

U3A Network Queensland Inc. & U3A Asia Pacific Alliance



All U3A Members are Invited

WE EXTEND
A WARM WELCOME TO
305
NEW MEMBERS

*INTERNATIONAL CONFERENCE BRISBANE
28th, 29th & 30th May 2015*

*Day 1 & 2 at Brisbane City Hall
International & Local Guest Speakers*



Day 3 at U3A Brisbane Premises, 344 Queen St, Brisbane

- *Queensland Network AGM*
- *Inaugural Presidents' Council*
- *Concurrent Workshops*

Information on Web:
www.u3aqldconference.org

*Contact: Rhonda Weston
Email: info@u3aqldconference.org
facebook.com/u3aqldconference
Phone: 4613 6559*



*"Cherish Today
Challenge Tomorrow"*



2015 CALENDAR

Term 2	Apr 27 - June 26
Term 3	Jul 20 - Sept 18
Term 4	Oct 12 - Dec 4

SENIORS' EXPO AUGUST 19

Art Show & Concert - TBA

PUBLIC HOLIDAY, Term 2
QUEEN'S BIRTHDAY - June 8

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PRESIDENT'S REPORT

How many other volunteer organisations can boast that they do not have any trouble securing an efficient Management Team? The members of U3A are extremely fortunate that their Management Committee all offered to continue in their roles for 2015, and were re-elected at the AGM on the 25th February.

Each component of our organisation which is run by volunteers from the membership is important. Our Tutors - without them we do not have an organisation; our Management Committee – without them we do not have an organisation. Did you know that 5 of our 11 committee are also Tutors? What do you do to help your organisation?

The move in 2014 to employ a part-time Office Administrator has been a huge benefit to U3A, not only to the Tutors who find the extra help with photocopying and other office procedures a bonus, but to the new members who benefit by a comprehensive overview of the choices available to them when joining. I am happy to report that we have increased the hours that Trish works as her role has evolved.

In January I took on the additional role of Chair of U3A Asia Pacific Alliance. This group in conjunction with U3A Network Qld are organising the International Conference to be held in Brisbane 28th, 29th & 30th May. The Asia Pacific Alliance meets via teleconference twice a month. It is challenging to chair meetings with members in India, South Africa, England, Kazakhstan, Singapore as well as other states of Australia. There is no end to the new skills you can learn at U3A on every level.

Membership has once again increased, an 11.3% increase on our figures for this same time in 2014. As membership grows we are constantly in need of new Tutors. If you have a skill or a passion that you wish to share, please contact the Tutor Co-ordinator, he will be happy to hear from you.

The year is off and racing and we know that with the constant support of ALL of our volunteers we will once again enjoy an exciting and interesting year.

Rhonda Weston

TUTOR ORIENTATION

Tutor orientation days are usually held on a Tuesday morning during a term break, beginning 9am and ending at 3pm; morning tea and lunch supplied.

During these workshops we cover a broad range of subjects, including:

- information about U3As in general, and U3A in Toowoomba Inc in particular
- vital information about workplace health and safety and risk management
- a little about our policies and procedures
- details about the paperwork a tutor needs to complete to comply with current legislation and for insurance purposes (we aim to keep paperwork to a minimum!)
- how tutoring works in the U3A environment
- what makes an effective tutor
- how to approach and deal with difficult class participants
- how to write a lesson plan (for structured courses)

Tutoring orientation is for both new and existing tutors, and those who are thinking of taking on a tutoring role and want to know what's involved.

If you would be interested in attending one of these days, contact David Weston on 4613 6559 or email kintyre15@bigpond.com. You will be advised at a later date when we plan to hold our next tutor orientation day, at which time you will need to confirm your attendance.



JOIN US ON
FACEBOOK



Like Us on Facebook!

Click on the Facebook button on our website (www.u3atoowoomba.com) and like our page in order to receive regular updates about U3A and news about things relevant to U3A and its members

SENIORS' INFORMATION EXPO

The Seniors' Expo is hosted by U3A in Toowoomba Inc and sponsored by TRC each year.

In 2015, the Expo will be held on Wednesday, 19 August.
More details and news of how you can help will be in the Term 3 Newsletter

Can you help?

TOOWOOMBA LIFE EDUCATION ASSOCIATION needs a secretary... the pay is great - 100% of nothing, same as U3A volunteers.



The job involves

1. Attending a monthly meeting, usually held at 7.30pm on a Wednesday in a private home.
2. Writing and distributing our meeting minutes to committee members and other Life Education Centres. (It would be easier if you had email etc.)
3. Very little correspondence.
4. Assisting with fundraising events ... we do not sell raffle tickets.

What is Life Education?

We have a mobile classroom that visits primary schools in Toowoomba and the Stanthorpe region by invitation. Our aim is to give students tools with which to make better decisions when they are confronted with some of life's challenges such as drugs, alcohol, stranger danger and cyber bullying etc. We teach them about healthy living, the various parts of the body and their functions. *It is not sex education.*



Our mascot is "Happy Healthy Harold" - a giraffe. Ask your children or grandchildren, they will tell you all about it. It is part of a national program which has been going in this region for more than 30 years. It is largely self-funding. Our programs are produced by LEC Australia and are presented by our specially trained and qualified primary school teacher.

Your time involvement would be about 5 or 6 hours per month at the most.

If this sounds like you; please contact the President Brian Shackleton by phone on 4635 9381; he will be very happy to answer any questions you may have.

NOT A JOKE...

You may or may not be aware of this, but we have it on good authority that Listerine keeps biting insects away.

"I was at a deck party a while back, and the bugs were having a ball biting everyone. A man at the party sprayed the lawn and deck floor with Listerine, and the little demons disappeared.

"The next year I filled a 4-ounce spray bottle and used it around my chair whenever I saw mosquitoes. And voila! That worked as well. It worked at a picnic where we sprayed the area around the food table, the children's swing area, and the standing water nearby. During the summer, I don't leave home without it..."

Try it and pass it on.

Question?

What do Stephanie Keays, Dr. Robert Mason, Mark Copland, Sergeant Tony Rehn, Serene Ong, Robert Ketton, Ron Hampton and Carol Taylor have in common?



Answer

They are all presenters at the Dynamic Life Lecture Series for Term 2.

If you wish to hear interesting and challenging presenters each week, join the Dynamic Life Lecture Series.

Phone Rhonda Weston 4613 6559.

Deadlines for
Newsletter Copy are:

Term 3 ----- June 19
 Term 4 ----- September 11
 2016 Course Book ----- November 20

NEW, NEW, NEW	
<p>AGRICULTURE – CAVEMAN to SPACE MAN</p> <p>Tuesday 11:30 – 1:30 at the Cedar Centre Lounge Room</p> <p>This broad course in agricultural history traces the development of modern science-based primary production from ancestral hunter / gatherers. Issues covered include:</p> <p style="padding-left: 40px;">Origins of agricultural plants; The Green Revolution; Who fed the Romans; Trade patterns; Sustainability; Feeding double global population.</p>	Philip Anning
<p>ANCIENT HISTORY</p> <p>Wednesday 2 – 4 at the Cedar Centre Middle Ridge Room</p> <p>Take a trip back to the Bronze Age using videos, PowerPoints and 'collector's corner' presentations. Decipher a 'linear B' tablet and lose yourself with Persephone.</p>	Bruce Arthur
<p>BOLIVIA</p> <p>Thursday 2 – 4 at the PPC Playhouse</p> <p>A card game using three packs of cards; a knowledge of Canasta is required to learn Bolivia. It is similar to Canasta however more involved.</p>	Dianne McKay
<p>DRAWING ABC</p> <p>Tuesday 10:30 – 12:30 at the PPC Playhouse</p> <p>Discover your hidden talent. This course is for people who say "I wish I could draw". Well – You Can. Come and learn the basic building blocks of how. We will cover areas like line shapes, forms, shading, texture and perspective. Come and have some fun discovering your new talent.</p>	Valerie Saywell
<p>MUSIC The A to G of it</p> <p>Tuesday 12 – 1 at the PPC Studio Room</p> <p>An introduction to understanding and reading of sheet music.</p>	Dennis (Mac) Macdonnell
<p>PAPER MAKING</p> <p>Thursday 10 a.m. at Julie's Place</p> <p>Turn your junk mail into pretty paper. Participants will create a full sheet of paper, a card and envelope. A heart-shaped card and a gift-card with envelope. They will learn internal and surface embedment.</p>	Julie Robinson
<p>iPAD PAGES</p> <p>Wednesday 9 – 11 at the PPC Computer Lab</p> <p>Learn this word processing programme for the iPad.</p>	Tom Fusae
<p>SING-A-LONG</p> <p>Tuesday 9 – 11 Cedar Centre</p> <p>Group of members to enjoy a " SING-A-LONG" ,which will include a variety of songs. I will endeavour to make it as interesting as possible. The singing will be with the accompaniment of a Piano Accordion, but I may use the Ukulele for certain songs.</p> <p>Vacancies, new members welcome.</p>	Joyce Ridgway
<p>CANASTA</p> <p>Thursday 12 – 4 PPC Austral Room</p>	<p>Geoffrey Lance</p> <p style="text-align: right;">New 2IC, Pam Bailey</p>

FRIDAY LUNCH CLUB		
	<u>May 15</u>	<u>June 19</u>
GROUP A 12 Noon Barbara Jonsson	<i>Bull & Barley Inn</i> 61 Eton St Cambooya	<i>Fitzy's on Church</i> 153 Margaret St
GROUP B 12 Noon Bev Frizzell	<i>Fitzy's on Church</i> 153 Margaret St	<i>Engine Room Café</i> 1 Railway St
GROUP C 12 Noon Shirley Dornbusch	<i>Mill Street Tavern</i> 142 Campbell St	<i>Toowoomba Golf Club</i> 235 Rowbotham St Middle Ridge
GROUP D 12 Noon Lorna Hopgood	<i>Toowoomba Golf Club</i> 235 Rowbotham St Middle Ridge	<i>Altitude Bar & Café</i> Brisbane West Airport Wellcamp
GROUP E 12:30 Lina Pervan Diann O'Mara	<i>Meringandan Hotel</i> Main Street Meringandan	<i>Toowoomba Sports Club</i> 360 Ruthven Street

LUNCH GROUP ON TUESDAY		12:30pm start	Irene Earsman		
GROUP A	5th May	2nd June	(New!) GROUP B	19th May	16th June
	<i>Angelo's</i> 210 Herries Street	<i>Bombay Bliss</i> The Range		<i>Aromas</i> at High Street	<i>Bon Amici</i> Margaret St

EXPRESSION of INTEREST for Term 3

FRENCH BASICS Get the basics right first for a better understanding.	Eric Tolmie
ANCIENT and MODERN BELIEFS Venue, Day and Time to be set later We will begin by reflecting on probable belief during the Stone, Copper and early Bronze Age, studying Aboriginal, Mesopotamian, Egyptian, Middle East, early European and British belief to about 2,000 B.C., setting the base for studying belief that evolved to the present time. Details notes, maps and timelines provided to promote discussion.	Matthew Weatherley
PICTURE FRAMING for BEGINNERS Monday 1:00 to 3:00 Margy's Place Calling all artists who want to present their unique art work in a professional manner. Learn how to cut mat-boards and glass, mitre moulding and v nailing the finished frame to achieve that professional look. Classes will provide access to professional framing equipment and the option of joining the NFP Darling Downs Framing Cooperative. To commence in Term 2 when class full, limited numbers.	Margy Cruickshank

CLASS CHANGES, UPDATES and AMENDMENTS
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INTERNET Tuesday 11:30 – 1:30 in the Computer Lab at the PPC This course follows on from basics in Term 1, so participants must have some knowledge of and experience in using the internet. Limited places available.	Trudy Graham
JAPANESE Wednesday 9:15 – 11:15 at the PPC, Austral Room	George Goodsell
MS WORD Wednesday 11:30 – 1:30 in the Computer Lab at the PPC Must have minimum of 6 participants in order for this class to go ahead.	Trudy Graham
OLD TIME DANCE Friday 2:00 – 4:30 at the Drayton Memorial Hall We now have twelve couples – the hall is buzzing. Come along and enjoy the fun – you will need to bring a partner!	Desley Banks
PicMONKEY / IMIKIMI (photo editing) Tuesday 9:00 – 11:00 in the Computer Lab at the PPC PicMonkey & Imikimi are excellent photo editing programs, user friendly & no need to install on your computer. You simply access them via the net. They offer a multitude of editing features – cropping, enhancing old photos, create superb collages, add text to images. If you have loose photos you can scan them onto your computer via your scanner and create superb finished results. Vacancies.	Don Bysouth
PITTSWORTH LUNCH CLUB Friday, monthly 12 noon	Lyndall Madden
SILVERCRAFT Thursday 9:30 – 4:00 The basics and level 2 Silvercraft and More will continue as a combined group in term 2. Only those already enrolled in term 1 may attend. No new intake in term 2 or 4. Remember, silver wire work with optional beads filling fast for term 3 . Please register interest now. Indoor venue for this class.	Aileen Flood
TAI CHI Monday, now commencing 1:30 at the PPC Playhouse	Lucy White
WALKING GROUP Thursday from 9am to lunch	Anna Carson
WORLD RELIGIONS Thursday 1:30 to 3:00 We will be continuing our pursuit of tygres and dragons up various dry gullies, as we look at the development of religious philosophies in the axial age, c800 – 200 BCE.	Gordon Lilley
YOGA Wednesday (2 classes of 90 minutes duration) 11:30 – 1:00, 2:00 – 3:30 Yoga promotes a supple, efficient body, a tranquil mind and enhanced wellbeing and energy. Classes consist of a balanced sequence of yoga posture, breathing exercises and guided relaxation. Will suit those with recent yoga experience or beginners who are reasonably fit. An exercise mat is required.	Jan Sissman

CLASSES WITHDRAWN	IN RECESS
3D SKETCHUP	APPLE MAC Michael Jeffries
SPEAK EASY	

ART SHOW AND CONCERT 2014

We were delighted that a large crowd of our friends and fellow members came along to our celebration of what the arts and performance classes do during the year.

For the first time, the day was held after the end of Term 4, to allow people from all classes to come and enjoy proceedings. During the morning, the art display, ably stewarded by Andy Yates, drew a steady stream of viewers. Then Joan Daly and her wonderful helpers put on a delicious lunch, although we really needed a “loaves and fishes” miracle to cater for the record crowd!



We had an almost full house in the Playhouse for the concert, which allowed music groups, language classes and Asian martial arts classes to demonstrate what they do. There was a nice blend of melody, humour and gracefulness throughout. I’m probably biased, but I thought the highlight was the final item, the French cabaret, where Maurice Chevalier, Edith Piaf and Liza Minnelli strutted their stuff onstage, along with a cheeky waitress and the Can Can Girls!

I have ideas on a few “tweaks” for the concert to make it run more efficiently in future, but I’d love to have your feedback. Was the timing, after the end of term, good? Are there any useful suggestions you could make? Please ring me on 4634 4839 if you have any ideas you’d like to share.

Marie Cameron



A very big ‘Thank You’ to all those who assisted on the day It was a truly wonderful turnout of willing and cheerful helpers – in the kitchen, manning the barbeque, running errands and setting up and then restoring the Playhouse. Thanks to each and every one of you for a marvellous team effort.

Joan Daly

Chair, Concert Sub-Committee

COMPUTER HELP—MetaWebIT

Carl Kruck is our IT Consultant, managing Computer problems in consultation with the Computer Tutors.

Carl offers his expertise to our members, at a special U3A hourly rate.

Please ring Carl if you need any assistance at home with your computer
4633 2196 or 0449 156 580

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New Interests - New Friends

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Mick O'Mara

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