – 1:30 PPC Austral Room	FAMILY HISTORY GROUP – INTERMEDIATE Some things that may be discussed are Census and Muster Records - Worldwide; Parish Chest Records; Apprenticeship and Occupational Records. If anyone is interested please email for a full list of subjects to be discussed for the remainder of the year. Places will be limited.	Karen Rowe
Tuesday 11:30 – 1:30 PPC Lab	FOOD, NUTRITION and HEALTH The course will continue in Term 3 with the emphasis on the effects of diet and lifestyle on our health as we age. Sessions will be in the form of discussions focusing on new developments, reviews of recent books on nutrition and health and guest speakers in relevant key areas.	Aub Egan
Friday 2:00 - 4:00 PPC Austral Room	FRENCH INTERMEDIATE In this ongoing course, participants need a basic knowledge of French. Theme-based texts, written in French provide activities for the continued practice of listening, speaking, reading and writing skills and offer relevant grammatical and cultural information. Participants will also have opportunities to develop their conversational skills in a collaborative and supportive environment. Vacancies available.	Sheila Scott-Power
	GREEN CHICKEN WRITERS New 2IC	Yvonne Lewis
Monday Tuesday Wednesday Thursday	John Pryce-Davies Classes EUROPE in the MIDDLE AGES –Austral Room 11:30-1:30 ROMAN EMPIRE – Austral Room 11:30-1:30 THE AMERICAN WILD WEST – Austral Room 11:30-1:30 VICTORIAN BRITAIN – Austral Room 2:00-4:00	John Pryce-Davies
Thursday 12:15 – 1:45 PPC Studio Room	MINDFUL LIVING Limited vacancies.	Janine Hills
Wednesday 11:30 – 1:30 PPC The Studio	PHILOSOPHY & LIVING – WESTERN PHILOSOPHY Three of Plato's Dialogues, The Apologia, The Crito and The Phædo, all have reference to the trial, imprisonment and death of Socrates. We will begin Term 3 with the review of these. We will then read the Roman philosopher Lucius Annaeus Seneca's <i>Moral Letters</i> ; Seneca's text explores the stoic virtues of wisdom, temperance, justice, courage and fortitude as guides to living.	Greg Lewis

CLASS INFORMATION CHANGES/TERM 3 Cont'd

Friday 9:00 – 11:00 PPC Austral Room	PRACTICAL DIGITAL PHOTOGRAPHY The class will be continuing for those already enrolled, others are welcome to join, but we will not be going back to the start.	Tryg Helander
Friday 2:00 – 4:00 SDA	RAMBLING WRITERS Back to a 2pm start.	Irene Bridgeman
Tuesday & Friday PPC	SING, SING A SONG SING, SING A SONG OF SIXPENCE Please phone during posted times.	Jeannette Zeller
Monday 12:30-4:30 Holy Name Courts	TENNIS AFTERNOON Use mobile phone or Email only	Sue Doyle
Monday 8:30 - 11:30 Holy Name Courts	TENNIS MORNING We are a group who enjoy playing a very social game of tennis. If you would like to get out in the fresh air and enjoy a few laughs give us a call. Winning is the least important aspect about our game, it is the fun social side of tennis we as a group enjoy. Vacancies.	Alf Sullivan Alan Pennington Garry Bradley
Thursday 12:30	THURSDAY LUNCH GROUP 18th July – Café Guitar – 41a Russell St 8th August – Urban Grounds Café – 210 Herries St 12th Sept - Café 63 – 63 Eastville Shop 1, 11 Herries St	Helen Geyer

IN RECESS TERM 3

AUSTRALIA'S ERA of BUSHRANGING	Bruce Arthur
ARCHAEOLOGY of ANCIENT AUSTRALIA	Bruce Arthur
CHURCH HISTORY – THE FIRST 1,000 YEARS Will resume Term 1 2020.	Ted Kitto
MEDITATION & INSPIRATION	Kathy Howell
APPLE iPad All Colin's iPad and iPhone classes will be back Term 4	Colin McGuire
CRYPTIC CROSSWORDS – BEGINNERS A Cryptic Crosswords – Beginners will be back Term 1, 2020	Lorna Hopgood

**ONE-WAY SYSTEM
AT THE PHILHARMONIC COMPLEX
in Matthews Street**

**Vehicular entry into the complex is
ONE-WAY**

**You are risking lives if you ignore
the clearly posted signs.**

**USED HEARING AID BATTERIES
ARE RECYCLABLE**

Please return your used hearing aid
batteries to your supplier,
or accumulate them and either put
them in the jar on the desk in the
U3A Office or give them directly to
John Swarbrick

FRIDAY LUNCH GROUPS	19th July	16th August
Group B (12:30) Joan Daly Hazel Fusae	Murphys Creek Tavern Murphys Creek	Awassi Cheesery 776 Sandy Creek Road Grantham
Group C (12 noon) Debra Dollisson	Two Birds Café, 2 Duggan St	Newtown Hotel 64 Anzac Ave
Group D (12 noon) Lorna Hopgood	Shamrock Hotel 604 Ruthven St	Café Valetta 96 Margaret St
Group E (12 noon) Jan Sissman	Blue Mountain Hotel 264 New England Highway Harlaxton	Thai on High Meibusch St

U3A and USQ

Like all new relationships there is a large amount of work that occurs in the background. We are pleased to announce that while it has taken us some time to get here, the website connection to tutorials and lectures that are available for U3A members is finally live!!

If you are attending one of the 11 Courses on offer for 2019, please re-register via this link. The benefits of this are many to you the members and also to Management of both USQ and U3A.

<https://www.usq.edu.au/about-usq/contributing-to-communities/u3a>

If you require any further information please contact David Weston, Tutor Co-ordinator on **kintyre15@bigpond.com**

CROWS NEST NEW CLASS

Thursday 10:30 – 11:30 Crows Nest Community Centre	FOOD as MEDICINE Using food and herbs to nourish your body.	Lyn Wetzig
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CROWS NEST CLASSES IN RECESS or NOT CONTINUING

CROSSWORDS/CRYPTIC CROSSWORDS/SUDOKU Returning in 2020	Yvonne Jackson
COMPUTER for BEGINNERS on MONDAY	Tom McNamara
BOATING SAFETY & COASTAL NAVIGATION	Tom McNamara
SPINNING	Gwenda McNamara



New Interests - New Friends

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