U3A in Toowoomba Inc.

Course Catalogue
2026 Term 4
Grouped by Subject

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U3A Toowoomba
Online Course List

Academic

BASIC MATHS - ADULT LEVEL (2026 Term 4)

BASIC MATHS - ADULT LEVEL

Contrary to a general perception that maths seems to have a disconnect with the real world, this course will try at all times to relate its content to the world around us. Minimal theory only will be necessary to effect this aim. Hopefully, the mysterious aura which surrounds it will be replaced by an enjoyment by clients who may find themselves using maths more frequently. A calculator is advisable in the ability it has to deal with realistic and current 2026 data.

Cost: A contribution of $1 per class per member payable to tutor to cover venue costs.

Terms: 1,2,3,4

Enrolment: You can enrol in this course at any time, subject to places being available. If you wish to contact the tutor, their contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the “Contact Tutor” button on our website class list.

Location: Toowoomba Historical Society 49 Lindsay Street, East Toowoomba
Dates: 13 Oct 2026 - 1 Dec 2026
Schedule: Weekly on Tuesday 10:00 AM - 11:30 AM
Tutor: Noel Lipp

CHRISTIANITY AND FEMINISM (2026 Term 4)

CHRISTIANITY AND FEMINISM

We have finished our examination of women in the Bible and in the Church during its 2,000-year history. This year we will be looking at writings of various feminist theologians, and at feminist approaches to the idea of the soul and the idea of God. We will also continue to reflect on the Illuminations of Hildegard von Bingen.

Terms: 1,2,3,4

Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor’s contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the “Contact Tutor” button on our website class list. Alternatively, you may enrol online, in which case you will be added to the course waiting list, and the tutor will contact you to finalise your enrolment if a place is or becomes available.

Location: Private Residence Tutor to Advise
Dates: 15 Oct 2026 - 3 Dec 2026
Schedule: Weekly on Thursday 1:30 PM - 3:00 PM
Tutor: Marie Cameron

EXTRA-TERRESTRIAL DISCUSSION GROUP (2026 Term 4)

EXTRA-TERRESTRIAL DISCUSSION GROUP

This course is a companion to the Mysteries of Life course held on Friday afternoons. It is based on similar subject matter to the Friday class. Unlike the Friday class, however, the Tuesday class does not have a tightly structured presentation format following a defined subject path. It follows the needs and interests of the class members. Members can nominate topics (in advance) that they would like to cover and they and other class members are invited to contribute by way of presentations (formal or informal although these are not mandatory), stories and discussion points. There are also videos to watch with plenty of time allocated to discussion of the video content matter. The tutor acts as co-ordinator and facilitator for these activities, but it is the class members who drive the course and subject matter. Subject areas that we explore include stories of extra-terrestrial contact (both past and present), unexplained archaeological mysteries (e.g. pyramids and structures around the world which are hard to explain without the use of advanced technology), ancient civilisations, religion, spirituality, life, consciousness and reality.

Terms: 1,2,3,4

Enrolment: You can enrol in this course at any time, subject to places being available. If you wish to contact the tutor, their contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the “Contact Tutor” button on our website class list.

Location: The Lab, PPC 7 Matthews Street, Harristown
Dates: 13 Oct 2026 - 1 Dec 2026
Schedule: Weekly on Tuesday 11:30 AM - 1:30 PM
Class Fee: Members: $25.00 Term 4 2026
Tutor: Carlo Bertoldi

MATHEMATICS IN OUR LIVES (2026 Term 4)

MATHEMATICS IN OUR LIVES

With a focus on real-life applications, rediscover the joy and relevance of Mathematics. These applications may include some new mathematical topics and associated principles not previously encountered. Some problem-solving applications are also featured. While the mathematical skills and concepts are at a core high school level, and some familiarity would be advantageous, it is not necessary to be currently mastering them. Class members need their own scientific calculator.

Cost: A fee to cover costs is required at the beginning of each term, payable to tutor. Contact tutor.

If you are considering enrolling in this class for the first time, please contact the tutor via email before doing so.

Terms: 1,3,4

Enrolment: You can enrol in this course at any time, subject to places being available. If you wish to contact the tutor, their contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the “Contact Tutor” button on our website class list.

Location: Toowoomba Historical Society 49 Lindsay Street, East Toowoomba
Dates: 15 Oct 2026 - 3 Dec 2026
Schedule: Weekly on Thursday 9:15 AM - 10:45 AM
Tutor: Carolyn Roberts

MYSTERIES OF LIFE: FROM EXTRA-TERRESTRIALS, ARCHAEOLOGICAL ENIGMAS, ANCIENT GODS, RELIGION, SPIRITUALITY, TO CONSCIOUSNESS AND REALITY (2026 Term 4)

MYSTERIES OF LIFE: FROM EXTRA-TERRESTRIALS, ARCHAEOLOGICAL ENIGMAS, ANCIENT GODS, RELIGION, SPIRITUALITY, TO CONSCIOUSNESS AND REALITY.

Society often values routine, comfort, and survival over asking deep existential questions about why we exist. American actor and comedian Jim Carrey once said "What fascinates me is that hardly anyone is wondering what we're actually doing on this planet. Most accept the work-eat-entertainment-sleep cycle as life and have no desire for a deeper understanding of our purpose in the universe." Carrey encourages looking beyond material distractions to seek a true connection to the universe and our inner spirit.

Have you ever looked outside the comfortable “box” of convention and wondered at the countless mysteries that life presents us with? From questions about our place in the universe to exploring unexplained discoveries around the planet that suggest a deeper meaning to our existence and relating these to our physical and spiritual selves in a quest for better understanding of ourselves and our reality.

In this course, we challenge ourselves to think outside the box and consider options that are not offered by mainstream authorities and disciplines. We delve logically and rationally into some of the greatest mysteries of our world. We begin by exploring evidence from around the world indicating that Earth has been visited by advanced extra-terrestrial beings both today and throughout history. We explore modern day sightings of UFOs and stories of encounters with extra-terrestrials, and review what has been happening in the US over the last few years in terms of UFO and ET disclosure.

We also explore significant evidence that our planet’s ancient cultures were aided and influenced by mysterious visitors who were eventually regarded as gods. Almost every past culture has stories of visitors from the heavens, who came and taught them culture, agriculture, animal husbandry, astronomy and the construction of buildings and cities. The influence of these visitations has shaped religious beliefs and subsequent societies.

We then explore unexplained archaeological mysteries (e.g. pyramids, structures and artifacts around the world whose existence is hard to explain without the use of advanced technology). Are such mysteries evidence of a long-lost ancient, advanced civilisation or of visitations from other worlds?

Further, we look at ancient gods, religion, spirituality, life, consciousness and reality and ponder the age-old questions “What are we and why are we here?” Is everything we have been taught in our lives actually true or are there other interpretations?

Course delivery is by formal presentation and group discussion. This one-year course is restarting from the beginning in 2026. 2026 may be the last year that this course runs so if you are interested, think about enrolling.

Terms: 1,2,3,4

Enrolment: You can enrol in this course at any time, subject to places being available. If you wish to contact the tutor, their contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the “Contact Tutor” button on our website class list.

Location: The Lab, PPC 7 Matthews Street, Harristown
Dates: 16 Oct 2026 - 4 Dec 2026
Schedule: Weekly on Friday 1:50 PM - 3:50 PM
Class Fee: Members: $25.00 Term 4 2026
Tutor: Carlo Bertoldi

PHILOSOPHICAL DISCUSSION GROUP (2026 Term 4)

PHILOSOPHICAL DISCUSSION GROUP

Our Philosophical Discussion Group is loosely based on Café Philosophique which was a movement founded by Marc Sautet in Paris in 1992.
We are a passionate group of interested Amateurs participating in a grassroots forum for philosophical discussion. We are not into turgid traditional philosophy, but we have lots of very interesting, practical philosophical questions and topics that we like to explore. Our idea is to bring people together in a friendly forum where everyone's opinion counts.
We discuss anything that takes our fancy from The Ethics of the Law, The Australian Dream, The Art of Forgiveness, Identity, to Truth and Beauty.
Along the way we explore different philosophers and their theories, from Plato and Aristotle to Descartes, Kant, and current philosophers such as Peter Singer and Ayn Rand.
We test out philosophical theories by posing scenarios that challenge us to think like a philosopher and apply theory to our everyday lives. Most importantly we have fun and lots of laughs.
Terms: 1,2,3,4
Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor's contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list.

Location: Studio, PPC 7 Matthews Street, Harristown
Dates: 13 Oct 2026 - 1 Dec 2026
Schedule: Weekly on Tuesday 9:15 AM - 11:00 AM
Class Fee: Members: $25.00 Term 4 2026
Tutor: Paddy Nicholls

SHAKESPEARE - A PLAYWRIGHT FOR HIS TIME & OURS (2026 Term 4)

SHAKESPEARE - A PLAYWRIGHT FOR HIS TIME & OURS
In this class, specific plays are studied and discussed. As well, where possible, we view different productions of the plays. Discussion is both lively and insightful. Whether you are familiar with the works of Shakespeare or merely recognise his name, you should enjoy this class and learn how relevant his words are in today's world. The Plays to be studied will be advised.
Terms: 1,2,3,4
Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor's contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list.

Location: Austral Room, PPC 7 Matthews Street, Harristown
Dates: 15 Oct 2026 - 3 Dec 2026
Schedule: Weekly on Thursday 11:30 AM - 1:30 PM
Class Fee: Members: $25.00 Term 4 2026
Tutor: Peter Bevan

Arts & Crafts

BOTANICAL ART (2026 Term 4)

BOTANICAL ART
We are a self-help group with varying levels of experience who enjoy botanical drawing and painting.
Requirements: Some experience in botanical art is necessary as there is no teacher.
Terms: 1,2,3,4
Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor's contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list.

Location: Toowoomba Art Society 1 Godsall Street, East Toowoomba
Dates: 13 Oct 2026 - 1 Dec 2026
Schedule: Weekly on Tuesday 1:00 PM - 3:30 PM
Tutor: Jane Dalby

CALLIGRAPHY: THE ART OF BEAUTIFUL WRITING (2026 Term 4)

CALLIGRAPHY: THE ART OF BEAUTIFUL WRITING
The Art of Beautiful Writing- Gothic (Blackletter), Faux and Commercial.
Have you ever looked at a handwritten, historical document and wondered "Who wrote this? How was it written? Could I do that?" If admiring those documents has captured your imagination and spurred you on to learn how to form letters and numbers beyond what you learned in school, then this course is for you!

In this beginners' course you will learn the basic strokes of Gothic (Blackletter) Calligraphy, and be introduced to Faux Calligraphy (calligraphy done with normal pens) and Commercial Calligraphy (different ways of monetizing your beautiful writing). You will learn the magic of creating letters and numbers in simplified Gothic and Faux Calligraphy using pens, nibs, paintbrushes and inks. In Commercial, you will create outdoor menus and signs.
Please purchase and bring to class (approximate cost $70):
- 1 Brause pen holder
- 1 Speedball nib size C1 (4mm)
- 1 Pilot Parallel Pen 2.4mm (yellow cap)
- 1 bottle calligraphy ink (black, suitable for dip pens). Do not buy fountain pen ink.
- 1 timber cutting board (sometimes referred to as display boards, cheese boards, culinary boards or paddle boards). Choose a size that you can hang in your kitchen. Spotlight, Kmart and Big W have lots of choices.

Online:
- Art Shed Brisbane, (artshedbrisbane.com.au). (07) 3846 1330. They have a shop in Brisbane.
- Artsup Art Supplies, (artsup.com.au). (02) 4736 5866. They have a shop in Western Sydney.

If needed, please contact the tutor for details on required supplies.
Terms: 1,2,3,4
Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor's contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list.

Location: The Lab, PPC 7 Matthews Street, Harristown
Dates: 14 Oct 2026 - 2 Dec 2026
Schedule: Weekly on Wednesday 9:00 AM - 11:00 AM
Class Fee: Members: $25.00 Term 4 2026
Tutor: Lynne Behrend

HAND STITCHING OF ALL SORTS (2026 Term 4)

HAND STITCHING OF ALL SORTS
Do you enjoy hand stitching? Hand stitching is art. Think traditional hand embroidery or the modern 'slow stitching'. Hand stitching of All Sorts is for anyone who loves a slow, gentle approach to creating. You can work on your own project and share your stitching knowledge and inspiration. Or you can aim for your first finished project or complete your first independent design that becomes a piece of art.
Your tutor can assist you to take the next step in your creative journey through hand stitch. Right and left handers are welcome. Beginners or experienced embroiderers are welcome. Instructions will be given if needed.
Students will need to bring their own materials. The tutor will provide a list as well as the names of providers.
Terms: 1,2,3,4
Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor's contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list.

Location: Studio, PPC 7 Matthews Street, Harristown
Dates: 12 Oct 2026 - 30 Nov 2026
Schedule: Weekly on Monday 11:30 AM - 1:30 PM
Class Fee: Members: $25.00 Term 4 2026
Tutor: Julie Elliott

INTRODUCTION TO BONSAI (2026 Term 4)

INTRODUCTION TO BONSAI
Discover the art of bonsai with step-by-step instruction on the techniques for pruning, wiring and repotting to create stunning miniature trees. Learn about the rich history and artistry of bonsai, uncovering its cultural roots and evolution. Gain practical skills in essential techniques like pruning, wiring, and repotting, while understanding the anatomy of these miniature trees. Tailored for both beginners and those seeking to refine their skills, this course ensures you approach each stage of your bonsai journey with confidence.
This is a hands-on course, starting by selecting your first tree species and learning how to style it to reflect your artistic vision. Embrace the therapeutic nature of bonsai cultivation and find inspiration in crafting a unique expression of nature. You will be provided with guidance on choosing the right tools and avoiding common pitfalls. This course is the start of a creative journey that offers tranquillity and artistic fulfilment.
Whether you're a plant enthusiast or seeking a new hobby, this course will provide the skills, knowledge and inspiration to nurture your passion for bonsai.
Requirements: Closed in shoes are recommended.
Cost: There will be periodic small costs incurred by the participant during this course for plants, pots, soil, etc.
Terms: 2,3

Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor's contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list.

Location: The Lab, PPC 7 Matthews Street, Harristown
Dates: 13 Oct 2026 - 1 Dec 2026
Schedule: Weekly on Tuesday 9:00 AM - 10:30 AM
Class Fee: Members: $25.00 Term 4 2026
Tutor: Mark Holland

KNITTING & CROCHET (2026 Term 4)

KNITTING & CROCHET
We are a 'chat and do' group! Helping and encouraging each other, we make articles for our families and a variety of charities. There is no tutelage, so come and share your work and techniques.
Terms: 1,2,3,4
Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor's contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list. Alternatively, you may enrol online, in which case you will be added to the course waiting list, and the tutor will contact you to finalise your enrolment if a place is or becomes available.

Location: Studio, PPC 7 Matthews Street, Harristown
Dates: 12 Oct 2026 - 30 Nov 2026
Schedule: Weekly on Monday 2:00 PM - 4:00 PM
Class Fee: Members: $25.00 Term 4 2026
Tutor: Janette Eckersley

LEAD LIGHTING - BEGINNERS (2026 Term 4)

LEAD LIGHTING - BEGINNERS
Unleash your creativity and learn the timeless craft of lead lighting — where glass, colour, and light come together to create something truly beautiful.
This hands-on course, held over two terms, introduces you to the fundamentals of traditional lead lighting through a series of guided projects. You'll gain practical skills in glass cutting, design layout, soldering, and assembly, building confidence as you bring your own unique creations to life.
All tools are provided, so you just need to bring your enthusiasm!
Whether you're an absolute beginner or simply looking for a creative new outlet, this course is the perfect way to experience the art of stained glass.
🎨 New student intakes: Terms 1 & 3
💡 Limited places available — book early!
Requirements: Please wear covered in shoes. Students are required to comply with all safety requirements as directed by the tutor.
Note: This course does not currently offer specialised accessibility assistance or adaptive equipment. If you require further information in this regard, contact the tutor.
Cost: Students cover only the cost of project materials (approximately $200 per semester).
Terms: 1,2,3,4
Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor's contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list. Alternatively, you may enrol online, in which case you will be added to the course waiting list, and the tutor will contact you to finalise your enrolment if a place is or becomes available.

Location: Playhouse, PPC 7 Matthews Street, Harristown
Dates: 15 Oct 2026 - 3 Dec 2026
Schedule: Weekly on Thursday 2:00 PM - 4:00 PM
Class Fee: Members: $25.00 Term 4 2026
Tutor: Cathy Brown, Kay Hay

LEAD LIGHTING - CONTINUING (2026 Term 4)

LEAD LIGHTING - CONTINUING
Take your stained-glass skills to the next level! Our continuing leadlighters enjoy the freedom to work on personal or group projects, explore more advanced methods, and share inspiration and ideas with fellow enthusiasts.
With ongoing guidance and a supportive studio environment, you'll refine your craftsmanship while creating stunning, individual pieces that reflect your growing skill and style.

Requirements: This course is designed for students who have completed the Lead Lighting for Beginners class and are ready to expand their creativity and technique. Please wear covered in shoes. Students are required to comply with all safety requirements as directed by the tutor.

💬 Join us for another year of learning, creativity, and great conversation!

Note: This course does not currently offer specialised accessibility assistance or adaptive equipment. If you require further information in this regard, contact the tutor.

Costs: Students will pay $10 per term to cover equipment consumables.

Terms: 1,2,3,4

Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor's contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list. Alternatively, you may enrol online, in which case you will be added to the course waiting list, and the tutor will contact you to finalise your enrolment if a place is or becomes available.

Location: Playhouse, PPC 7 Matthews Street, Harristown
Dates: 15 Oct 2026 - 3 Dec 2026
Schedule: Weekly on Thursday 11:30 AM - 1:30 PM
Class Fee: Members: $25.00 Term 4 2026
Tutor: Cathy Brown

MOSAIC - BEGINNERS (2026 Term 4)

MOSAIC - BEGINNERS

Have you always wanted to try mosaics? This is the perfect place to start. Over the course of the term, you'll learn the fundamentals of mosaic design, cutting, laying and grouting while completing three enjoyable projects in a friendly and relaxed studio environment.

Projects will include:

- A decorative concrete stepping stone
- A set of mosaic coasters
- A wall plaque (house number) or possibly a decorative serving tray

You'll be guided through each project at a relaxed pace while developing the skills and confidence to create your own mosaic artwork.

Requirements: No previous experience is required. All tools and project materials for the three class projects are supplied. For safety, all participants are required to wear:

- Safety glasses
- An apron
- Closed-in shoes
- Further information on what to bring will be provided upon enrolment

Cost: $100 to cover 3 projects payable to the tutor.

Terms: 1,2,3,4

Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor's contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list. Alternatively, you may enrol online, in which case you will be added to the course waiting list, and the tutor will contact you to finalise your enrolment if a place is or becomes available.

Location: Private Residence Tutor to Advise
Dates: 14 Oct 2026 - 2 Dec 2026
Schedule: Weekly on Wednesday 1:00 PM - 4:00 PM
Tutor: Cathy Brown

MOSAIC STUDIO - CONTINUE & ADVANCED (2026 Term 4)

MOSAIC STUDIO - CONTINUE & ADVANCED

This class is designed for those who already have mosaic experience and would like a dedicated time and place to continue creating.

Bring along your own mosaic project and enjoy working alongside fellow mosaic enthusiasts. It's a relaxed, social environment where you can exchange ideas, share techniques, inspire one another, and enjoy a cup of tea or coffee while you create.

Whether you're looking to finish an existing project or start something new, this is a wonderful opportunity to connect with like-minded creatives in a friendly and supportive atmosphere.

Requirements: Participants are required to supply their own tools and project materials. A selection of mosaic supplies will be available for purchase. For safety, all participants are required to wear:

- Safety glasses
- An apron
- Closed-in shoes
- Further information on what to bring will be provided upon enrolment

Cost: $3 per lesson to cover tea/coffee and some consumables.
Terms: 1,2,3,4
Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor's contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list. Alternatively, you may enrol online, in which case you will be added to the course waiting list, and the tutor will contact you to finalise your enrolment if a place is or becomes available.

Location: Private Residence Tutor to Advise
Dates: 14 Oct 2026 - 2 Dec 2026
Schedule: Weekly on Wednesday 9:00 AM - 12 noon
Tutor: Cathy Brown

MULTIMEDIA (2026 Term 4)

MULTIMEDIA
The members in our group are free to choose any medium to work with - pencil, oil, watercolour, acrylic etc. If a member has a problem there is usually someone in the group who can assist.
Terms: 1,2,3,4
Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor's contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list.

Location: Playhouse, PPC 7 Matthews Street, Harristown
Dates: 16 Oct 2026 - 4 Dec 2026
Schedule: Weekly on Friday 11:30 AM - 1:30 PM
Class Fee: Members: $25.00 Term 4 2026
Tutor: Ken Matuszczak

MY WARDROBE (2026 Term 4)

MY WARDROBE
The class would include talking with each person to establish their needs, and what they need help with, for example, unfinished garments that may need help finishing, or beginning a garment.
Learn how to read a pattern and lay it on your fabric, how to cut out, all important marking, to help with construction of garment, help fitting the pattern to your shape and size before cutting into fabric, or just simply hints and tips for hemming, zips, buttonholes. Bringing your own machine would help as we all know our own machines, we do offer help to carry the machine in and back to your car for you.
Terms: 1,2,3,4
Enrolment: You can enrol in this course at any time, subject to places being available. If you wish to contact the tutor, their contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list.

Location: Playhouse, PPC 7 Matthews Street, Harristown
Dates: 16 Oct 2026 - 4 Dec 2026
Schedule: Weekly on Friday 2:00 PM - 3:30 PM
Class Fee: Members: $25.00 Term 4 2026
Tutor: Patricia McCallum

PASTEL DRAWING (2026 Term 4)

PASTEL DRAWING
Come and join a happy, friendly group who enjoy their art and morning tea. There will be a small intake of new students in Term 1. Students need to bring their own materials. If you are new to Pastel Drawing, the tutor can send you a suggested materials list. Minimum cost $120. Phone the tutor for a copy of the list and more details about the course.
Terms: 1,2,3,4
Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor's contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list.

Location: Playhouse, PPC 7 Matthews Street, Harristown
Dates: 14 Oct 2026 - 2 Dec 2026
Schedule: Weekly on Wednesday 9:00 AM - 11:00 AM
Class Fee: Members: $25.00 Term 4 2026
Tutor: Stephen Jones, Allan James Crichton

PENTEL DRAWING (2026 Term 4)

PENTEL DRAWING
This course is for artists who can work in this genre on their own. We have a very friendly and knowledgeable group of inspired artists.
Terms: 1,2,3,4
Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor's contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list. Alternatively, you may enrol online, in which case you will be added to the course waiting list, and the tutor will contact you to finalise your enrolment if a place is or becomes available.

Location: Studio, PPC 7 Matthews Street, Harristown
Dates: 13 Oct 2026 - 1 Dec 2026
Schedule: Weekly on Tuesday 11:30 AM - 1:30 PM
Class Fee: Members: $25.00 Term 4 2026
Tutor: Rosemary Kennedy

QUILTING FOR ADVANCED BEGINNERS (2026 Term 4)

QUILTING FOR ADVANCED BEGINNERS
Requirements: Some experience is necessary. We will continue building on our basic skills. Two sewing machines are available. Members will need to supply their own materials, thread and basic tools, and preferably their own sewing machine.
Terms: 1,2,3,4
Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor's contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list.

Location: Playhouse, PPC 7 Matthews Street, Harristown
Dates: 16 Oct 2026 - 4 Dec 2026
Schedule: Weekly on Friday 9:00 AM - 11:00 AM
Class Fee: Members: $25.00 Term 4 2026
Tutor: Michele McGill

SEW AND SHARE (2026 Term 4)

SEW AND SHARE
We will have some class projects, but we will also have time to do our own projects as we all have UFO's (un-finished objects) to complete. We will have lots of time to share knowledge; help is always available and of course there is always plenty of chat and social time over a coffee. Sewing machines are available and you will be surprised with what you can do in our class.
Terms: 1,2,3,4
Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor's contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list.

Location: Playhouse, PPC 7 Matthews Street, Harristown
Dates: 14 Oct 2026 - 2 Dec 2026
Schedule: Weekly on Wednesday 2:00 PM - 4:00 PM
Class Fee: Members: $25.00 Term 4 2026
Tutor: Jane Rosenthal

WONDERS OF WATERCOLOUR (2026 Term 4)

WONDERS OF WATERCOLOUR
A class for beginners, or further advanced, to study different aspects of art such as composition and colour. Learn from one another and develop in the Wonders of Watercolour.
Terms: 1,2,3,4
Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor's contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list. Alternatively, you may enrol online, in which case you will be added to the course waiting list, and the tutor will contact you to finalise your enrolment if a place is or becomes available.

Location: Austral Room, PPC 7 Matthews Street, Harristown
Dates: 14 Oct 2026 - 2 Dec 2026
Schedule: Weekly on Wednesday 9:00 AM - 11:00 AM

Class Fee: Members: $25.00 Term 4 2026
Tutor: Ngaire Sorrensen

Cards & Games

BOLIVIA - CARD GAME (2026 Term 4)

BOLIVIA - CARD GAME
For four to six players. Learn to play this challenging game of strategy and teamwork. Experienced players welcome. Some knowledge of Canasta would be helpful.
Terms: 1,2,3,4
Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor's contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list. Alternatively, you may enrol online, in which case you will be added to the course waiting list, and the tutor will contact you to finalise your enrolment if a place is or becomes available.

Location: Club Toowoomba 331-339 Hume Street
Dates: 9 Oct 2026 - 18 Dec 2026
Schedule: Weekly on Friday 12 noon - 4:00 PM
Tutor: Jacinta Richardson

BRIDGE FOR BEGINNERS (2026 Term 4)

BRIDGE FOR BEGINNERS
Bridge is the most interesting card game. It is made up of bidding and playing and both of these aspects are challenging. It is this challenge that has players coming back for more and more. You can learn Bridge at the Toowoomba Bridge Club. The classes will teach bidding, declarer play and defence. Teaching will be conducted by one of our experienced teachers. Players will be able to move into other sessions held at the club as their experience and skills grow.
Cost: $5 per session per member. Payable to tutor.
Terms: 1,3,4
Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor's contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list.

Location: Bridge Club 55 Stuart Street, Harlaxton
Dates: 14 Oct 2026 - 2 Dec 2026
Schedule: Weekly on Wednesday 8:45 AM - 10:45 AM
Tutor: David Roberts

CANASTA (2026 Term 4)

CANASTA
Canasta is a card game played with 2, 3, 4 or 6 players. If you are new to the game we will teach you, otherwise enjoy playing with experienced and friendly group of players.
Terms: 1,2,3,4
Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor's contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list. Alternatively, you may enrol online, in which case you will be added to the course waiting list, and the tutor will contact you to finalise your enrolment if a place is or becomes available.

Location: Ballymore Room, Club Toowoomba 331-339 Hume Street
Dates: 8 Oct 2026 - 17 Dec 2026
Schedule: Weekly on Thursday 12 noon - 4:00 PM
Tutor: Rosemary Dean

CARDS - 500 (2026 Term 4)

CARDS - 500
Learn to play this challenging game of strategy and teamwork. We welcome beginners and experienced players. Some knowledge of 500 would be helpful. How many players - 4 at a table.
Terms: 1,2,3,4
Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor's contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list.

Location: Club Toowoomba 331-339 Hume Street
Dates: 22 Sep 2026 - 15 Dec 2026
Schedule: Weekly on Tuesday 7:30 AM - 11:30 AM
Tutor: Patricia Roche

CRYPTIC CROSSWORDS (2026 Term 4)

CRYPTIC CROSSWORDS
A fun group, where beginners will learn the basic cryptic crossword decoding skills and experienced solvers will be challenged to more difficult puzzles, individually and in discussion with others.
Terms: 1,2,3,4
Enrolment: You can enrol in this course at any time, subject to places being available. If you wish to contact the tutor, their contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the “Contact Tutor” button on our website class list.

Location: Austral Room, PPC 7 Matthews Street, Harristown
Dates: 12 Oct 2026 - 30 Nov 2026
Schedule: Weekly on Monday 2:00 PM - 4:00 PM
Class Fee: Members: $25.00 Term 4 2026
Tutor: Rhonda Duck

MAHJONG (2026 Term 4)

MAHJONG
Mahjong is an Ancient Chinese game played for fun and friendship. New members welcome, as well as members wanting to learn.
Terms: 1,2,3,4
Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor’s contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the “Contact Tutor” button on our website class list.

Location: Austral Room, PPC 7 Matthews Street, Harristown
Dates: 13 Oct 2026 - 1 Dec 2026
Schedule: Weekly on Tuesday 2:00 PM - 4:00 PM
Class Fee: Members: $25.00 Term 4 2026
Tutor: Janice Fox

MAHJONG FOR BEGINNERS (2026 Term 4)

MAHJONG FOR BEGINNERS
Learn Mahjong in a friendly relaxed environment. This class is suitable for beginner to intermediate level. Please bring your own set of tiles if you have one.
Every Monday excluding Christmas break. Arrive 9.00am for a voluntary set up of tables & chairs for a 9.30am start with morning tea break at 11am approx. Finish approximately 1pm.
Cost: $5 PER attendance only (not including morning tea) Donation tin to cover tea, coffee, milk & snack costs for our group morning tea. (suggested gold coin, remains voluntary).
Terms: 1,2,3,4
Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor’s contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the “Contact Tutor” button on our website class list. Alternatively, you may enrol online, in which case you will be added to the course waiting list, and the tutor will contact you to finalise your enrolment if a place is or becomes available.

Location: Toowoomba Bowls Club 40 Lindsay Street, East Toowoomba
Dates: 21 Sep 2026 - 14 Dec 2026
Schedule: Weekly on Monday 9:30 AM - 1:00 PM
Tutor: Diane Van Zeeland

MAHJONG FOR EVERYONE AT PPC (2026 Term 4)

MAHJONG FOR EVERYONE AT PPC
This group invites beginners as well as seasoned Mahjong players. We provide compiled hands for the seasoned and easy hands for beginners. We've got you covered. If you choose to play easy games, we are accommodating and if you want to challenge yourself, we encourage that too. If you have a set of tiles please bring them. You'll need a cup for breaktime. We have a coaching table for beginners. Please come... the game is addictive and very fun. The atmosphere in the room is inviting.
Terms: 1,2,3,4

Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor's contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list.

Location: Austral Room, PPC 7 Matthews Street, Harristown
Dates: 14 Oct 2026 - 2 Dec 2026
Schedule: Weekly on Wednesday 2:00 PM - 4:00 PM
Class Fee: Members: $25.00 Term 4 2026
Tutor: Lynne Behrend, Lorraine Tacouni

MAHJONG FOR FUN (2026 Term 4)

MAHJONG FOR FUN
Mahjong is a game which stimulates the brain as well as being fun and is an opportunity to make new friends. It is not necessary to have your own set of tiles.
Beginner players are welcome in Term 1 and coaching will be provided during first term. Experienced players are welcome to join anytime. If you've played before but feel you need a bit of a refresher, we can assist you to get started any time during the year.
Cost: There will be a small cost to members to cover the venue rent (currently $5/wk). Payable to tutor in cash. Tea and coffee provided. Bring your own morning tea snack.
Terms: 1,2,3,4 and During Holidays
Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor's contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list.

Location: Bridge Club 55 Stuart Street, Harlaxton
Dates: 24 Sep 2026 - 10 Dec 2026
Schedule: Weekly on Thursday 8:30 AM - 12 noon
Tutor: Sheila Donaldson

SCRABBLE (2026 Term 4)

SCRABBLE
Join us for a fun game with words. New members are welcome. No experience is necessary. Tuition provided if required.
Terms: 1,2,3,4
Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor's contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list.

Location: Studio, PPC 7 Matthews Street, Harristown
Dates: 14 Oct 2026 - 2 Dec 2026
Schedule: Weekly on Wednesday 11:30 AM - 1:30 PM
Class Fee: Members: $25.00 Term 4 2026
Tutor: Marie-Therese Annis-Brown

Computers & Technology

MICROSOFT OFFICE 365 – THE BASICS (2026 Term 4)

MICROSOFT OFFICE 365 – THE BASICS
Learning new software can sometimes be frustrating but there are ways to ease the frustration and make this process more enjoyable. I'm here to help you on this journey. Each office application has it's own set of basic functions. Here are some key tasks for beginners:
WORD: Create and format text documents, add images and use templates.
EXCEL: Create spreadsheets, enter data, perform calculations and create charts.
POWER POINT: Create slides, add text and images and use animations and transitions.
OUTLOOK: Send and receive emails, manage your calendar and organise tasks.
Remember that learning is a journey not a destination. Enjoy the process of discovering new features and capabilities. The more you explore, the more you'll appreciate the power and versatility of Microsoft Office. This class is designed for users ranging from beginners to intermediate and offers a responsive session tailored to your questions.
Terms: 2,3,4
Enrolment: You can enrol in this course at any time, subject to places being available. If you wish to contact the tutor, their contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list.

Location: The Lab, PPC 7 Matthews Street, Harristown
Dates: 12 Oct 2026 - 30 Nov 2026
Schedule: Weekly on Monday 2:00 PM - 3:30 PM
Class Fee: Members: $25.00 Term 4 2026
Tutor: Suzanne Strong

Crows Nest

CINEMA OUTING AND LUNCH GROUP (2026 Term 4)

CINEMA OUTING AND LUNCH GROUP
Like-minded people gather to watch, enjoy, then review a movie, over lunch. Group meets on the 4th Friday of the month.
Terms: 1,2,3,4
Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor's contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list.

Location: Various Locations Tutor to Advise
Dates: 23 Oct 2026 - 27 Nov 2026
Schedule: Monthly, fourth Friday 10:00 AM - 2:30 PM
Tutor: Gabrielle McLennan

LUNCH GROUP A - LUNCH IN THE COUNTRY (2026 Term 4)

LUNCH GROUP A - LUNCH IN THE COUNTRY
A friendly gathering, to share stories and enjoy country ambience over a good meal. 3 lunches each term, always on a Thursday. Be prepared to travel. Open to all U3A members. Come and enjoy.
Terms: 1,2,3,4
Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor's contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list.

Location: Various Locations Tutor to Advise
Dates: 15 Oct 2026 - 26 Nov 2026
Schedule: Weekly on Thursday 12:30 PM - 2:30 PM
Tutor: Penny Protheroe

NATURE JOURNALLING (2026 Term 4)

NATURE JOURNALLING
Participants will learn and practice a range of art and written nature journaling skills ultimately developing individual styles. A way to enjoy nature and find release from depression and anxiety.
Classes will be held in Nature Reserves in and around the Crows Nest area.
Cost: A small fee may be required to cover cost of materials as required. Payable to tutor.
Terms: 1,2,3,4
Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor's contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list.

Location: Various Locations Tutor to Advise
Dates: 15 Oct 2026 - 3 Dec 2026
Schedule: Monthly, first, third Thursday 9:30 AM - 11:30 AM
Tutor: Rosalie Eustace

PHOTOGRAPHY FOR FUN (2026 Term 4)

PHOTOGRAPHY FOR FUN
Many of us feel diffident about going out alone to take photos, whether we're unsure or feel unsafe by ourselves or such. This photography group is for those who want to go out with other people to take photos. We travel around Crows Nest and the Toowoomba region by car pool, and endeavour to not make it too strenuous. We usually - depending on time - stop for a coffee, either BYO or at a coffee shop. Cameras, mobile phones etc (or whatever you use to take photos with) are welcome.
Terms: 1,3,4

Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor's contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list.

Location: Various Locations Tutor to Advise
Dates: 15 Sep 2026 - 1 Dec 2026
Schedule: Monthly, first, third Tuesday 1:30 PM - 3:30 PM
Tutor: Lynette Wetzig

SYMPHONIC SOUNDS - ALTERNATE THURSDAYS (2026 Term 4)

SYMPHONIC SOUNDS - ALTERNATE THURSDAYS
Listening to and discussing Classical Music in a relaxed, social setting. This year the topic will be instruments-solo and with an orchestra.
Cost: There will be a small charge to cover venue costs. Payable to tutor.
Terms: 1,2,3,4
Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor's contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list.

Location: Crows Nest CWA Hall 7 Thallon St, Crows Nest
Dates: 15 Oct 2026 - 3 Dec 2026
Schedule: Fortnightly on Thursday 10:00 AM - 12 noon
Tutor: Kenneth Johnson

UKULELE FOR FUN - CROWS NEST (2026 Term 4)

UKULELE FOR FUN - CROWS NEST
From Beginners to Advanced players. We use U3A Ukulele music books and recorded music to play and sing to our favourite tunes as well as some challenging ones. All for fun - come along.
Costs: 4 x music books - $100. Payable to tutor. This is in addition to venue fee.
Terms: 1,2,3,4
Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor's contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list.

Location: Crows Nest Community Centre William St, Crows Nest
Dates: 15 Oct 2026 - 3 Dec 2026
Schedule: Weekly on Thursday 1:00 PM - 3:00 PM
Class Fee: Members: $25.00 Term 4 2026
Tutor: Ian Harding

Health, Mind & Body

PSYCHOLOGY & BEHAVIOURAL SCIENCE (2026 Term 4)

PSYCHOLOGY & BEHAVIOURAL SCIENCE
This course will explore questions that have fascinated psychologists, criminologists, and scientists for years. Are some people born 'bad' or do they become 'bad", or is it that both can be true? To focus this discussion, six infamous people will be presented as case studies through the lens of the nature vs nurture debate. Put on your FBI hats as the group delve into, was it biology and their genes, or is the key their upbringing and developmental environment?
Terms: 1,2,3,4
Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor's contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list.

Location: The Lab, PPC 7 Matthews Street, Harristown
Dates: 15 Oct 2026 - 3 Dec 2026
Schedule: Weekly on Thursday 2:00 PM - 4:00 PM
Class Fee: Members: $25.00 Term 4 2026
Tutor: Karlene Coombes

SHIBASHI QIGONG (2026 Term 4)

SHIBASHI QIGONG

Shibashi Qigong is a set of 18 energy enhancing exercises that coordinate slow movements with breathing and concentration. Traditional Chinese medicine believes these exercises can cultivate health and energy throughout the body. It is a gentle and flowing routine, both deeply relaxing and easy to do.
There is no formal Shibashi tutor in this class. Members work to a video. A competent class leader is present.
Terms: 1,2,3,4
Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor's contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list.

Location: Playhouse, PPC 7 Matthews Street, Harristown
Dates: 13 Oct 2026 - 1 Dec 2026
Schedule: Weekly on Tuesday 9:00 AM - 10:00 AM
Class Fee: Members: $25.00 Term 4 2026
Tutor: Christina Hayes, Kathryn Steger

SILENT MEDITATION (2026 Term 4)

SILENT MEDITATION
Silent meditation as a life skill. Brief readings on Silent Meditation, Practice with sitting and walking meditation, sharing and discussion of Practice. Common benefits include increased calmness and contentment, improved concentration, focus on the present moment and changes in self-understanding. New learners and those with experience welcome.
Terms: 1,2,3,4
Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor's contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list.

Location: Playhouse, PPC 7 Matthews Street, Harristown
Dates: 13 Oct 2026 - 1 Dec 2026
Schedule: Weekly on Tuesday 12 noon - 1:30 PM
Class Fee: Members: $25.00 Term 4 2026
Tutor: Bob Knight

TAI CHI (2026 Term 4)

TAI CHI
Tai Chi involves gentle movements which are fluid and graceful. It can be practiced by people of all ages. It's good for your general wellbeing and can help improve fitness, flexibility, relaxation, circulation, and good balance. It strengthens the body and mental concentration and assists with all aspects of health, therefore allowing you to enjoy your lifestyle.
Terms: 1,2,3,4
Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor's contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list.

Location: Playhouse, PPC 7 Matthews Street, Harristown
Dates: 12 Oct 2026 - 30 Nov 2026
Schedule: Weekly on Monday 11:00 AM - 1:00 PM
Class Fee: Members: $25.00 Term 4 2026
Tutor: Lucy White

TAI CHI, MODIFIED YANG STYLE (2026 Term 4)

TAI CHI, MODIFIED YANG STYLE
This is a modified Yang Style Tai Chi class that focuses on internal feelings when performing the moves. Instruction will be given. The class will be structured around foundation exercises and 20 minute sets, in a relaxed atmosphere and teaching style.
Requirements: Some previous yang style tai chi experience will be necessary.
Terms: 1,2,3,4
Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor's contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list. Alternatively, you may enrol online, in which case you will be added to the course waiting list, and the tutor will contact you to finalise your enrolment if a place is or becomes available.

Location: Drayton Hall 39 Brisbane St, Drayton
Dates: 25 Sep 2026 - 11 Dec 2026
Schedule: Weekly on Friday 9:00 AM - 10:30 AM

Tutor: Marie Kajewski

TAKE CHARGE OF YOUR LIFE (2026 Term 4)

TAKE CHARGE OF YOUR LIFE
The aim of this program is to empower you with the knowledge and skills to create a mentally heathier and more satisfying life, so you feel more in control and have the freedom to choose what you do. The course offers an introduction to internal control psychology (choice theory), in which you can learn to develop, maintain and improve your mental well-being.
Cost: $10 for booklet provided.
Terms: 4
Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor's contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list.

Location: Studio, PPC 7 Matthews Street, Harristown
Dates: 12 Oct 2026 - 30 Nov 2026
Schedule: Weekly on Monday 9:00 AM - 10:30 AM
Class Fee: Members: $25.00 Term 4 2026
Tutor: John Archibald

History & Archaeology

ARCHAEOLOGY SCIENCE - HOMO SAPIENS BECOMING HUMAN (2026 Term 4)

ARCHAEOLOGY SCIENCE - HOMO SAPIENS BECOMING HUMAN
Our fascinating human journey. Who are our far distant ancestors? How long ago did we come down from the trees and walk on two legs? Why do we carry traces of Neanderthal genes in our genomes? How did Homo Sapiens become the dominant hominin species on earth today? Travel on this fascinating journey through time with Charles Darwin, Gregor Mendel and Watson & Crick.
Term four covers the latest DNA human migration data from around the world. Some knowledge of biology would be a great assistance for this course. Limited places available. PowerPoint notes posted to Member Wizard 'Class Resources' each week.
Terms: 3,4
Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor's contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list.

Location: Austral Room, PPC 7 Matthews Street, Harristown
Dates: 15 Oct 2026 - 3 Dec 2026
Schedule: Weekly on Thursday 9:00 AM - 11:00 AM
Class Fee: Members: $25.00 Term 4 2026
Tutor: Bruce Arthur

AUSTRALIAN HISTORY & ITS 'EXCEPTIONALISM' (2026 Term 4)

AUSTRALIAN HISTORY & ITS 'EXCEPTIONALISM'
Semester 1 (Terms 1 & 2) The beginnings to 1900, Semester 2 (Terms 3 & 4) 1901 to 2025.
Participants may join one or both semesters.
This course is full of surprises, adventures, incongruities, contradictions and incredibly the events and people you will meet are all true. They all happened. Our history is exceptional, so join in and explore.
Terms: 1,2,3,4
Term 1&3: Weekly on Monday 10:45AM - 1:30PM, Term 2&4: Weekly on Monday 10.30AM - 1.30PM
Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor's contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list.

Location: The Lab, PPC 7 Matthews Street, Harristown
Dates: 12 Oct 2026 - 30 Nov 2026
Schedule: Weekly on Monday 10:45 AM - 1:30 PM
Class Fee: Members: $25.00 Term 4 2026
Tutor: Graham Blackman

BRITAIN IN QUEEN VICTORIA'S TIME (2026 Term 4)

BRITAIN IN QUEEN VICTORIA'S TIME
This course will survey the period of British history when Queen Victoria reigned from 1837-1901. It will include social and political ideas along with other aspects of England, Scotland, Ireland and Wales. The course will include PowerPoint, DVDs and notes.
Terms: 3,4
Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor's contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list.

Location: Austral Room, PPC 7 Matthews Street, Harristown
Dates: 14 Oct 2026 - 2 Dec 2026
Schedule: Weekly on Wednesday 11:30 AM - 1:30 PM
Class Fee: Members: $25.00 Term 4 2026
Tutor: Rob Eckersley

ISLES OF THE EVENING: NORTHWARDS, BEYOND THE PILLARS OF HERCULES (2026 Term 4)

THE ISLES OF THE EVENING: NORTHWARDS, BEYOND THE PILLARS OF HERCULES
The subject of this course is the cultural development of the peoples of the Northern Atlantic. Britain and Ireland will undergo extensive examination. The chronological parameters of investigation are delineated by the Wurm Glaciation and the Norman Conquest. Along the way a plethora of wondrous structures, inspirational scholars, gifted artists, powerful warriors, intrepid navigators and eccentric characters will emerge from the mist. The coherence of the course will stem from the interrogation of primary sources, both archaeological and literary. There are no course prerequisites. Just bring a sense of curiosity, wit and wonder.
Terms: 1,2,3,4
Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor's contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list.

Location: Austral Room, PPC 7 Matthews Street, Harristown
Dates: 16 Oct 2026 - 4 Dec 2026
Schedule: Weekly on Friday 9:00 AM - 11:00 AM
Class Fee: Members: $25.00 Term 4 2026
Tutor: Owen Wheatley

MODERN HISTORY (2026 Term 4)

MODERN HISTORY
French Revolution – The course will cover the storming of Bastille in 1789 to the downfall of Napoleon in 1815; the creation of a democratic society.
Terms: 2,4
Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor's contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list.

Location: The Lab, PPC 7 Matthews Street, Harristown
Dates: 15 Oct 2026 - 3 Dec 2026
Schedule: Weekly on Thursday 9:00 AM - 11:00 AM
Class Fee: Members: $25.00 Term 4 2026
Tutor: Bob Hamill

PIONEERS AND PROGRESS: HOW THE OUTBACK WAS TAMED (2026 Term 4)

PIONEERS AND PROGRESS: HOW THE OUTBACK WAS TAMED
Following the Early Pioneers – The men, women and children of the Bush. A Social History of Exploration, Expansion and Settlement in Rural Australia, from First Settlement to the Maranoa and beyond.
This course offers a comprehensive journey through time following the early Pioneers – men and women from all walks of life, their families, the lifestyles and challenges they met, and examines milestone events in the Colony, including exploration, land grants and land grabs; indigenous contact and the Frontier Wars; the growth of pastoral empires, including the Shearers Strikes, cattle drives and events that impacted on squatters and the people of the bush.
Structured notes, discussions, power point presentation and relevant DVDs.
Queries and input from participants are valued (time allowing!).
Terms: 1,2,3,4

Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor's contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list.

Location: Studio, PPC 7 Matthews Street, Harristown
Dates: 14 Oct 2026 - 2 Dec 2026
Schedule: Weekly on Wednesday 9:00 AM - 11:00 AM
Class Fee: Members: $25.00 Term 4 2026
Tutor: Glynne Hilton

Languages

CHINESE - MANDARIN (2026 Term 4)

CHINESE - MANDARIN
Interested in learning the language that has more native speakers than any other in the world, with nearly a billion users? This fascinating language originated in northern China and is the official language in that country as well as one of the four official languages of Singapore. It is also recognised as one of the six official languages of the United Nations.
Terms: 1,2,3,4
Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor's contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list.

Location: Dr Price Rooms Little Street, Toowoomba
Dates: 13 Oct 2026 - 1 Dec 2026
Schedule: Weekly on Tuesday 3:00 PM - 4:30 PM
Tutor: Lucy White

FRENCH - BEGINNERS (2026 Term 4)

FRENCH - BEGINNERS
Beginners French will begin with basic social communication, and description for absolute beginners but will be flexible to meet the needs of those with some prior knowledge of the language.
Terms: 1,2,3,4
Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor's contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list.

Location: The Lab, PPC 7 Matthews Street, Harristown
Dates: 15 Oct 2026 - 3 Dec 2026
Schedule: Weekly on Thursday 11:30 AM - 1:30 PM
Class Fee: Members: $25.00 Term 4 2026
Tutor: Connie Naehu

FRENCH - CONVERSATION (2026 Term 4)

FRENCH - CONVERSATION
The class is conducted in French. All members contribute to improving and encouraging one another. Many interesting topics are discussed in French.
Requirements: Members of this relaxed class need to have average skills in speaking and listening in French.
Terms: 1,2,3,4
Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor's contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list.

Location: Austral Room, PPC 7 Matthews Street, Harristown
Dates: 13 Oct 2026 - 1 Dec 2026
Schedule: Weekly on Tuesday 9:00 AM - 11:00 AM
Class Fee: Members: $25.00 Term 4 2026
Tutor: Cheryl Feeney

FRENCH - INTERMEDIATE (2026 Term 4)

FRENCH - INTERMEDIATE

Participants will have opportunities to practise their conversational skills in a collaborative and supportive environment.
Requirements: Participants require a sound knowledge and understanding of basic French vocabulary and grammar (2-3 years). Theme based texts, written in French, provide activities for the ongoing development of listening, speaking, reading and writing skills and includes grammatical exercises and cultural information.
Terms: 1,2,3,4
Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor's contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list.

Location: Austral Room, PPC 7 Matthews Street, Harristown
Dates: 16 Oct 2026 - 4 Dec 2026
Schedule: Weekly on Friday 2:00 PM - 4:00 PM
Class Fee: Members: $25.00 Term 4 2026
Tutor: Jayne Staniforth

GERMAN FOR BEGINNERS - CONTINUING (2026 Term 4)

GERMAN FOR BEGINNERS - CONTINUING
This course is following on from previous semesters. Some prior knowledge is required as we are several semesters in.
Terms: 1,2,3,4
Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor's contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list.

Location: Studio, PPC 7 Matthews Street, Harristown
Dates: 15 Oct 2026 - 3 Dec 2026
Schedule: Weekly on Thursday 11:30 AM - 1:30 PM
Class Fee: Members: $25.00 Term 4 2026
Tutor: Karin Decker

GERMAN INTERMEDIATE/ADVANCED CONVERSATION & WRITING (2026 Term 4)

GERMAN INTERMEDIATE/ADVANCED CONVERSATION & WRITING
In 2026 we will continue to work together speaking, listening, reading and writing on topics of interest to the group. This will involve working with various text types, for example, articles on current issues, information on aspects of life in the German-speaking countries, literary and song texts. During our working with these texts, we will discuss and further our knowledge of the structure of the German language.
Requirements: A beginner's level knowledge of the German language will be necessary to commence this course.
Terms: 1,2,3,4
Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor's contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list.

Location: Studio, PPC 7 Matthews Street, Harristown
Dates: 15 Oct 2026 - 3 Dec 2026
Schedule: Weekly on Thursday 9:00 AM - 11:00 AM
Class Fee: Members: $25.00 Term 4 2026
Tutor: Rod Wilson

ITALIAN - ONGOING STUDY (2026 Term 4)

ITALIAN - ONGOING STUDY
Ongoing study of Italian language (reading, writing and speaking) in a non-threatening setting.
Requirements: A previous beginners knowledge of the Italian Language will be required.
Terms: 1,2,3,4
Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor's contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list.

Location: Studio, PPC 7 Matthews Street, Harristown
Dates: 14 Oct 2026 - 2 Dec 2026
Schedule: Weekly on Wednesday 2:00 PM - 4:00 PM
Class Fee: Members: $25.00 Term 4 2026
Tutor: Luca Ferrerio

ITALIAN FOR BEGINNERS (2026 Term 4)

ITALIAN FOR BEGINNERS
Introduction to reading, writing, listening, speaking and understanding this beautiful romance language. The course includes grammar, sentence structure, conjugation of verbs, tenses and pronunciation. You will learn how to utilise the power of artificial intelligence in the translators available on your mobile phone. Suitable for first timers and those who have completed an introductory course previously. Please bring writing materials, notebook and be prepared to purchase a copy of Collins Easy Learning Italian Grammar.
Terms: 1,2,3,4
Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor's contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list.

Location: The Lab, PPC 7 Matthews Street, Harristown
Dates: 13 Oct 2026 - 1 Dec 2026
Schedule: Weekly on Tuesday 2:00 PM - 3:45 PM
Class Fee: Members: $25.00 Term 4 2026
Tutor: Errol Klibbe

JAPANESE ONGOING STUDIES (2026 Term 4)

JAPANESE ONGOING STUDIES
In our class, we will keep learning new sentence patterns and practice making sentences as well as learning Japanese culture and fun facts.
Requirements: This course is an ongoing study of Japanese language (Elementary Level) but new participants are welcome if they have learnt Japanese before.
Terms: 1,2,3,4
Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor's contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list.

Location: The Lab, PPC 7 Matthews Street, Harristown
Dates: 14 Oct 2026 - 2 Dec 2026
Schedule: Weekly on Wednesday 11:30 AM - 1:30 PM
Class Fee: Members: $25.00 Term 4 2026
Tutor: Jun Doherty

SPANISH - CONVERSATION (2026 Term 4)

SPANISH - CONVERSATION
This fun and interactive class is suitable for those with a good, intermediate level of Spanish. The focus will be to improve your confidence and ability to converse in Spanish. Classes are fun, interactive and informative.
Requirements: An intermediate level of Spanish speaking to commence
Terms: 1,2,3,4
Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor's contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list.

Location: Austral Room, PPC 7 Matthews Street, Harristown
Dates: 13 Oct 2026 - 1 Dec 2026
Schedule: Weekly on Tuesday 11:30 AM - 1:00 PM
Class Fee: Members: $25.00 Term 4 2026
Tutor: Steven Walker

Lecture / Discussion

DIVERSE CONVERSATIONS (2026 Term 4)

DIVERSE CONVERSATIONS
Unrestricted worldly current events, with the weekly plan to keep member's selected topics moving so that all participate.
Cost: $20 per term per member, providing sufficient members to cover room rental, coffee, tea and cookies. Payable to tutor.
Terms: 1,2,3,4

Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor's contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list. Alternatively, you may enrol online, in which case you will be added to the course waiting list, and the tutor will contact you to finalise your enrolment if a place is or becomes available.

Location: To Be Advised Ask Tutor
Dates: 21 Sep 2026 - 14 Dec 2026
Schedule: Weekly on Monday 1:30 PM - 3:30 PM
Tutor: John W.D. Humphreys

ROUND TABLE DISCUSSION GROUP (2026 Term 4)

ROUND TABLE DISCUSSION GROUP
Start the week with a little brain awakening. Come and join the interactive round table discussion group on Monday mornings. There is no set agenda, members bring various topics of interest to them. Any topic can bring a very lively discussion, or not! All that is asked is that you bring with you - tolerance. Topics can be varied. New members can join anytime during the terms, as there is no curriculum.
Terms: 1,2,3,4
Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor's contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list.

Location: Austral Room, PPC 7 Matthews Street, Harristown
Dates: 12 Oct 2026 - 30 Nov 2026
Schedule: Weekly on Monday 9:00 AM - 11:00 AM
Class Fee: Members: $25.00 Term 4 2026
Tutor: David Nicholls

SPEAKER'S HUB (2026 Term 4)

SPEAKER'S HUB
Come join this group where you will discover inspiring guest speakers and fellow learners, who will address a variety of topics fortnightly. Grow your knowledge, discover new ideas and perspectives. Be inspired. Be connected and be a part of something revived.
Terms: 1,2,3,4
Enrolment: You can enrol in this course at any time, subject to places being available. If you wish to contact the tutor, their contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list.

Location: Concert Hall, PPC 7 Matthews Street, Harristown
Dates: 12 Oct 2026 - 23 Nov 2026
Schedule: Fortnightly on Monday 9:00 AM - 10:30 AM
Class Fee: Members: $25.00 Term 4 2026
Tutor: Penny Protheroe

Literature & Writing

BOOK CLUB A - MODERN AUSTRALIAN WRITERS - 1ST MONDAY OF THE MONTH (2026 Term 4)

BOOK CLUB A - MODERN AUSTRALIAN WRITERS - 1ST MONDAY OF THE MONTH
We will meet on the first Monday of the month. Dates may vary with Public Holidays. We will continue to explore many more new and well-known, modern Australian writers. Where possible, the books are available through the Toowoomba Library, second-hand bookshops or members may wish to purchase their own copies.
Terms: 1,2,3,4
Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor's contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list.

Location: Private Residence Tutor to Advise
Dates: 2 Nov 2026 - 7 Dec 2026
Schedule: Monthly, first Monday 9:30 AM - 11:30 AM
Tutor: Michele McGill

BOOK CLUB AT HIGHFIELDS (2026 Term 4)

BOOK CLUB AT HIGHFIELDS
This book discussion group will revolve around reading and discussion of current and classic literature. Book to be advised by tutor. Venue will be around various cafes in Highfields area (tutor to advise).
Terms: 2,3,4
Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor's contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list.

Location: To Be Advised Ask Tutor
Dates: 7 Oct 2026 - 2 Dec 2026
Schedule: Monthly, first Wednesday 10:00 AM - 12 noon
Tutor: Norma Legg

BOOK CLUB B - MODERN AUSTRALIAN WRITERS - 3RD MONDAY OF THE MONTH (2026 Term 4)

BOOK CLUB B - MODERN AUSTRALIAN WRITERS - 3RD MONDAY OF THE MONTH
We will meet on the third Monday of the month. Dates may vary with Public Holidays. We will continue to explore many more new and well-known modern Australian writers. Where possible, the books are available through the Toowoomba Library, second-hand bookshops or members may wish to purchase their own copies.
Terms: 1,2,3,4
Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor's contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list.

Location: Private Residence Tutor to Advise
Dates: 19 Oct 2026 - 21 Dec 2026
Schedule: Monthly, third Monday 9:30 AM - 11:30 AM
Tutor: Michele McGill

BOOK DISCUSSION GROUP - 1ST TUESDAY OF MONTH (2026 Term 4)

BOOK DISCUSSION GROUP - 1st Tuesday of Month
Our enthusiastic group of 14 will be reading and discussing books of various genres from different countries and different eras, fiction and non-fiction. We are using books which have been donated from CAE Melbourne.
Terms: 1,2,3,4
Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor's contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list. Alternatively, you may enrol online, in which case you will be added to the course waiting list, and the tutor will contact you to finalise your enrolment if a place is or becomes available.

Location: City Bowls Club 41 Victoria St, Toowoomba
Dates: 6 Oct 2026 - 1 Dec 2026
Schedule: Monthly, first Tuesday 1:30 PM - 3:00 PM
Tutor: Desley Smith

GREEN CHICKEN WRITERS (2026 Term 4)

GREEN CHICKEN WRITERS
Members' individual, approx. 1000 words/week autobiographies - ongoing or new beginning, with helpful critiques after sharing.
Terms: 1,2,3,4
Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor's contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list. Alternatively, you may enrol online, in which case you will be added to the course waiting list, and the tutor will contact you to finalise your enrolment if a place is or becomes available.

Location: Private Residence Tutor to Advise
Dates: 24 Sep 2026 - 17 Dec 2026
Schedule: Weekly on Thursday 9:30 AM - 11:30 AM
Tutor: John W.D. Humphreys

RAINBOW WRITERS (2026 Term 4)

RAINBOW WRITERS
Writing is fun and can stimulate our memories. It is good to record stories from our life for future generations to enjoy. Each week we have a different topic to write up to 1000 words. You may choose to write a story from your own life, or you may try your hand at fiction or poetry. It is fun to share these stories.
Terms: 1,2,3,4
Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor's contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list. Alternatively, you may enrol online, in which case you will be added to the course waiting list, and the tutor will contact you to finalise your enrolment if a place is or becomes available.

Location: Studio, PPC 7 Matthews Street, Harristown
Dates: 16 Oct 2026 - 4 Dec 2026
Schedule: Weekly on Friday 9:00 AM - 11:00 AM
Class Fee: Members: $25.00 Term 4 2026
Tutor: Anne Mysliwy

RAMBLING WRITERS (2026 Term 4)

RAMBLING WRITERS
Rambling Writers is a small group of people who enjoy writing stories of no more than 1000 words, either true or not so true. We share our weekly story based on a topic provided by one of the members. Topics evoke something from our past, either happy, sad or funny which we can write about. We just enjoy putting to use the vast amount of words and knowledge we have acquired over our lifetime.
Terms: 1,2,3,4
Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor's contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list.

Location: Studio, PPC 7 Matthews Street, Harristown
Dates: 16 Oct 2026 - 4 Dec 2026
Schedule: Weekly on Friday 2:00 PM - 4:00 PM
Class Fee: Members: $25.00 Term 4 2026
Tutor: Susan Smith

Miscellaneous

BIRDING (2026 Term 4)

BIRDING
Discover the diverse birdlife of the Toowoomba and Lockyer Valley regions. Expect to see 30-40 species each outing. Learn identification skills and when and where to find particular species.
Requirements: Binoculars, walking shoes, hat, water bottle, morning tea. Outings are usually 3-4 hours duration. Held monthly.
Terms: 1,2,3,4
Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor's contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list. Alternatively, you may enrol online, in which case you will be added to the course waiting list, and the tutor will contact you to finalise your enrolment if a place is or becomes available.

Location: Various Locations Tutor to Advise
Dates: 6 Oct 2026 - 1 Dec 2026
Schedule: Monthly, first Tuesday 7:00 AM - 11:00 AM
Tutor: Michael Atzeni

IPHONE PHOTOGRAPHY (2026 Term 4)

IPHONE PHOTOGRAPHY
Learn how to get the best out of your smartphones with hands on down to earth advice. The course will cover
- Photography basics,
- Photography in your garden,
- Close ups,
- Landscapes, portraits, and
- Night shots.

The features of iPhones in photography will be explained and demonstrated. The AI features will also be discussed and how they may be useful for you.
There will be a field trip to practice your skills and chance to display your achievements. Discussions will also include archiving options.
The object of the course is for you to be more confident in photography at all levels and especially to be able to get the most from your iPhone.
Terms: 3,4
Enrolment: You can enrol in this course at any time, subject to places being available. If you wish to contact the tutor, their contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the “Contact Tutor” button on our website class list.

Location: The Lab, PPC 7 Matthews Street, Harristown
Dates: 14 Oct 2026 - 2 Dec 2026
Schedule: Weekly on Wednesday 2:00 PM - 3:30 PM
Class Fee: Members: $25.00 Term 4 2026
Tutor: Bruce Shaw

PRACTICAL ASTRONOMY (2026 Term 4)

PRACTICAL ASTRONOMY
This course will cover stars, planets and other interesting objects in the sky. However, the main emphasis will be on things we see every day. These include the position of the sun, the seasons, shape of the moon, solar and lunar eclipse, and the movement of stars. It may also include nights with binoculars and with a good telescope for seeing splendour in the sky.
Terms: 1,2,3,4
Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor’s contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the “Contact Tutor” button on our website class list.

Location: The Lab, PPC 7 Matthews Street, Harristown
Dates: 16 Oct 2026 - 4 Dec 2026
Schedule: Weekly on Friday 11:30 AM - 12:30 PM
Class Fee: Members: $25.00 Term 4 2026
Tutor: Keith Forbes

TRAVEL CLASS (2026 Term 4)

TRAVEL CLASS
Come and join us as we share our travel experiences with photos and presentations.
Terms: 1,2,3,4
Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor’s contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the “Contact Tutor” button on our website class list.

Location: Seventh-day Adventist Hall 669 Greenwattle Street, Glenvale
Dates: 13 Oct 2026 - 1 Dec 2026
Schedule: Weekly on Tuesday 9:30 AM - 11:30 AM
Tutor: Barbara Rose

Music

CHAMBER SINGERS (2026 Term 4)

CHAMBER SINGERS
Songs in a variety of different styles, including Contemporary, Stage and Screen, Traditional and Classical are chosen to keep choral singing alive into our senior years. All levels of ability are welcome whether you are a seasoned chorister or a novice. You do not need to be able to read music, nor do you need to have a strong voice, but the ability to sing in tune is preferable. All arrangements are in three or four-part harmony. Depending on your vocal range and experience you will join the Sopranos, Altos, Tenors or Basses. Performances are limited to daytime and usually in fourth term, singing the repertoire learnt throughout the year.
Terms: 1,2,3,4
Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor’s contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the “Contact Tutor” button on our website class list.

Location: Austral Room, PPC 7 Matthews Street, Harristown
Dates: 16 Oct 2026 - 4 Dec 2026
Schedule: Weekly on Friday 11:30 AM - 1:00 PM
Class Fee: Members: $25.00 Term 4 2026
Tutor: Sue Rutter

GUITAR - INTERMEDIATE GROUP (2026 Term 4)

GUITAR - INTERMEDIATE GROUP
Our Intermediate Guitar group plays all sorts of music suited to guitar while we attempt to master new understanding and knowledge and skills with the guitar fretboard.
Requirements: Intermediate guitarists can play most chords easily and fluently but if you're wanting to take it a bit further, our group is the one for you.
Terms: 1,2,3,4
Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor's contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list.

Location: Austral Room, PPC 7 Matthews Street, Harristown
Dates: 15 Oct 2026 - 3 Dec 2026
Schedule: Weekly on Thursday 2:00 PM - 4:00 PM
Class Fee: Members: $25.00 Term 4 2026
Tutor: Nette Hilton

GUITAR - JAM SESSION - ADVANCED (2026 Term 4)

GUITAR - JAM SESSION - ADVANCED
This is an advanced class where we play and sing in a band setting, with drums and bass guitar accompanying us. We enjoy playing and singing a variety of genres of music including Rock & Roll (60's to 90's), Folk, Country and some Jazz songs.
Requirements: Must be able to play all Open Chords and Barre Chords.
Cost: Students pay $25 per term to cover venue costs. Payable to tutor.
Terms: 1,2,3,4
Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor's contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list. Alternatively, you may enrol online, in which case you will be added to the course waiting list, and the tutor will contact you to finalise your enrolment if a place is or becomes available.

Location: Seventh-day Adventist Hall 669 Greenwattle Street, Glenvale
Dates: 16 Oct 2026 - 4 Dec 2026
Schedule: Weekly on Friday 10:00 AM - 12 noon
Tutor: Joy Farquharson

GUITAR FOR FUN (2026 Term 4)

GUITAR FOR FUN
Requirements: This course is for those with a knowledge of basic chords and who like to belt out a song. Three books are required to be purchased, covering a wide and diverse genre. It is aimed at leaving each session with a smile on your face and a song in your heart.
Terms: 1,2,3,4
Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor's contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list.

Location: Austral Room, PPC 7 Matthews Street, Harristown
Dates: 12 Oct 2026 - 30 Nov 2026
Schedule: Weekly on Monday 11:30 AM - 1:30 PM
Class Fee: Members: $25.00 Term 4 2026
Tutor: Ian Harding

SING A SONG OF SIXPENCE (2026 Term 4)

SING ... SING A SONG OF SIXPENCE
A cosy, friendly fun group, sitting around the piano - as we did growing up - singing beloved melodies from 1880 through to 1980. Limited vacancies.

Terms: 1,2,3,4
Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor's contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list.

Location: Studio, PPC 7 Matthews Street, Harristown
Dates: 16 Oct 2026 - 4 Dec 2026
Schedule: Weekly on Friday 11:30 AM - 1:30 PM
Class Fee: Members: $25.00 Term 4 2026
Tutor: Jeannette Zeller

SINGING FOR FUN (2026 Term 4)

SINGING FOR FUN
Singing for Fun is just that. A class of friendly folk gather to sing a wide range of songs, just for the love of it. New challenging songs added from time to time. You're welcome to join us.
Terms: 1,2,3,4
Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor's contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list.

Location: Playhouse, PPC 7 Matthews Street, Harristown
Dates: 13 Oct 2026 - 1 Dec 2026
Schedule: Weekly on Tuesday 2:00 PM - 4:00 PM
Class Fee: Members: $25.00 Term 4 2026
Tutor: Julia Byrne

SONGBIRDS - LADIES CHORAL GROUP (2026 Term 4)

SONGBIRDS - LADIES CHORAL GROUP
This is a small ladies choral group singing Contemporary repertoire in 3 and 4-part harmony.
The group meets on Thursday afternoons from 2:00pm – 3:30pm in the Studio at the Philharmonic Complex in Matthew Street, Harristown.
Requirements: Confidence in part-singing is essential.
Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor's contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list. Alternatively, you may enrol online, in which case you will be added to the course waiting list, and the tutor will contact you to finalise your enrolment if a place is or becomes available.

Location: Studio, PPC 7 Matthews Street, Harristown
Dates: 15 Oct 2026 - 3 Dec 2026
Schedule: Weekly on Thursday 2:00 PM - 3:30 PM
Class Fee: Members: $25.00 Term 4 2026
Tutor: Sue Rutter

TOOWOOMBA FOG JUG BAND (2026 Term 4)

'TOOWOOMBA FOG' JUG BAND
We play blues, country, traditional, folk and jug music using guitars, banjos, ukuleles, jugs and washboards. Tutor has put together three song books containing 125 songs. We play for our own enjoyment and have played at several outside functions during 2025 (and on the U3A Toowoomba C.O.F. float.)
Requirements: We need the following experienced musicians: male vocalist/ guitarist, lead guitar, country fiddle, mouth organ or keyboard player.
Terms: 1,2,3,4
Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor's contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list.

Location: Highfields Church of Christ Hall 6 Highfields Road, Highfields 4352
Dates: 14 Oct 2026 - 2 Dec 2026
Schedule: Weekly on Wednesday 1:30 PM - 4:30 PM
Tutor: Bruce Arthur

U3A CHIMESTERS (2026 Term 4)

U3A CHIMESTERS

The U3A Chimesters will be a new musical ensemble who will perform on tuned hand chimes, the sound of which is beautifully gentle to the ear. Each musician is allocated two chimes, which they ring whenever those assigned notes appear in the music. This is a beginner group, and no musical experience is required, although the ability to read musical notation is an advantage. The three-octave hand chime set is on loan from the Toowoomba Handbell Choir. An additional $10 fee per term covers a contribution to their maintenance as well as suitable music scores.
Terms: 2,3,4
Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor's contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list.

Location: Studio, PPC 7 Matthews Street, Harristown
Dates: 13 Oct 2026 - 1 Dec 2026
Schedule: Weekly on Tuesday 2:00 PM - 4:00 PM
Class Fee: Members: $25.00 Term 4 2026
Tutor: Eddy Van Klinken

UKULELE FOR FUN - ADVANCED (2026 Term 4)

UKULELE FOR FUN - ADVANCED
A class for students who can play and want to continue having fun playing the ukulele.
Requirements: Must be able to play ukulele.
Cost: There will be a cost to members to cover the venue hire, payable to the tutor.
Terms: 1,2,3,4
Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor's contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list.

Location: Seventh-day Adventist Hall 669 Greenwattle Street, Glenvale
Dates: 13 Oct 2026 - 1 Dec 2026
Schedule: Weekly on Tuesday 1:00 PM - 2:00 PM
Tutor: Marita Rayner, David Rayner

UKULELE FOR FUN - BEGINNERS ONLY (2026 Term 4)

UKULELE FOR FUN - BEGINNERS ONLY
Learn how to play the Ukulele from the beginning. Knowledge of music is not required, easy learning by chords only. The idea is to play, sing and have fun with no stress! Backing tracks will be used in the class.
Requirements: You will need a Ukulele instrument (Soprano or Concert size);- A Tuner; A USB Stick; A Songbook (Purchase at first lesson - cost to be advised)
Cost: $2 /week to cover venue hire or $20/term, payable to the Tutor.
Terms: 1,2,3,4
Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor's contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list. Alternatively, you may enrol online, in which case you will be added to the course waiting list, and the tutor will contact you to finalise your enrolment if a place is or becomes available.

Location: Seventh-day Adventist Hall 669 Greenwattle Street, Glenvale
Dates: 13 Oct 2026 - 1 Dec 2026
Schedule: Weekly on Tuesday 9:30 AM - 10:30 AM
Tutor: Trish Proud, Claire Petterson

UKULELE FOR FUN - INTERMEDIATE (2026 Term 4)

UKULELE FOR FUN - INTERMEDIATE
Requirements: This class is for participants who can play a ukulele but not ready for the advanced class.
Cost: There will be a cost to members to cover the venue hire, payable to the tutor.
Terms: 1,2,3,4
Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor's contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list.

Location: Seventh-day Adventist Hall 669 Greenwattle Street, Glenvale
Dates: 13 Oct 2026 - 1 Dec 2026
Schedule: Weekly on Tuesday 11:00 AM - 12 noon
Tutor: Marita Rayner, David Rayner

Pittsworth

ART - WEDNESDAYS (2026 Term 4)

ART - WEDNESDAYS
Come and join us on Wednesday mornings for a few hours of learning and fun. Beginners, experienced artists and all levels in between are welcome. Individual help will be given if needed as you work on your own reference material. Come and enjoy an atmosphere of friendship and creativity in the Art Gallery in the lovely town of Pittsworth.
Cost: A small fee to cover venue costs.
Terms: 1,2,3,4
Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor's contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list.

Location: Pittsworth Art Gallery 45 Short St, Pittsworth
Dates: 14 Oct 2026 - 2 Dec 2026
Schedule: Weekly on Wednesday 9:00 AM - 1:30 PM
Tutor: Cecelia Krieg

BASIC PHOTO EDITING - EVERY 3RD WEDNESDAY OF THE MONTH (2026 Term 4)

BASIC PHOTO EDITING - EVERY 3RD WEDNESDAY OF THE MONTH
Basic photo editing using Photoshop elements. Learn how to use the most important tools. Learn the importance of selections and layers. Bring your own laptop.
Cost: $5 per attendance to cover rent, electricity, printing and morning tea. Payable to tutor.
Terms: 1,2,3,4
Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor's contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list. Alternatively, you may enrol online, in which case you will be added to the course waiting list, and the tutor will contact you to finalise your enrolment if a place is or becomes available.

Location: Pittsworth Function Centre 42 Hume Street, Pittsworth
Dates: 21 Oct 2026 - 16 Dec 2026
Schedule: Monthly, third Wednesday 9:30 AM - 11:30 AM
Tutor: Inge Gajczak

CRYPTIC CROSSWORDS - ALTERNATE MONDAYS - PITTSWORTH (2026 Term 4)

CRYPTIC CROSSWORDS - ALTERNATE MONDAYS - PITTSWORTH
The aim is for participants to experience the pleasing satisfaction of successfully solving a variety of cryptic puzzles and crosswords and to enjoy the social contact.
Cost: A small cost to students to cover venue rent and class materials. Payable to tutor.
Terms: 1,2,3,4
Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor's contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list.

Location: Pittsworth Pioneer Village 16 Pioneer Way, Pittsworth
Dates: 12 Oct 2026 - 7 Dec 2026
Schedule: Fortnightly on Monday 4:00 PM - 5:00 PM
Tutor: Scotia McCawley

IMPROVE YOUR PHOTOGRAPHY - EVERY 2ND WEDNESDAY OF THE MONTH (2026 Term 4)

IMPROVE YOUR PHOTOGRAPHY - EVERY 2ND WEDNESDAY OF THE MONTH
Learn to understand your camera and explore options beyond automatic mode. Learn about your camera settings, exposure triangle, composition, depth of field and much more. You will spend some time indoors to learn about the boring but important things to take good photographs, but you will also go outside to practice what you learned.
Cost: $5 per attendance to cover rent, electricity, printing and morning tea. Payable to tutor.
Terms: 1,2,3,4
Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor's contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list. Alternatively, you may enrol online, in which case you will be added to the course waiting list, and the tutor will contact you to finalise your enrolment if a place is or becomes available.

Location: Pittsworth Function Centre 42 Hume Street, Pittsworth
Dates: 14 Oct 2026 - 9 Dec 2026
Schedule: Monthly, second Wednesday 9:30 AM - 11:30 AM
Tutor: Inge Gajczak

LINE DANCING - PITTSWORTH (2026 Term 4)

LINE DANCING - PITTSWORTH
A fun time - if you enjoy movement in good company, then this is the group for you.
Cost: A small cost to students to cover venue. Payable to tutor.
Terms: 1,2,3,4
Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor's contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list.

Location: The Grange Village Pittsworth
Dates: 15 Oct 2026 - 3 Dec 2026
Schedule: Weekly on Thursday 4:00 PM - 5:30 PM
Tutor: Barbara Vines

LUNCH GROUP D - PITTSWORTH - 3RD FRIDAY OF EACH MONTH (2026 Term 4)

LUNCH GROUP D - PITTSWORTH - 3RD FRIDAY OF EACH MONTH
Members meet socially for lunch at a venue designated by the Tutor once a month during term. All members from other U3A courses are most welcome. RSVP the Wednesday before for catering purposes and carpooling arrangements, if necessary, when travelling outside of Pittsworth. Class participants pay for their own lunch.
Terms: 1,2,3,4
Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor's contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list. Alternatively, you may enrol online, in which case you will be added to the course waiting list, and the tutor will contact you to finalise your enrolment if a place is or becomes available.

Location: Various Locations Tutor to Advise
Dates: 16 Oct 2026 - 18 Dec 2026
Schedule: Monthly, third Friday 12 noon - 2:00 PM
Tutor: Lyndall Madden

SINGING FOR FUN - ALTERNATE WEDNESDAYS - PITTSWORTH (2026 Term 4)

SINGING FOR FUN - ALTERNATE WEDNESDAYS - PITTSWORTH
Join a friendly group of people to sing a variety of songs from the genres of Musical Theatre, Pop and Golden Oldies.
Cost: Small cost to members to cover the venue hire, payable to the tutor.
Terms: 1,2,3,4
Enrolment: You can enrol in this course at any time, subject to places being available. If you wish to contact the tutor, their contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list.

Location: Pittsworth Senior Citizens Rooms Pittsworth
Dates: 14 Oct 2026 - 2 Dec 2026
Schedule: Fortnightly on Wednesday 1:30 PM - 3:30 PM
Tutor: Cheryl Fowler

UKULELE FOR FUN - PITTSWORTH (2026 Term 4)

UKULELE FOR FUN - PITTSWORTH
Ukulele classes for beginners to intermediate. All you need is a ukulele, song sheets provided. A morning of music, fun and great company.
Cost: A small cost to students to cover venue costs. Payable to tutor.
Terms: 1,2,3,4
Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor's contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list.

Location: The Grange Village Pittsworth

Dates: 16 Oct 2026 - 4 Dec 2026
Schedule: Weekly on Friday 9:00 AM - 10:30 AM
Tutor: Trish Arnold

Social Outings

LUNCH GROUP C - 3rd Friday of Month (2026 Term 4)

LUNCH GROUP C - 3rd Friday of Month
We attend lunch at various restaurants around Toowoomba each month January through to November. Class participants pay for their own lunch.
Terms: 1,2,3,4
Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor's contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list.

Location: Various Locations Tutor to Advise
Dates: 16 Oct 2026 - 18 Dec 2026
Schedule: Monthly, third Friday 12 noon - 2:00 PM
Tutor: Dianne Turner

MOVIE GROUP - FIRST FRIDAY OF THE MONTH (2026 Term 4)

MOVIE GROUP - FIRST FRIDAY OF THE MONTH
We attend a movie and lunch on the first Friday of each month - February through to December. Class participants pay for their own lunch and movie ticket.
Terms: 1,2,3,4
Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor's contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list.

Location: To Be Advised Ask Tutor
Dates: 6 Nov 2026 - 4 Dec 2026
Schedule: Monthly, first Friday 10:00 AM - 2:00 PM
Tutor: Dianne Turner

Sports & Physical Activities

AQUA AEROBICS GENTLE EXERCISES - SATURDAY (2026 Term 4)

AQUA AEROBICS GENTLE EXERCISES - SATURDAY
Would you like an exercise to stay fit and mobile but find it hard on your joints? Have you considered Aqua Aerobics. It is a fun low impact exercise in shallow water that helps maintain and improve your balance, flexibility, endurance and strength. After a workout in the heated pool, you feel energised and ready to tackle your day, with no thought of 'oh my aching joints'.
Requirements: Main requirements are to have fun with convivial company and the ability to get in and out of the pool, via steps set directly into the pool wall; there is no ramp or lift at this facility.
Note: This course and venue do not currently offer specialised accessibility assistance or adaptive equipment. If you require further information in this regard, contact the tutor.
Doors open at 6:40 am. Members may access the pool from 6:45am to 7:00am for 15 minutes of personal exercise of their choice. The class officially begins with the tutor at 7:00am and concludes at 7:30am. Qualified First Aiders are always present.
Terms: 1,2,3,4
Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor's contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list. Alternatively, you may enrol online, in which case you will be added to the course waiting list, and the tutor will contact you to finalise your enrolment if a place is or becomes available.

Location: Concordia Aquatic Centre 154 Stephen St, Harristown
Dates: 10 Oct 2026 - 12 Dec 2026
Schedule: Weekly on Saturday 6:45 AM - 7:30 AM
Class Fee: Members: $30.00 Term 4 2026
Tutor: Rosalie Trim

AQUA AEROBICS GENTLE EXERCISES - THURSDAY (2026 Term 4)

AQUA AEROBICS GENTLE EXERCISES - THURSDAY

Would you like an exercise to stay fit and mobile but find it hard on your joints? Have you considered Aqua Aerobics. It is a fun low impact exercise in shallow water that helps maintain and improve your balance, flexibility, endurance and strength. After a workout in the heated pool, you feel energised and ready to tackle your day, with no thought of 'oh my aching joints'.

Requirements: Main requirements are to have fun with convivial company and the ability to get in and out of the pool, via steps set directly into the pool wall; there is no ramp or lift at this facility.

Note: This course and venue do not currently offer specialised accessibility assistance or adaptive equipment. If you require further information in this regard, contact the tutor.

Doors open at 6:40 am. Members may access the pool from 6:45am to 7:00am for 15 minutes of personal exercise of their choice. The class officially begins with the tutor at 7:00am and concludes at 7:30am. Qualified First Aiders are always present.

Terms: 1,2,3,4

Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor's contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list. Alternatively, you may enrol online, in which case you will be added to the course waiting list, and the tutor will contact you to finalise your enrolment if a place is or becomes available.

Location: Concordia Aquatic Centre 154 Stephen St, Harristown
Dates: 8 Oct 2026 - 10 Dec 2026
Schedule: Weekly on Thursday 6:45 AM - 7:30 AM
Class Fee: Members: $30.00 Term 4 2026
Tutor: Rosalie Trim, Susan Berthelsen

AQUA AEROBICS GENTLE EXERCISES - TUESDAY (2026 Term 4)

AQUA AEROBICS GENTLE EXERCISES - TUESDAY

Would you like an exercise to stay fit and mobile but find it hard on your joints? Have you considered Aqua Aerobics. It is a fun low impact exercise in shallow water that helps maintain and improve your balance, flexibility, endurance and strength. After a workout in the heated pool, you feel energised and ready to tackle your day, with no thought of 'oh my aching joints'.

Requirements: Main requirements are to have fun with convivial company and the ability to get in and out of the pool, via steps set directly into the pool wall; there is no ramp or lift at this facility.

Note: This course and venue do not currently offer specialised accessibility assistance or adaptive equipment. If you require further information in this regard, contact the tutor.

Doors open at 6:40 am. Members may access the pool from 6:45am to 7:00am for 15 minutes of personal exercise of their choice. The class officially begins with the tutor at 7:00am and concludes at 7:30am. Qualified First Aiders are always present.

Terms: 1,2,3,4

Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor's contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list. Alternatively, you may enrol online, in which case you will be added to the course waiting list, and the tutor will contact you to finalise your enrolment if a place is or becomes available.

Location: Concordia Aquatic Centre 154 Stephen St, Harristown
Dates: 6 Oct 2026 - 8 Dec 2026
Schedule: Weekly on Tuesday 6:45 AM - 7:30 AM
Class Fee: Members: $30.00 Term 4 2026
Tutor: Rosalie Trim, Susan Berthelsen

ARCHERY - TARGET ARCHERY (2026 Term 4)

ARCHERY - TARGET ARCHERY

Both men and women enjoy this activity. Full instruction is provided to assist in rapid learning and ongoing development. The Archery shooting line now has a shade cover to improve our comfort over summer.

Requirements: You don't have to be strong or really fit but the exercise is an excellent addition to daily activity which we follow up with a coffee and biscuit. The archery takes place using either your own equipment or Toowoomba Company of Archers equipment.

Covered in shoes are essential.

Note: This course and venue do not currently offer specialised accessibility assistance or adaptive equipment. If you require further information in this regard, contact the tutor.

Terms: 1,2,3,4

Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor's contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list.

Location: Charlton Archery Range 10648 Warrego Hwy, Charlton
Dates: 24 Sep 2026 - 10 Dec 2026
Schedule: Weekly on Thursday 10:00 AM - 11:30 AM
Tutor: Allan James Crichton

BADMINTON (2026 Term 4)

BADMINTON
A very friendly group; we enjoy coffee and lunch sometimes. Learn and play badminton for fun, fitness and enjoyment.
Terms: 1,2,3,4
Enrolment: You can enrol in this course at any time, subject to places being available. If you wish to contact the tutor, their contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list.

Location: Clive Berghofer Centre, Baker St Baker St
Dates: 15 Oct 2026 - 3 Dec 2026
Schedule: Weekly on Thursday 9:00 AM - 11:00 AM
Tutor: Andrew Trim

CIRCLE DANCING (2026 Term 4)

CIRCLE DANCING
Circle Dancing is a blend of folk and meditative dance. We dance to music from many countries, celebrating the seasons, nature, the earth, the diversity of different cultures etc. We enjoy the movement of dance. Great for the body, mind and spirit.
Requirements: A reasonable balance for direction change.
Terms: 1,2,3,4
Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor's contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list. Alternatively, you may enrol online, in which case you will be added to the course waiting list, and the tutor will contact you to finalise your enrolment if a place is or becomes available.

Location: Playhouse, PPC 7 Matthews Street, Harristown
Dates: 15 Oct 2026 - 3 Dec 2026
Schedule: Weekly on Thursday 9:30 AM - 11:00 AM
Class Fee: Members: $25.00 Term 4 2026
Tutor: Michael Rooke, Joanne Anderson

EXERCISE FOR THE WELL MEANING (2026 Term 4)

EXERCISE FOR THE WELL MEANING
Do you find yourself always meaning to exercise but don't get around to it? If so, this class could get you up and going. The exercises are easy single moves based on the gentle art of tai chi, using the body's own weight for balance and strength. They can be performed in a small space, anytime or even sitting on a chair.
Terms: 1,2,3,4
Enrolment: You can enrol in this course at any time, subject to places being available. If you wish to contact the tutor, their contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list.

Location: Playhouse, PPC 7 Matthews Street, Harristown
Dates: 12 Oct 2026 - 30 Nov 2026
Schedule: Weekly on Monday 9:30 AM - 10:30 AM
Class Fee: Members: $25.00 Term 4 2026
Tutor: Marie Kajewski

GATEBALL - SATURDAY (2026 Term 4)

GATEBALL - SATURDAY
An action-packed game played between two teams of 5 players each, on a half croquet lawn. All equipment supplied. A quick and easy game to learn.
Cost: First 3 lessons free and then $5.00 each time. Payable to tutor. Morning tea supplied.
Terms: 1,2,3,4

Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor's contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list.

Location: Croquet Club Corner Arthur & Lindsay Streets
Dates: 26 Sep 2026 - 12 Dec 2026
Schedule: Weekly on Saturday 8:30 AM - 11:00 AM
Tutor: Sandra Reynolds

GATEBALL - TUESDAY (2026 Term 4)

GATEBALL - TUESDAY
An action-packed game played between two teams of 5 players each, on a half croquet lawn. All equipment supplied. A quick and easy game to learn.
Cost: First 3 lessons free and then $5.00 each time. Payable to tutor. Morning tea supplied.
Terms: 1,2,3,4
Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor's contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list.

Location: Croquet Club Corner Arthur & Lindsay Streets
Dates: 22 Sep 2026 - 8 Dec 2026
Schedule: Weekly on Tuesday 8:30 AM - 11:00 AM
Tutor: Sandra Reynolds

GOLF CROQUET - FRIDAY (2026 Term 4)

GOLF CROQUET - FRIDAY
Easy to learn game, using a full croquet lawn. All equipment supplied.
Cost: A small charge to cover venue and morning tea. Payable to tutor.
Terms: 1,2,3,4
Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor's contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list.

Location: Croquet Club Corner Arthur & Lindsay Streets
Dates: 16 Oct 2026 - 4 Dec 2026
Schedule: Weekly on Friday 8:30 AM - 10:30 AM
Tutor: Betty Salter

GOLF CROQUET - WEDNESDAY (2026 Term 4)

GOLF CROQUET - WEDNESDAY
Easy to learn game, using a full croquet lawn. All equipment supplied.
Cost: A small charge to cover venue and morning tea. Payable to tutor.
Terms: 1,2,3,4
Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor's contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list.

Location: Croquet Club Corner Arthur & Lindsay Streets
Dates: 14 Oct 2026 - 2 Dec 2026
Schedule: Weekly on Wednesday 8:15 AM - 10:45 AM
Tutor: Betty Salter

LAWN BOWLS - LINDSAY STREET (2026 Term 4)

LAWN BOWLS - LINDSAY STREET
Summer time: 2.30pm - 4.30pm
Winter time: 2.00pm - 4.00pm
Learn Lawn Bowls at Toowoomba Bowls Club, 40 Lindsay Street, East Toowoomba, opposite Botanic Gardens. Please bring a hat, flat shoes (no heels), water bottle.
Cost: $25 per term for hire of club equipment. Payable to tutor.
Terms: 1,2,3,4

Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor's contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list.

Location: Toowoomba Bowls Club 40 Lindsay Street, East Toowoomba
Dates: 24 Sep 2026 - 17 Dec 2026
Schedule: Weekly on Thursday 2:00 PM - 4:00 PM
Tutor: Kevin Cotterell

LAWN BOWLS - VICTORIA STREET (2026 Term 4)

LAWN BOWLS - VICTORIA STREET
Learn to play lawn bowls with a qualified coach in a friendly atmosphere. Lawn Bowls is a sport for all people, regardless of age, gender, ability, ethnicity, or background. Bowls are supplied. You will need a hat, water and flat-soled shoes.
Terms: 1,2,3,4
Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor's contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list.

Location: City Bowls Club 41 Victoria St, Toowoomba
Dates: 13 Oct 2026 - 1 Dec 2026
Schedule: Weekly on Tuesday 1:00 PM - 3:00 PM
Tutor: Bill Tedford

LINE DANCING - BEGINNERS (2026 Term 4)

LINE DANCING - BEGINNERS
Dancing for fun, exercise and enjoyment. It is beneficial for mind and body and no partner is required. Open for males and females. Enquiries more than welcome!
Requirements: A reasonable level of fitness is required. Wear comfortable shoes for dancing. This is primarily a beginner class. U3A members who learnt in previous years are welcome from 9:30 am, providing their are spaces available, please consult with the tutor.
Cost: A small additional fee payable to the tutor for class materials.
Terms: 1,2,3,4
Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor's contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list.

Location: St Pauls Lutheran Church 24-28 Phillip Street, Toowoomba
Dates: 13 Oct 2026 - 1 Dec 2026
Schedule: Weekly on Tuesday 9:00 AM - 12 noon
Class Fee: Members: $35.00 Term 4 2026
Tutor: Beverley English

PICKLEBALL at GLENNIE - FRIDAY (2026 Term 4)

PICKLEBALL - FRIDAY
Pickleball is a paddle sport you can learn in minutes and play for a lifetime. It brings together elements of tennis, badminton and ping pong to create a sport that's fun for all ages and skill levels but gets fast paced and exhilarating at competitive levels. Pickleball is played every Monday, Tuesday, Friday & Saturday from 8:30am to 10:30am.
It's played on a half-sized tennis court, and so, has a lower impact than tennis and is easier on the body. It focuses on quick reflexes rather than powerful serves or running speed. These differences open pickleball up to a greater range of players. Whether you are competitive or just want to get involved in something fun, social and active, pickleball is for you!
Requirements: A reasonable level of fitness - Pickleball is a fast-paced sport involving sudden movements, changes of direction, quick reflexes and balance. No equipment necessary, besides stable sports shoes with good grips, and a water bottle.
Note: This course and venue do not currently offer specialised accessibility assistance or adaptive equipment. If you require further information in this regard, contact the tutor.
Cost: $10 payment to the venue per student per class.
Terms: 1,2,3,4
Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor's contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list. Alternatively, you may enrol online, in which case you will be added to the course waiting list, and the tutor will contact you to finalise your enrolment if a place is or becomes available.

Location: Glennie School, Clive Berghofer Centre 39-45 Vacy Street, Newtown
Dates: 9 Oct 2026 - 4 Dec 2026
Schedule: Weekly on Friday 8:30 AM - 10:30 AM
Tutor: Wendy Davies

PICKLEBALL at GLENNIE - MONDAY (2026 Term 4)

PICKLEBALL - MONDAY
Pickleball is a paddle sport you can learn in minutes and play for a lifetime. It brings together elements of tennis, badminton and ping pong to create a sport that's fun for all ages and skill levels but gets fast paced and exhilarating at competitive levels. Pickleball is played every Monday, Tuesday, Friday & Saturday from 8:30am to 10:30am.
It's played on a half-sized tennis court, and so, has a lower impact than tennis and is easier on the body. It focuses on quick reflexes rather than powerful serves or running speed. These differences open pickleball up to a greater range of players. Whether you are competitive or just want to get involved in something fun, social and active, pickleball is for you!
Requirements: A reasonable level of fitness - Pickleball is a fast-paced sport involving sudden movements, changes of direction, quick reflexes and balance. No equipment necessary, besides stable sports shoes with good grips, and a water bottle. No equipment necessary, besides stable sports shoes with good grips, and a water bottle.
Note: This course and venue do not currently offer specialised accessibility assistance or adaptive equipment. If you require further information in this regard, contact the tutor.
Cost: $10 payment to the venue per student per class.
Terms: 1,2,3,4
Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor's contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list. Alternatively, you may enrol online, in which case you will be added to the course waiting list, and the tutor will contact you to finalise your enrolment if a place is or becomes available.

Location: Glennie School, Clive Berghofer Centre 39-45 Vacy Street, Newtown
Dates: 12 Oct 2026 - 30 Nov 2026
Schedule: Weekly on Monday 8:30 AM - 10:30 AM
Tutor: Wendy Davies

PICKLEBALL at GLENNIE - SATURDAY (2026 Term 4)

PICKLEBALL - SATURDAY
Pickleball is a paddle sport you can learn in minutes and play for a lifetime. It brings together elements of tennis, badminton and ping pong to create a sport that's fun for all ages and skill levels but gets fast paced and exhilarating at competitive levels. Pickleball is played every Monday, Tuesday, Friday & Saturday from 8:30am to 10:30am.
It's played on a half-sized tennis court, and so, has a lower impact than tennis and is easier on the body. It focuses on quick reflexes rather than powerful serves or running speed. These differences open pickleball up to a greater range of players. Whether you are competitive or just want to get involved in something fun, social and active, pickleball is for you!
Requirements: A reasonable level of fitness - Pickleball is a fast-paced sport involving sudden movements, changes of direction, quick reflexes and balance. No equipment necessary, besides stable sports shoes with good grips, and a water bottle.
Note: This course and venue do not currently offer specialised accessibility assistance or adaptive equipment. If you require further information in this regard, contact the tutor.
Cost: $12 payment to the venue per student per class.
Terms: 1,2,3,4
Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor's contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list. Alternatively, you may enrol online, in which case you will be added to the course waiting list, and the tutor will contact you to finalise your enrolment if a place is or becomes available.

Location: Glennie School, Clive Berghofer Centre 39-45 Vacy Street, Newtown
Dates: 10 Oct 2026 - 28 Nov 2026
Schedule: Weekly on Saturday 8:30 AM - 10:30 AM
Tutor: Wendy Davies

PICKLEBALL at GLENNIE - TUESDAY (2026 Term 4)

PICKLEBALL - TUESDAY
Pickleball is a paddle sport you can learn in minutes and play for a lifetime. It brings together elements of tennis, badminton and ping pong to create a sport that's fun for all ages and skill levels but gets fast paced and exhilarating at competitive levels. Pickleball is played every Monday, Tuesday, Friday & Saturday from 8:30am to 10:30am.
It's played on a half-sized tennis court, and so, has a lower impact than tennis and is easier on the body. It focuses on quick reflexes rather than powerful serves or running speed. These differences open pickleball up to a greater range of players. Whether you are competitive or just want to get involved in something fun, social and active, pickleball is for you!

Requirements: A reasonable level of fitness - Pickleball is a fast-paced sport involving sudden movements, changes of direction, quick reflexes and balance. No equipment necessary, besides stable sports shoes with good grips, and a water bottle.
Note: This course and venue do not currently offer specialised accessibility assistance or adaptive equipment. If you require further information in this regard, contact the tutor.
Cost: $10 payment to the venue per student per class.
Terms: 1,2,3,4
Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor's contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list. Alternatively, you may enrol online, in which case you will be added to the course waiting list, and the tutor will contact you to finalise your enrolment if a place is or becomes available.

Location: Glennie School, Clive Berghofer Centre 39-45 Vacy Street, Newtown
Dates: 6 Oct 2026 - 24 Nov 2026
Schedule: Weekly on Tuesday 8:30 AM - 10:30 AM
Tutor: Wendy Davies

SCOTTISH COUNTRY DANCING (2026 Term 4)

SCOTTISH COUNTRY DANCING
We dance a variety of dances each term from 300 years ago to dances devised in recent times.
Beginners are welcome in Term 1. Class timings are 9.15am - 10.45am for simple and intermediate dances. From 10.45am is for experienced dancers interested in more challenging dances - dancers must know the basic dance figures before joining this time slot.
Cost: There will be a small cost to members to cover the venue rent. Payable to tutor.
Terms: 1,2,3,4
Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor's contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list.

Location: Greek Orthodox Community Hall Corner Perth & Hume Streets
Dates: 8 Oct 2026 - 10 Dec 2026
Schedule: Weekly on Thursday 9:00 AM - 12 noon
Tutor: Margaret Connell

SOCIAL DANCING - A MIXTURE OF OLD TIME/NEW VOGUE (2026 Term 4)

SOCIAL DANCING - A MIXTURE OF OLD TIME/NEW VOGUE
This course may not suit Beginners. This session offers two hours of dancing to recorded music and the opportunity to socialise and make new friends. Dances are varied and include Pride of Erin, Gypsy Tap, Evening 3 Step, Merrilyn, Carousel etc.
Requirements: You MUST have a partner, and you will also need to have had previous Old Time dancing experience or be a capable "self-learner" as we do not teach but do offer guidance.
Cost: There will be a small cost to members to cover the venue rent. Payable to tutor.
Terms: 1,2,3,4
Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor's contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list.

Location: Drayton Hall 39 Brisbane St, Drayton
Dates: 16 Oct 2026 - 4 Dec 2026
Schedule: Weekly on Friday 2:00 PM - 4:00 PM
Tutor: Diane & Ron

SWIMMING - THURSDAY (2026 Term 4)

SWIMMING - THURSDAY
For our sessions, the Concordia Aquatic Centre (377 South St, Harristown) provides a heated 25 metre pool for the exclusive use of U3A members. Qualified First Aiders are always present. The water is lovely and warm on a cold Toowoomba morning. Swimming is an excellent low impact exercise and we welcome new members.
Requirements: Those interested in joining must be competent swimmers able to swim 25 metres unaided and in water to a depth of 2 metres. There is no speed requirement, although you will be sharing a lane with other swimmers.
It's about you as an individual, so you can gradually build your stamina – increasing the number of laps you do until you reach your goal. While there are a few hares in the group, there are just as many tortoises.
Access into the pool is via steps set directly into the pool wall; there is no ramp or lift at this facility.

Note: This course and venue do not currently offer specialised accessibility assistance or adaptive equipment. If you require further information in this regard, contact the tutor.
Terms: 1,2,3,4
Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor's contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list. Alternatively, you may enrol online, in which case you will be added to the course waiting list, and the tutor will contact you to finalise your enrolment if a place is or becomes available.

Location: Concordia Aquatic Centre 154 Stephen St, Harristown
Dates: 8 Oct 2026 - 10 Dec 2026
Schedule: Weekly on Thursday 5:45 AM - 6:30 AM
Class Fee: Members: $30.00 Term 4 2026
Tutor: Jacky Cribb, Roswitha McGuire

SWIMMING - TUESDAY (2026 Term 4)

SWIMMING - TUESDAY
For our sessions, the Concordia Aquatic Centre (377 South St, Harristown) provides a heated 25 metre pool for the exclusive use of U3A members. Qualified First Aiders are always present. The water is lovely and warm on a cold Toowoomba morning. Swimming is an excellent low impact exercise and we welcome new members.
Requirements: Those interested in joining must be competent swimmers able to swim 25 metres unaided and in water to a depth of 2 metres. There is no speed requirement, although you will be sharing a lane with other swimmers.
It's about you as an individual, so you can gradually build your stamina – increasing the number of laps you do until you reach your goal. While there are a few hares in the group, there are just as many tortoises.
Access into the pool is via steps set directly into the pool wall; there is no ramp or lift at this facility.
Note: This course and venue do not currently offer specialised accessibility assistance or adaptive equipment. If you require further information in this regard, contact the tutor.
Terms: 1,2,3,4
Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor's contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list. Alternatively, you may enrol online, in which case you will be added to the course waiting list, and the tutor will contact you to finalise your enrolment if a place is or becomes available.

Location: Concordia Aquatic Centre 154 Stephen St, Harristown
Dates: 6 Oct 2026 - 8 Dec 2026
Schedule: Weekly on Tuesday 5:45 AM - 6:30 AM
Class Fee: Members: $30.00 Term 4 2026
Tutor: Jacky Cribb, Roswitha McGuire

TENNIS - MORNING (2026 Term 4)

TENNIS - MORNING
An enjoyable morning of social tennis emphasising fun and fitness. Suitable for beginners to intermediate level. Cost $7 per week to cover court hire, morning tea and tennis balls.
Requirements: A reasonable level of fitness and tennis experience. Bring your own tennis racquet, stable sports shoes with good grips, sun protection and a water bottle.
Note: This course and venue do not currently offer specialised accessibility assistance or adaptive equipment. If you require further information in this regard, contact the tutor.
Terms: 1,2,3,4
Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor's contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list. Alternatively, you may enrol online, in which case you will be added to the course waiting list, and the tutor will contact you to finalise your enrolment if a place is or becomes available.

Location: Holy Name Courts West Street
Dates: 12 Oct 2026 - 30 Nov 2026
Schedule: Weekly on Monday 8:00 AM - 12 noon
Tutor: Maureen Dunn

TRACK AND TRAIL WALKING GROUP (2026 Term 4)

TRACK AND TRAIL WALKING GROUP
Track and trail walking is generally along existing walkways in parks, in and around the Toowoomba to Crows Nest regions, including Crows Nest National Park, Lockyer National Park, Deongwar State Forest, Toowoomba Regional Council Parks such as Mt Peel, Redwood Park, Ravensbourne National Park etc. Some extended travel to Mt Cordeau,

Bunyas or Glen Rock may occur. We generally meet and arrange car pooling to travel to the trail head. An email is sent weekly to those enrolled to indicate meeting point and anticipated walk effort. Group size will be limited.
Requirements: Some walks will include undulating hills and on uneven ground, branches and sticks and up hills. Some tracks have vegetation encroaching over the track. The walks range from 6kms - 12kms of walking, so we start reasonably early and a good level of fitness will be required. Suitable clothing for bush walking including stable walking shoes or boots with good grips. Sun protection is appropriate. Morning tea and water must be carried. Most walks do not have toilets available along the route. Time will be allowed at the end of most walks for a self supplied picnic lunch at recognised picnic spots with toilets.
Note: This course and venue do not currently offer specialised accessibility assistance or adaptive equipment. If you require further information in this regard, contact the tutor.
Terms: 1,2,3,4
Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor's contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list.

Location: Various Locations Tutor to Advise
Dates: 21 Sep 2026 - 14 Dec 2026
Schedule: Weekly on Monday 7:30 AM - 1:00 PM
Tutor: Allan James Crichton, Geoffrey Greenwood

WALKING FOR FITNESS (2026 Term 4)

WALKING FOR FITNESS
This is a new group in 2026 and is for members who wish to "walk for fitness". We will start at 8AM in Terms 1 & 4 (summer) and 9AM in Terms 2 & 3. Following the weekly walk we will meet at a local café for morning tea (optional).
Requirements: We will walk between 5.5km and 6 km through parks, footpaths, nature strips and walking tracks within Toowoomba and nearby. Each term will include some walks in bushland parks such as Picnic Point Parklands, Redwood and other local parks on the outskirts of Toowoomba. Stable walking shoes with good grips recommended.
Class fitness eligibility requirements: Participants must be able to comfortably walk at a pace of 5km in 1 hour including hills. e.g. Picnic Point parkland trails or other escarpment tracks.
Before enrolling in the course, it is essential to contact the Tutors to discuss the class eligibility requirements please – Sheila Donaldson or Barbara Luther.
Cost: Participation in morning tea is optional, with costs to be met by the member.
Note: This course and venue do not currently offer specialised accessibility assistance or adaptive equipment. If you require further information in this regard, contact the tutor.
Terms: 1,2,3,4
Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor's contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list. Alternatively, you may enrol online, in which case you will be added to the course waiting list, and the tutor will contact you to finalise your enrolment if a place is or becomes available.

Location: Various Locations Tutor to Advise
Dates: 23 Sep 2026 - 16 Dec 2026
Schedule: Weekly on Wednesday 8:00 AM - 11:00 AM
Tutor: Sheila Donaldson, Barbara Luther

WALKING GROUP - THURSDAY (2026 Term 4)

WALKING GROUP - THURSDAY
We are a friendly group who enjoy walking and talking in our beautiful city and surrounding areas. Relaxing over a coffee after the walk is fun but optional.
Requirements: Walks are about 5 kms long. A reasonable level of fitness is needed and sturdy walking shoes with good grips. Sun protection is recommended.
8am start Terms 1 and 4, 9am start Terms 2 and 3
Terms: 1,2,3,4
Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor's contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list. Alternatively, you may enrol online, in which case you will be added to the course waiting list, and the tutor will contact you to finalise your enrolment if a place is or becomes available.

Location: Various Locations Tutor to Advise
Dates: 15 Oct 2026 - 3 Dec 2026
Schedule: Weekly on Thursday 9:00 AM - 11:00 AM
Tutor: Bill Gabler

WEDNESDAY STROLL PATROL (2026 Term 4)

WEDNESDAY STROLL PATROL

A walking group for those who prefer shorter leisurely walks of approximately 2 kilometres. The walks will be restricted to Toowoomba Parks with stable pathways, seats to rest, toilets and shady areas. Ideal for those who can no longer manage longer walks, or for those wanting to improve their fitness. Lots of opportunities to chat and socialise with like-minded people.

Group will be limited to 25. Relaxing over coffee after the walk is optional but provides a great opportunity to socialise with the other walkers. We usually go to a cafe but sometimes bring a picnic to enjoy in a shady park.

8AM start in Terms 1 and 4

9AM start in Terms 2 and 3

Terms: 1,2,3,4

Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor's contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list. Alternatively, you may enrol online, in which case you will be added to the course waiting list, and the tutor will contact you to finalise your enrolment if a place is or becomes available.

Location: Various Locations Tutor to Advise
Dates: 14 Oct 2026 - 2 Dec 2026
Schedule: Weekly on Wednesday 8:00 AM - 10:00 AM
Tutor: Liz Kennedy, Anna Carson

YOGA (2026 Term 4)

YOGA

This course covers the fundamental principles of yoga which include gentle postures, breathing practice, and meditation. Yoga requires us to be present and alert in our mind so that we move our body with comfort, ease and without pain. Yoga postures can be adapted in many ways to meet the needs of individuals.

Terms: 1,2,3,4

Enrolment: If you wish to enrol in this course, please contact the tutor. The tutor's contact details can be found in the information emailed to financial U3A members. You can also contact the tutor by clicking on the "Contact Tutor" button on our website class list.

Location: Playhouse, PPC 7 Matthews Street, Harristown
Dates: 14 Oct 2026 - 2 Dec 2026
Schedule: Weekly on Wednesday 11:30 AM - 1:30 PM
Class Fee: Members: $25.00 Term 4 2026
Tutor: Robyn Pigozzo, David Pigozzo