



U3A in Toowoomba Inc.

Course Catalogue 2026 Term 1

Published 01 Jan 2026

Table of Contents

Monday	6
APPLE DEVICES A (2026 Term 1)	6
AUSTRALIAN HISTORY & ITS 'EXCEPTIONALISM' (2026 Term 1)	6
BEGINNERS MAHJONG (2026 Term 1)	6
BOOK CLUB A - MODERN AUSTRALIAN WRITERS - 1ST MONDAY OF THE MONTH (2026 Term 1)	6
BOOK CLUB B - MODERN AUSTRALIAN WRITERS - 3RD MONDAY OF THE MONTH (2026 Term 1)	7
COMPUTER SKILLS MADE EASY (2026 Term 1)	7
CRYPTIC CROSSWORDS - ALTERNATE MONDAYS - PITTSWORTH (2026 Term 1)	7
CRYPTIC CROSSWORDS (2026 Term 1)	8
DIVERSE CONVERSATIONS (2026 Term 1)	8
EXERCISE FOR THE WELL MEANING (2026 Term 1)	8
GUITAR FOR FUN (2026 Term 1)	8
INFLATION – NECESSARY EVIL OR JUST A SWINDLE? (2026 Term 1)	9
KNITTING & CROCHET (2026 Term 1)	9
PICKLEBALL at GLENNIE - MONDAY (2026 Term 1)	9
ROUND TABLE DISCUSSION GROUP (2026 Term 1)	9
SPEAKER'S HUB (2026 Term 1)	10
TAI CHI (2026 Term 1)	10
TENNIS - MORNING (2026 Term 1)	10
TRACK AND TRAIL WALKING GROUP (2026 Term 1)	10
Tuesday	11
AQUA AEROBICS GENTLE EXERCISES - TUESDAY (2026 Term 1)	11
BASIC MATHS - ADULT LEVEL (2026 Term 1)	11
BIRDING (2026 Term 1)	11
BOOK DISCUSSION GROUP - 1ST TUESDAY OF MONTH (2026 Term 1)	12
BOTANICAL ART (2026 Term 1)	12
CARDS - 500 (2026 Term 1)	12
CHINESE - MANDARIN (2026 Term 1)	12
EARLY SETTLER FAMILIES OF CROWS NEST & RAVENSBORNE REGION FIRST 50 YEARS (2026 Term 1)	12
EXTRA-TERRESTRIAL DISCUSSION GROUP (2026 Term 1)	13
FRENCH - CONVERSATION (2026 Term 1)	13
GATEBALL (2026 Term 1)	13
HISTORY OF THE 20th CENTURY (2026 Term 1)	14
ITALIAN FOR BEGINNERS (2026 Term 1)	14
LAWN BOWLS - VICTORIA STREET (2026 Term 1)	14
LINE DANCING - BEGINNERS (2026 Term 1)	14
MAHJONG (2026 Term 1)	15
PENTEL DRAWING (2026 Term 1)	15
PHILOSOPHICAL DISCUSSION GROUP (2026 Term 1)	15
PICKLEBALL at GLENNIE - TUESDAY (2026 Term 1)	15
SHIBASHI QIGONG (2026 Term 1)	16

SILENT MEDITATION (2026 Term 1)	16
SINGING FOR FUN (2026 Term 1)	16
SPANISH - CONVERSATION (2026 Term 1)	17
SWIMMING - TUESDAY (2026 Term 1)	17
TRAVEL CLASS (2026 Term 1)	17
UKULELE FOR FUN - ADVANCED (2026 Term 1)	17
UKULELE FOR FUN - BEGINNERS ONLY (2026 Term 1)	18
UKULELE FOR FUN - INTERMEDIATE (2026 Term 1)	18
Wednesday	18
ART - WEDNESDAYS (2026 Term 1)	18
BASIC PHOTO EDITING - EVERY 3RD WEDNESDAY OF THE MONTH (2026 Term 1)	18
BRIDGE FOR BEGINNERS (2026 Term 1)	19
COMPUTER-BASED FAMILY HISTORY (2026 Term 1)	19
EUROPE IN THE MIDDLE AGES (476-1453 AD/CE) (2026 Term 1)	19
GOLF CROQUET - WEDNESDAY (2026 Term 1)	20
IMPROVE YOUR PHOTOGRAPHY - EVERY 2ND WEDNESDAY OF THE MONTH (2026 Term 1)	20
ITALIAN - ONGOING STUDY (2026 Term 1)	20
JAPANESE ONGOING STUDIES (2026 Term 1)	20
PASTEL DRAWING (2026 Term 1)	21
PIONEERS AND PROGRESS: HOW THE OUTBACK WAS TAMED (2026 Term 1)	21
SCRABBLE (2026 Term 1)	21
SEW AND SHARE (2026 Term 1)	21
SING-A-LONG SINGERS (2026 Term 1)	22
SINGING FOR FUN - ALTERNATE WEDNESDAYS - PITTSWORTH (2026 Term 1)	22
SUDOKU (2026 Term 1)	22
TAKE CHARGE OF YOUR LIFE (2026 Term 1)	22
THE WEDNESDAY STROLL PATROL (2026 Term 1)	23
TOOWOOMBA FOG JUG BAND (2026 Term 1)	23
WALKING FOR FITNESS (2026 Term 1)	23
WHAT IS LANGUAGE? (2026 Term 1)	24
WONDERS OF WATERCOLOUR (2026 Term 1)	24
YOGA & AYURVEDA - ANCIENT MEDICINE FOR MODERN TIMES (2026 Term 1)	24
Thursday	25
APPLE DEVICES B (2026 Term 1)	25
AQUA AEROBICS GENTLE EXERCISES - THURSDAY (2026 Term 1)	25
ARCHAEOLOGY ANCIENT HISTORY - CRADLES OF CIVILISATION (2026 Term 1)	25
ARCHERY - TARGET ARCHERY (2026 Term 1)	25
BADMINTON (2026 Term 1)	26
CANASTA (2026 Term 1)	26
CHRISTIANITY AND FEMINISM (2026 Term 1)	26
CIRCLE DANCING (2026 Term 1)	26
DINKY DI BUSH BALLADS AND COUNTRY (2026 Term 1)	27
GERMAN FOR BEGINNERS - CONTINUING (2026 Term 1)	27
GERMAN INTERMEDIATE/ADVANCED CONVERSATION & WRITING (2026 Term 1)	27
GREEN CHICKEN WRITERS (2026 Term 1)	27
GUITAR - INTERMEDIATE GROUP (2026 Term 1)	28

LAWN BOWLS - LINDSAY STREET (2026 Term 1).....	28
LEAD LIGHTING - BEGINNERS (2026 Term 1)	28
LEAD LIGHTING - CONTINUING (2026 Term 1).....	29
LINE DANCING - PITTSWORTH (2026 Term 1)	29
LUNCH GROUP A - LUNCH IN THE COUNTRY (2026 Term 1).....	29
MAHJONG FOR FUN (2026 Term 1)	29
MATHEMATICS IN OUR LIVES (2026 Term 1)	30
MEMOIRS & KEEPSAKES (2026 Term 1)	30
NATURE JOURNALLING (2026 Term 1)	30
SCOTTISH COUNTRY DANCING (2026 Term 1)	30
SHAKESPEARE - A PLAYWRIGHT FOR HIS TIME & OURS (2026 Term 1).....	31
SONGBIRDS - LADIES CHORAL GROUP (2026 Term 1)	31
SWIMMING - THURSDAY (2026 Term 1)	31
SYMPHONIC SOUNDS - ALTERNATE THURSDAYS (2026 Term 1)	32
THE WILD WEST OF THE USA (2026 Term 1).....	32
UKULELE FOR FUN - CROWS NEST (2026 Term 1)	32
WALKING GROUP - THURSDAY (2026 Term 1)	32
Friday	33
BOLIVIA - CARD GAME (2026 Term 1)	33
CHAMBER SINGERS (2026 Term 1)	33
CINEMA OUTING AND LUNCH GROUP (2026 Term 1).....	33
EXTRA-TERRESTRIAL CONTACT PAST & PRESENT (2026 Term 1).....	33
FRENCH - INTERMEDIATE (2026 Term 1)	34
GOLF CROQUET - FRIDAY (2026 Term 1)	34
GUITAR - JAM SESSION - ADVANCED (2026 Term 1).....	34
GUITAR FOR BEGINNERS (2026 Term 1).....	34
ISLES OF THE EVENING: NORTHWARDS, BEYOND THE PILLARS OF HERCULES (2026 Term 1)	35
LUNCH GROUP C - 3rd Friday of Month (2026 Term 1)	35
LUNCH GROUP D - PITTSWORTH - 3RD FRIDAY OF EACH MONTH (2026 Term 1).....	35
LUNCH GROUP E - 3rd Friday of Month (2026 Term 1).....	35
MOVIE GROUP - FIRST FRIDAY OF THE MONTH (2026 Term 1)	36
MULTIMEDIA (2026 Term 1)	36
MY WARDROBE (2026 Term 1).....	36
MYSTERIES OF LIFE: FROM EXTRA-TERRESTRIALS, ARCHAEOLOGICAL ENIGMAS, ANCIENT GODS, RELIGION, SPIRITUALITY, TO CONSCIOUSNESS AND REALITY (2026 Term 1)	36
PICKLEBALL at GLENNIE - FRIDAY (2026 Term 1)	37
QUILTING FOR ADVANCED BEGINNERS (2026 Term 1)	37
RAINBOW WRITERS (2026 Term 1)	37
RAMBLING WRITERS (2026 Term 1).....	38
SING A SONG OF SIXPENCE (2026 Term 1)	38
SOCIAL DANCING - A MIXTURE OF OLD TIME/NEW VOGUE (2026 Term 1).....	38
TAI CHI, MODIFIED YANG STYLE - ADVANCED (2026 Term 1).....	38
UKULELE FOR FUN - PITTSWORTH (2026 Term 1).....	39
WORLD WAR 2 (1939-1945) (2026 Term 1).....	39
Saturday.....	39
AQUA AEROBICS GENTLE EXERCISES - SATURDAY (2026 Term 1)	39

Monday

APPLE DEVICES A (2026 Term 1)

APPLE DEVICES

Learning about using Apple devices, iPads, iPhones, MacBooks, Watches.

Covering subjects like, but not only, Security, Banking, Camera, Photos, Scanning and filing documents, Word Processing, iCloud storage, and much more.

Each lesson will have a leading subject followed by a period of time for students' Q&As.

Terms: 1,3

If you are considering enrolling in this class for the first time, please contact the tutor before doing so. Please refer to the U3A in Toowoomba Inc. Course Book for tutor contact details.

Location: The Lab, PPC 7 Matthews Street, Harristown

Dates: 2 Feb 2026 - 30 Mar 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Weekly on Monday 9:00 AM - 10:15 AM

Class Fee: Members: \$25.00 Term 1 2026

Leaders: Liz Kennedy,

AUSTRALIAN HISTORY & ITS 'EXCEPTIONALISM' (2026 Term 1)

AUSTRALIAN HISTORY & ITS 'EXCEPTIONALISM'

Semester 1 (Terms 1 & 2) The beginnings to 1900. Semester 2 (Terms 3 & 4) 1901 to 2025.

Participants may join both or both semesters.

This course is full of surprises, adventures, incongruities, contradictions and incredibly the events and people you will meet are all true. They all happened. Our history is exceptional, so join in and explore.

Terms: 1,2,3,4

Term 1&3: Weekly on Monday 10:45AM - 1:30PM Term 2&4: Weekly on Monday 10:30AM - 1:30PM

If you are considering enrolling in this class for the first time, please contact the tutor before doing so.

Location: The Lab, PPC 7 Matthews Street, Harristown

Dates: 2 Feb 2026 - 30 Mar 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Weekly on Monday 10:45 AM - 1:30 PM

Class Fee: Members: \$25.00 Term 1 2026

Leaders: Graham Blackman,

BEGINNERS MAHJONG (2026 Term 1)

BEGINNERS MAHJONG

Learn Mahjong in a friendly relaxed environment. This class is suitable for beginner to intermediate level. Please bring your own set of tiles if you have one.

Every Monday excluding Christmas break. Arrive 9.30am for a voluntary set up of tables & chairs, seated prior to 10am for a 10am start. Finish approximately 1pm.

Cost: \$5 per member per attendance which includes tea or coffee and snacks at group break around 11.30-12 noon.

Payable to tutor.

Terms: 1,2,3,4

If you are considering enrolling in this class for the first time, please contact the tutor before doing so. Please refer to the U3A in Toowoomba Inc. Course Book for tutor contact details.

Location: Toowoomba Bowls Club 40 Lindsay Street, East Toowoomba

Dates: 19 Jan 2026 - 30 Mar 2026

Exclusions: No excluded dates

Schedule: Weekly on Monday 9:30 AM - 1:00 PM

Leaders: Diane Van Zeeland,

BOOK CLUB A - MODERN AUSTRALIAN WRITERS - 1ST MONDAY OF THE MONTH (2026 Term 1)

BOOK CLUB A - MODERN AUSTRALIAN WRITERS - 1ST MONDAY OF THE MONTH

We will meet on the first Monday of the month. Dates may vary with Public Holidays. We will continue to explore many more new and well-known, modern Australian writers. Where possible, the books are available through the Toowoomba Library, second-hand bookshops or members may wish to purchase their own copies.

Terms: 1,2,3,4

If you are considering enrolling in this class for the first time, please contact the tutor before doing so. Please refer to the U3A in Toowoomba Inc. Course Book for tutor contact details.

Location: Private Residence Ask Tutor

Dates: 2 Feb 2026 - 2 Mar 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Monthly 1st week of month on Monday 9:30 AM - 11:30 AM

Leaders: Michele McGill,

BOOK CLUB B - MODERN AUSTRALIAN WRITERS - 3RD MONDAY OF THE MONTH (2026 Term 1)

BOOK CLUB B - MODERN AUSTRALIAN WRITERS - 3RD MONDAY OF THE MONTH

We will meet on the third Monday of the month. Dates may vary with Public Holidays. We will continue to explore many more new and well-known, modern Australian writers. Where possible, the books are available through the Toowoomba Library, second-hand bookshops or members may wish to purchase their own copies.

Terms: 1,2,3,4

If you are considering enrolling in this class for the first time, please contact the tutor before doing so. Please refer to the U3A in Toowoomba Inc. Course Book for tutor contact details.

Location: Private Residence Ask Tutor

Dates: 16 Feb 2026 - 16 Mar 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Monthly 3rd week of month on Monday 9:30 AM - 11:30 AM

Leaders: Michele McGill,

COMPUTER SKILLS MADE EASY (2026 Term 1)

COMPUTER SKILLS MADE EASY

This two-hour class runs fortnightly from the first Monday of each term. It assists new and experienced technology users. The first hour is a structured class setting offering basic computer and smartphone instruction. This is followed in the second hour by presentations and discussions of technology subjects.

Subjects include, but are not limited to:

- Computer basics for beginners
- What is a smartphone
- email
- Facebook
- Security and scams

Terms: 1,3

If you are considering enrolling in this class for the first time, please text or email the tutor before doing so. Refer to the U3A in Toowoomba Inc. Course Book for tutor contact details.

Location: Crows Nest Community Centre William St, Crows Nest

Dates: 2 Feb 2026 - 30 Mar 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Fortnightly on Monday 9:30 AM - 11:30 AM

Class Fee: Members: \$15.00 Term 1 2026

Leaders: Graham Moore,

CRYPTIC CROSSWORDS - ALTERNATE MONDAYS - PITTSWORTH (2026 Term 1)

CRYPTIC CROSSWORDS - ALTERNATE MONDAYS - PITTSWORTH

The aim is for participants to experience the pleasing satisfaction of successfully solving a variety of cryptic puzzles and crosswords and to enjoy the social contact.

Cost: A small cost to students to cover venue rent and class materials. Payable to tutor.

Terms: 1,2,3,4

If you are considering enrolling in this class for the first time, please contact the tutor before doing so. Please refer to the U3A in Toowoomba Inc. Course Book for tutor contact details.

Location: Pittsworth Pioneer Village 16 Pioneer Way, Pittsworth

Dates: 2 Feb 2026 - 30 Mar 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Fortnightly on Monday 4:00 PM - 5:00 PM

Leaders: Scotia McCawley,

CRYPTIC CROSSWORDS (2026 Term 1)

CRYPTIC CROSSWORDS

A fun group, where beginners will learn the basic cryptic crossword decoding skills and experienced solvers will be challenged to more difficult puzzles, individually and in discussion with others.

Terms: 1,2,3,4

Location: Austral Room, PPC 7 Matthews Street, Harristown

Dates: 2 Feb 2026 - 30 Mar 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Weekly on Monday 2:00 PM - 4:00 PM

Class Fee: Members: \$25.00 Term 1 2026

Leaders: Rhonda Duck,

DIVERSE CONVERSATIONS (2026 Term 1)

DIVERSE CONVERSATIONS

Unrestricted worldly current events, with the weekly plan to keep member's selected topics moving so that all participate"

Cost: \$20 per term per member, providing sufficient members to cover room rental, coffee, tea and cookies. Payable to tutor.

Terms: 1,2,3,4

If you are considering enrolling in this class for the first time, please contact the tutor before doing so. Please refer to the U3A in Toowoomba Inc. Course Book for tutor contact details.

Location: To Be Advised Ask Tutor

Dates: 12 Jan 2026 - 30 Mar 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Weekly on Monday 1:30 PM - 3:30 PM

Leaders: John W.D. Humphreys,

EXERCISE FOR THE WELL MEANING (2026 Term 1)

EXERCISE FOR THE WELL MEANING

Do you find yourself always meaning to exercise but don't get around to it? If so, this class could get you up and going. The exercises are easy single moves based on the gentle art of tai chi, using the body's own weight for balance and strength. They can be performed in a small space, anytime or even sitting on a chair.

Terms: 1,2,3,4

Location: Playhouse, PPC 7 Matthews Street, Harristown

Dates: 2 Feb 2026 - 30 Mar 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Weekly on Monday 9:30 AM - 10:30 AM

Class Fee: Members: \$25.00 Term 1 2026

Leaders: Marie Kajewski,

GUITAR FOR FUN (2026 Term 1)

GUITAR FOR FUN

This course is for those with a knowledge of basic chords and who like to belt out a song. Three books are required to be purchased, covering a wide and diverse genre. It is aimed at leaving each session with a smile on your face and a song in your heart.

Terms: 1,2,3,4

If you are considering enrolling in this class for the first time, please contact the tutor before doing so. Please refer to the U3A in Toowoomba Inc. Course Book for tutor contact details.

Location: Austral Room, PPC 7 Matthews Street, Harristown

Dates: 2 Feb 2026 - 30 Mar 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Weekly on Monday 11:30 AM - 1:30 PM

Class Fee: Members: \$25.00 Term 1 2026

Leaders: Ian Harding,

INFLATION – NECESSARY EVIL OR JUST A SWINDLE? (2026 Term 1)

INFLATION – NECESSARY EVIL OR JUST A SWINDLE?

The Australian Dollar (and all other currencies) has lost well over 95% of its value in our lifetimes. Inflation, monetary debasement - what is it, will it continue and why do we have to have it? Does it punish savers, workers and the young? Does it reward borrowers, investors, older people and those with easier access to newly created money? Is a fairer system desirable or even possible? And if not, what can be done to protect you and your family from it?

This course looks at the current world financial system, explores possible alternatives and examines the positives and negatives of past, present and future responses to this problem in an uncertain world. Participants are invited to discuss their financial experiences during the presentations and even more formally present their own views on these and related subjects.

The main purpose of this course is to provide entertainment and information in an unbiased format where ideas can be shared, discussed and challenged in a friendly respectful environment.'

Terms: 1,2,3,4

If you are considering enrolling in this class for the first time, please contact the tutor before doing so. Please refer to the U3A in Toowoomba Inc. Course Book for tutor contact details.

Location: Studio, PPC 7 Matthews Street, Harristown

Dates: 2 Feb 2026 - 30 Mar 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Weekly on Monday 9:00 AM - 11:00 AM

Class Fee: Members: \$25.00 Term 1 2026

Leaders: Peter Bevan,

KNITTING & CROCHET (2026 Term 1)

KNITTING & CROCHET

We are a 'chat and do' group! Helping and encouraging each other, we make articles for our families and a variety of charities. There is no tutelage, so come and share your work and techniques.

Terms: 1,2,3,4

If you are considering enrolling in this class for the first time, please contact the tutor before doing so. Please refer to the U3A in Toowoomba Inc. Course Book for tutor contact details.

Location: Studio, PPC 7 Matthews Street, Harristown

Dates: 2 Feb 2026 - 30 Mar 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Weekly on Monday 2:00 PM - 4:00 PM

Class Fee: Members: \$25.00 Term 1 2026

Leaders: Janette Eckersley,

PICKLEBALL at GLENNIE - MONDAY (2026 Term 1)

PICKLEBALL - MONDAY

Pickleball is a paddle sport you can learn in minutes and play for a lifetime. It brings together elements of tennis, badminton and ping pong to create a sport that's fun for all ages and skill levels, but gets fast paced and exhilarating at competitive levels.

It's played on a half-sized tennis court, and so, has a lower impact than tennis and is easier on the body. It focuses on quick reflexes rather than powerful serves or running speed. These differences open pickleball up to a greater range of players. Whether you are competitive or just want to get involved in something fun, social and active, pickleball is for you! Pickleball is played every Monday, Tuesday, Friday and Saturday from 8:30am- 10:30am. No equipment necessary, besides good sports shoes and a water bottle.

Cost \$10 payment to the venue per student per class.

If you are considering enrolling in this class for the first time, please contact the tutor before doing so. Please refer to the U3A in Toowoomba Inc. Course Book for tutor contact details.

Terms: 1,2,3,4

Location: Glennie School, Clive Berghofer Centre 39-45 Vacy Street, Newtown

Dates: 5 Jan 2026 - 30 Mar 2026

Exclusions: 26 Jan 2026, 9 Feb 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Weekly on Monday 8:30 AM - 10:30 AM

Leaders: Wendy Davies,

ROUND TABLE DISCUSSION GROUP (2026 Term 1)

ROUND TABLE DISCUSSION GROUP

Start the week with a little brain awakening. Come and join the interactive round table discussion group on Monday mornings. There is no set agenda, members bring various topics of interest to them. Any topic can bring a very lively discussion, or not! All that is asked is that you bring with you - tolerance. Topics can be varied. New members can join anytime during the terms, as there is no curriculum.

Terms: 1,2,3,4

If you are considering enrolling in this class for the first time, please contact the tutor before doing so. Please refer to the U3A in Toowoomba Inc. Course Book for tutor contact details.

Location: Austral Room, PPC 7 Matthews Street, Harristown

Dates: 2 Feb 2026 - 30 Mar 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Weekly on Monday 9:00 AM - 11:00 AM

Class Fee: Members: \$25.00 Term 1 2026

Leaders: David Nicholls,

SPEAKER'S HUB (2026 Term 1)

SPEAKER'S HUB

Come join this group where you will discover inspiring guest speakers and fellow learners, who will address a variety of topics fortnightly. Grow your knowledge, discover new ideas and perspectives. Be inspired. Be connected and be a part of something revived.

Terms: 1,3,4

Location: Concert Hall, PPC 7 Matthews Street, Harristown

Dates: 2 Feb 2026 - 30 Mar 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Fortnightly on Monday 9:00 AM - 10:30 AM

Class Fee: Members: \$25.00 Term 1 2026

Leaders: Penny Protheroe,

TAI CHI (2026 Term 1)

TAI CHI

Tai Chi involves gentle movements which are fluid and graceful. It can be practiced by people of all ages. It's good for your general wellbeing and can help improve fitness, flexibility, relaxation, circulation, and good balance. It strengthens the body and mental concentration and assists with all aspects of health, therefore allowing you to enjoy your lifestyle.

Terms: 1,2,3,4

If you are considering enrolling in this class for the first time, please contact the tutor before doing so. Please refer to the U3A in Toowoomba Inc. Course Book for tutor contact details.

Location: Playhouse, PPC 7 Matthews Street, Harristown

Dates: 2 Feb 2026 - 30 Mar 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Weekly on Monday 11:00 AM - 1:00 PM

Class Fee: Members: \$25.00 Term 1 2026

Leaders: Lucy White,

TENNIS - MORNING (2026 Term 1)

TENNIS - MORNING

An enjoyable morning of social tennis emphasising fun and fitness. Suitable for beginners to intermediate level. Cost \$8 per week to cover court hire, morning tea and tennis balls.

Terms: 1,2,3,4

If you are considering enrolling in this class for the first time, please contact the tutor before doing so. Please refer to the U3A in Toowoomba Inc. Course Book for tutor contact details.

Location: Holy Name Courts West Street

Dates: 2 Feb 2026 - 30 Mar 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Weekly on Monday 8:00 AM - 12 noon

Leaders: Maureen Dunn,

TRACK AND TRAIL WALKING GROUP (2026 Term 1)

TRACK AND TRAIL WALKING GROUP

Track and trail walking along existing walkways in parks, in and around the Toowoomba to Crows Nest regions, including Mt Peel, Redwood Park, Ravensbourne National Park etc. Walking will require a reasonable level of fitness. Morning tea and water must be carried. Includes time to allow for a picnic lunch. Group size will be limited.

Terms: 1,2,3,4

If you are considering enrolling in this class for the first time, please contact the tutor before doing so. Please refer to the U3A in Toowoomba Inc. Course Book for tutor contact details.

Location: Various Locations Ask Tutor

Dates: 2 Feb 2026 - 30 Mar 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Weekly on Monday 7:30 AM - 1:00 PM

Leaders: Allan James Crichton,

Tuesday

AQUA AEROBICS GENTLE EXERCISES - TUESDAY (2026 Term 1)

AQUA AEROBICS GENTLE EXERCISES - TUESDAY

Do you want to do some exercise to stay fit and mobile but find it hard on your joints? Have you considered Aqua Aerobics. It is a fun low impact exercise that helps maintain and improve your balance, flexibility, endurance and strength. After a workout in the heated pool you feel energised and ready to tackle your day, with no thought of 'oh my aching joints'.

Main requirements are the ability to get in and out of the pool, to have fun with convivial company.

Terms: 1,2,3,4

If you are considering enrolling in this class for the first time, please contact the tutor before doing so.

Location: Concordia Aquatic Centre 154 Stephen St, Harristown

Dates: 20 Jan 2026 - 31 Mar 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Weekly on Tuesday 6:45 AM - 7:30 AM

Class Fee: Members: \$30.00 Term 1 2026

Leaders: Rosalie Trim, Susan Berthelsen,

BASIC MATHS - ADULT LEVEL (2026 Term 1)

BASIC MATHS - ADULT LEVEL

Contrary to a general perception that maths seems to have a disconnect with the real world, this course will try at all times to relate its content to the world around us. Minimal theory only will be necessary to effect this aim. Hopefully, the mysterious aura which surrounds it will be replaced by an enjoyment by clients who may find themselves using maths more frequently. A calculator is advisable in the ability it has to deal with realistic and current 2026 data.

Fees: A contribution of \$1 per class per member payable to tutor to cover venue costs.

Terms: 1,2,3,4

Location: Toowoomba Historical Society 49 Lindsay Street, East Toowoomba

Dates: 3 Feb 2026 - 31 Mar 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Weekly on Tuesday 10:00 AM - 11:30 AM

Leaders: Noel Lipp,

BIRDING (2026 Term 1)

BIRDING

Discover the diverse birdlife of the Toowoomba and Lockyer Valley regions. Expect to see 30-40 species each outing. Learn identification skills and when and where to find particular species. Requirements: binoculars, walking shoes, hat, water bottle, morning tea. Outings are usually 3-4 hours duration. Held monthly.

Terms: 1,2,3,4

If you are considering enrolling in this class for the first time, please contact the tutor before doing so. Please refer to the U3A in Toowoomba Inc. Course Book for tutor contact details.

Location: Various Locations Ask Tutor

Dates: 3 Feb 2026 - 3 Mar 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Monthly 1st week of month on Tuesday 7:00 AM - 11:00 AM

Leaders: Michael Atzeni,

BOOK DISCUSSION GROUP - 1ST TUESDAY OF MONTH (2026 Term 1)

BOOK DISCUSSION GROUP - 1st Tuesday of Month

Our enthusiastic group of 14 will be reading and discussing books of various genres from different countries and different eras, fiction and non-fiction. We are using books which have been donated from CAE Melbourne.

Terms: 1,2,3,4

If you are considering enrolling in this class for the first time, please contact the tutor before doing so. Please refer to the U3A in Toowoomba Inc. Course Book for tutor contact details.

Location: City Bowls Club 41 Victoria St, Toowoomba

Dates: 3 Feb 2026 - 3 Mar 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Monthly 1st week of month on Tuesday 1:30 PM - 3:00 PM

Leaders: Desley Smith,

BOTANICAL ART (2026 Term 1)

BOTANICAL ART

We are a self-help group with varying levels of experience who enjoy botanical drawing and painting. PLEASE NOTE - some experience in botanical art is necessary as there is no teacher.

Terms: 1,2,3,4

If you are considering enrolling in this class for the first time, please contact the tutor before doing so. Please refer to the U3A in Toowoomba Inc. Course Book for tutor contact details.

Location: Toowoomba Art Society 1 Godsall Street, East Toowoomba

Dates: 3 Feb 2026 - 31 Mar 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Weekly on Tuesday 1:00 PM - 3:30 PM

Leaders: Jane Dalby,

CARDS - 500 (2026 Term 1)

CARDS - 500

Learn to play this challenging game of strategy and teamwork. Experienced players welcome also. Some knowledge of 500 would be helpful. How many players - 4 at a table.

Terms: 1,2,3,4

If you are considering enrolling in this class, you can enrol online or phone the U3A office for the tutor's contact details.

Location: Club Toowoomba 331-339 Hume Street

Dates: 6 Jan 2026 - 31 Mar 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Weekly on Tuesday 7:30 AM - 11:30 AM

Leaders: Patricia Roche,

CHINESE - MANDARIN (2026 Term 1)

CHINESE - MANDARIN

Interested in learning the language that has more native speakers than any other in the world, with nearly a billion users? This fascinating language originated in northern China and is the official language in that country as well as one of the four official languages of Singapore. It is also recognised as one of the six official languages of the United Nations.

Terms: 1,2,3,4

If you are considering enrolling in this class for the first time, please contact the tutor before doing so. Please refer to the U3A in Toowoomba Inc. Course Book for tutor contact details.

Location: Dr Price Rooms Little Street, Toowoomba

Dates: 3 Feb 2026 - 31 Mar 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Weekly on Tuesday 3:00 PM - 4:30 PM

Leaders: Lucy White,

EARLY SETTLER FAMILIES OF CROWS NEST & RAVENSBOURNE REGION FIRST 50 YEARS (2026 Term 1)

EARLY SETTLER FAMILIES OF CROWS NEST & RAVENSBOURNE REGION

Just a little is known of the First Nations people who lived in the area or passed through enroute to the Bunya festivals. Timber getters and pastoralists were the first Europeans of whom records exist. They were followed in the 1880s by

many small farmers; sixth generation descendants; some of these still live in the area. This course will cover various sources of information - 19th and 20th century official and newspaper records, plus photographs and anecdotes, that give us an idea of the isolation and challenges these people faced and also the strong community spirit that developed. It is desk-based but there will be opportunity for some excursions.

1st and 3rd Tuesdays each month.

Terms: 1, 2

If you are considering enrolling in this class for the first time, please contact the tutor before doing so. Please refer to the U3A in Toowoomba Inc. Course Book for tutor contact details.

Location: Crows Nest Community Centre William St, Crows Nest

Dates: 3 Feb 2026 - 31 Mar 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Fortnightly on Tuesday 9:00 AM - 10:30 AM

Class Fee: Members: \$15.00 Term 1 2026

Leaders: Ian Eustace,

EXTRA-TERRESTRIAL DISCUSSION GROUP (2026 Term 1)

EXTRA-TERRESTRIAL DISCUSSION GROUP

This course is a companion to the Extra-Terrestrial Contact Past & Present course held on Friday afternoons. It is based on similar subject matter to the Friday class. Unlike the Friday class, however, the Tuesday class does not have a tightly structured presentation format following a defined subject path. It follows the needs and interests of the class members. Members can nominate topics (in advance) that they would like to cover and they and other class members are invited to contribute by way of presentations (formal or informal although these are not mandatory), stories and discussion points. There are also videos to watch with plenty of time allocated to discussion of the video content matter. The tutor acts as co-ordinator and facilitator for these activities, but it is the class members who drive the course and subject matter. Subject areas that we explore include stories of extra-terrestrial contact (both past and present), unexplained archaeological mysteries (e.g. pyramids and structures around the world which are hard to explain without the use of advanced technology), ancient civilisations, religion, spirituality, life, consciousness and reality.

Terms: 1,2,3,4

Location: The Lab, PPC 7 Matthews Street, Harristown

Dates: 3 Feb 2026 - 31 Mar 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Weekly on Tuesday 11:30 AM - 1:30 PM

Class Fee: Members: \$25.00 Term 1 2026

Leaders: Carlo Bertoldi,

FRENCH - CONVERSATION (2026 Term 1)

FRENCH - CONVERSATION

Members of this relaxed class need to have average skills in speaking and listening in French. The class is conducted in French. All members contribute to improving and encouraging one another. Many interesting topics are discussed in French.

Terms: 1,2,3,4

If you are considering enrolling in this class for the first time, please contact the tutor before doing so. Please refer to the U3A in Toowoomba Inc. Course Book for tutor contact details.

Location: Austral Room, PPC 7 Matthews Street, Harristown

Dates: 3 Feb 2026 - 31 Mar 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Weekly on Tuesday 9:00 AM - 11:00 AM

Class Fee: Members: \$25.00 Term 1 2026

Leaders: Cheryl Feeney,

GATEBALL (2026 Term 1)

GATEBALL

An action packed game played between two teams of 5 players each, on a half croquet lawn. All equipment supplied. A quick and easy game to learn.

Cost: First 3 lessons free and then \$5.00 each time. Payable to tutor. Morning tea supplied.

Terms 1,2,3,4

If you are considering enrolling in this class for the first time, please contact the tutor before doing so. Please refer to the U3A in Toowoomba Inc. Course Book for tutor contact details.

Location: Croquet Club Corner Arthur & Lindsay Streets

Dates: 3 Feb 2026 - 31 Mar 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Weekly on Tuesday 8:30 AM - 11:00 AM

Leaders: Sandra Reynolds,

HISTORY OF THE 20th CENTURY (2026 Term 1)

HISTORY OF THE 20th CENTURY

This discussion group will examine and discuss the major historical events from the twentieth century. A short primer will be sent out prior to each class, summarising the major events of the period and outlining points for discussion and debate. Possible topics may include: Pre WW1; The First World War; The Between Years; The Second World War; The Cold War and the 1960's; 1970's; 1980's; 1990's.

Terms: 1

Location: Studio, PPC 7 Matthews Street, Harristown

Dates: 3 Feb 2026 - 31 Mar 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Weekly on Tuesday 2:00 PM - 3:30 PM

Class Fee: Members: \$25.00 Term 1 2026

Leaders: Julie Pigdon,

ITALIAN FOR BEGINNERS (2026 Term 1)

ITALIAN FOR BEGINNERS

Introduction to reading, writing, listening, speaking and understanding this beautiful romance language. The course includes grammar, sentence structure, conjugation of verbs, tenses and pronunciation. You will learn how to utilise the power of artificial intelligence in the translators available on your mobile phone. Suitable for first timers and those who have completed an introductory course previously. Please bring writing materials, notebook and be prepared to purchase a copy of Collins Easy Learning Italian Grammar.

Terms: 1,2,3,4

If you are considering enrolling in this class for the first time, please contact the tutor before doing so. Please refer to the U3A in Toowoomba Inc. Course Book for tutor contact details.

Location: The Lab, PPC 7 Matthews Street, Harristown

Dates: 3 Feb 2026 - 31 Mar 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Weekly on Tuesday 2:00 PM - 3:45 PM

Class Fee: Members: \$25.00 Term 1 2026

Leaders: Errol Klibbe,

LAWN BOWLS - VICTORIA STREET (2026 Term 1)

LAWN BOWLS - VICTORIA STREET

Learn to play lawn bowls with a qualified coach in a friendly atmosphere. Lawn Bowls is a sport for all people, regardless of age, gender, ability, ethnicity, or background. Bowls are supplied. You will need a hat, water and flat-soled shoes.

Terms: 1,2,3,4

If you are considering enrolling in this class for the first time, please contact the tutor before doing so. Please refer to the U3A in Toowoomba Inc. Course Book for tutor contact details.

Location: City Bowls Club 41 Victoria St, Toowoomba

Dates: 3 Feb 2026 - 31 Mar 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Weekly on Tuesday 1:00 PM - 3:00 PM

Leaders: Bill Tedford,

LINE DANCING - BEGINNERS (2026 Term 1)

LINE DANCING - BEGINNERS

Dancing for fun, exercise and enjoyment. It is beneficial for mind and body and no partner is required. Open for males and females. A reasonable level of fitness is required. This class is for beginners only. Those who started in 2025 will be welcome to attend as well from 9:30 AM. Enquiries more than welcome!

Cost: \$25 each term plus \$5 each day of attendance, payable to the tutor.

Terms: 1,2,3,4

If you are considering enrolling in this class for the first time, please contact the tutor before doing so. Please refer to the U3A in Toowoomba Inc. Course Book for tutor contact details.

Location: St Pauls Lutheran Church 24-28 Phillip Street, Toowoomba

Dates: 3 Feb 2026 - 31 Mar 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Weekly on Tuesday 9:00 AM - 11:00 AM

Leaders: Beverley English,

MAHJONG (2026 Term 1)

MAHJONG

Mahjong is an Ancient Chinese game played for fun and friendship. New members welcome, as well as members wanting to learn.

Terms: 1,2,3,4

If you are considering enrolling in this class for the first time, please contact the tutor before doing so. Please refer to the U3A in Toowoomba Inc. Course Book for tutor contact details.

Location: Austral Room, PPC 7 Matthews Street, Harristown

Dates: 3 Feb 2026 - 31 Mar 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Weekly on Tuesday 2:00 PM - 4:00 PM

Class Fee: Members: \$25.00 Term 1 2026

Leaders: Janice Fox,

PENTEL DRAWING (2026 Term 1)

PENTEL DRAWING

This course is for artists who can work in this genre on their own. We have a very friendly and knowledgeable group of inspired artists.

Terms: 1,2,3,4

If you are considering enrolling in this class for the first time, please contact the tutor before doing so. Please refer to the U3A in Toowoomba Inc. Course Book for tutor contact details.

Location: Studio, PPC 7 Matthews Street, Harristown

Dates: 3 Feb 2026 - 31 Mar 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Weekly on Tuesday 11:30 AM - 1:30 PM

Class Fee: Members: \$25.00 Term 1 2026

Leaders: Judy McWilliam,

PHILOSOPHICAL DISCUSSION GROUP (2026 Term 1)

PHILOSOPHICAL DISCUSSION GROUP

Our Philosophical Discussion Group is loosely based on Café Philosophique which was a movement founded by Marc Sautet in Paris in 1992.

We are a passionate group of interested Amateurs participating in a grassroots forum for philosophical discussion. We are not into turgid traditional philosophy, but we have lots of very interesting, practical philosophical questions and topics that we like to explore. Our idea is to bring people together in a friendly forum where everyone's opinion counts.

We discuss anything that takes our fancy from The Ethics of the Law, The Australian Dream, The Art of Forgiveness, Identity, to Truth and Beauty.

Along the way we explore different philosophers and their theories, from Plato and Aristotle to Descartes, Kant, and current philosophers such as Peter Singer and Ayn Rand.

We test out philosophical theories by posing scenarios that challenge us to think like a philosopher and apply theory to our everyday lives. Most importantly we have fun and lots of laughs.

Terms: 1,2,3,4

If you are considering enrolling in this class for the first time, please contact the tutor before doing so. Please refer to the U3A in Toowoomba Inc. Course Book for tutor contact details.

Location: Studio, PPC 7 Matthews Street, Harristown

Dates: 3 Feb 2026 - 31 Mar 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Weekly on Tuesday 9:15 AM - 11:00 AM

Class Fee: Members: \$25.00 Term 1 2026

Leaders: Paddy Nicholls,

PICKLEBALL at GLENNIE - TUESDAY (2026 Term 1)

PICKLEBALL - TUESDAY

Pickleball is a paddle sport you can learn in minutes and play for a lifetime. It brings together elements of tennis, badminton and ping pong to create a sport that's fun for all ages and skill levels, but gets fast paced and exhilarating at competitive levels.

It's played on a half-sized tennis court, and so, has a lower impact than tennis and is easier on the body. It focuses on quick reflexes rather than powerful serves or running speed. These differences open pickleball up to a greater range of players. Whether you are competitive or just want to get involved in something fun, social and active, pickleball is for you! Pickleball is played every Monday, Tuesday, Friday and Saturday from 8.30 - 10.30 AM. Parking and entry is via the pool entrance. No equipment necessary, besides good sports shoes and a water bottle.

Cost \$10 payment to the venue per student per class.

If you are considering enrolling in this class for the first time, please contact the tutor before doing so. Please refer to the U3A in Toowoomba Inc. Course Book for tutor contact details.

Terms: 1,2,3,4

Location: Glennie School, Clive Berghofer Centre 39-45 Vacy Street, Newtown

Dates: 6 Jan 2026 - 31 Mar 2026

Exclusions: 26 Jan 2026, 3 Feb 2026, 10 Feb 2026, 24 Feb 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Weekly on Tuesday 8:30 AM - 10:30 AM

Leaders: Wendy Davies,

SHIBASHI QIGONG (2026 Term 1)

SHIBASHI QIGONG

Shibashi Qigong is a set of 18 energy enhancing exercises that coordinate slow movements with breathing and concentration. Traditional Chinese medicine believes these exercises can cultivate health and energy throughout the body. It is a gentle and flowing routine, both deeply relaxing and easy to do.

There is no formal Shibashi tutor in this class. Members work to a video. A competent class leader is present.

Terms: 1,2,3,4

If you are considering enrolling in this class for the first time, please contact the tutor before doing so. Please refer to the U3A in Toowoomba Inc. Course Book for tutor contact details.

Location: Playhouse, PPC 7 Matthews Street, Harristown

Dates: 3 Feb 2026 - 31 Mar 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Weekly on Tuesday 9:00 AM - 10:00 AM

Class Fee: Members: \$25.00 Term 1 2026

Leaders: Christina Hayes, Ruth McCallum,

SILENT MEDITATION (2026 Term 1)

SILENT MEDITATION

Silent meditation as a life skill. Brief readings on Silent Meditation, Practice with sitting and walking meditation, sharing and discussion of Practice. Common benefits include increased calmness and contentment, improved concentration, focus on the present moment and changes in self-understanding. New learners and those with experience welcome.

Terms: 1,2,3,4

If you are considering enrolling in this class for the first time, please contact the tutor before doing so. Please refer to the U3A in Toowoomba Inc. Course Book for tutor contact details.

Location: Playhouse, PPC 7 Matthews Street, Harristown

Dates: 3 Feb 2026 - 31 Mar 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Weekly on Tuesday 12 noon - 1:30 PM

Class Fee: Members: \$25.00 Term 1 2026

Leaders: Bob Knight,

SINGING FOR FUN (2026 Term 1)

SINGING FOR FUN

Singing for Fun is just that. A class of friendly folk gather to sing a wide range of songs, just for the love of it. New challenging songs added from time to time. You're welcome to join us.

Terms: 1,2,3,4

If you are considering enrolling in this class for the first time, please contact the tutor before doing so. Please refer to the U3A in Toowoomba Inc. Course Book for tutor contact details.

Location: Playhouse, PPC 7 Matthews Street, Harristown

Dates: 3 Feb 2026 - 31 Mar 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Weekly on Tuesday 2:00 PM - 4:00 PM

Class Fee: Members: \$25.00 Term 1 2026

Leaders: Julia Byrne,

SPANISH - CONVERSATION (2026 Term 1)

SPANISH - CONVERSATION

This fun and interactive class is suitable for those with a good, intermediate level of Spanish. The focus will be to improve your confidence and ability to converse in Spanish. Classes are fun, interactive and informative.

Terms: 1,2,3,4

If you are considering enrolling in this class for the first time, please contact the tutor before doing so. Please refer to the U3A in Toowoomba Inc. Course Book for tutor contact details.

Location: Austral Room, PPC 7 Matthews Street, Harristown

Dates: 3 Feb 2026 - 31 Mar 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Weekly on Tuesday 11:30 AM - 1:00 PM

Class Fee: Members: \$25.00 Term 1 2026

Leaders: Steven Walker,

SWIMMING - TUESDAY (2026 Term 1)

SWIMMING - TUESDAY

Are you a lapsed lap swimmer? Are you wondering if you can still swim 25 metres? Perhaps you're someone who just enjoys the water and going at your own pace. For our sessions, the Concordia Aquatic Centre (377 South St, Harristown) provides a heated 25 metre pool for the exclusive use of U3A members.

Swimming is an excellent low impact exercise and while we ask that those interested in joining should be competent swimmers, there is no speed requirement. While there are a few hares in the group, there are just as many tortoises. The water is lovely and warm on a cold Toowoomba morning. It's about you as an individual, so you can gradually build your stamina - increasing the number of laps you do until you reach your goal. And, just quietly, there is quite a bit of chatter between laps too.

Terms: 1,2,3,4

If you are considering enrolling in this class for the first time, please contact the tutor before doing so.

Location: Concordia Aquatic Centre 154 Stephen St, Harristown

Dates: 20 Jan 2026 - 31 Mar 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Weekly on Tuesday 5:45 AM - 6:30 AM

Class Fee: Members: \$30.00 Term 1 2026

Leaders: Jacky Cribb, Roswitha McGuire,

TRAVEL CLASS (2026 Term 1)

TRAVEL CLASS

Come and join us as we share our travel experiences with photos and presentations.

Terms: 1,2,3,4

If you are considering enrolling in this class for the first time, please contact the tutor before doing so. Please refer to the U3A in Toowoomba Inc. Course Book for tutor contact details.

Location: Seventh-day Adventist Hall 669 Greenwattle Street, Glenvale

Dates: 3 Feb 2026 - 31 Mar 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Weekly on Tuesday 9:30 AM - 11:30 AM

Leaders: Irene Bridgeman,

UKULELE FOR FUN - ADVANCED (2026 Term 1)

UKULELE FOR FUN - ADVANCED

A class for students who can play and want to continue having fun playing the ukulele.

Class Fee: There will be a cost to members to cover the venue hire, payable to the tutor.

Terms: 1,2,3,4

If you are considering enrolling in this class for the first time, please contact the tutor before doing so. Please refer to the U3A in Toowoomba Inc. Course Book for tutor contact details.

Location: Seventh-day Adventist Hall 669 Greenwattle Street, Glenvale
Dates: 3 Feb 2026 - 31 Mar 2026
Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026
Schedule: Weekly on Tuesday 1:00 PM - 2:00 PM
Leaders: Marita Rayner,

UKULELE FOR FUN - BEGINNERS ONLY (2026 Term 1)

UKULELE FOR FUN - BEGINNERS ONLY

Learn how to play the Ukulele from the beginning. Knowledge of music is not required, easy learning by chords only. The idea is to play, sing and have fun with no stress! Backing tracks will be used in the class.

You will need: A Ukulele instrument (Soprano or Concert size);- A Tuner; A USB Stick; A Songbook (Purchase at first lesson - cost to be advised)

Class Fee: \$2 /week to cover venue hire or \$20/term, payable to the Tutor.

Terms: 1,2,3,4

If you are considering enrolling in this class for the first time, please contact the tutor before doing so. Please refer to the U3A in Toowoomba Inc. Course Book for tutor contact details.

Location: Seventh-day Adventist Hall 669 Greenwattle Street, Glenvale

Dates: 3 Feb 2026 - 31 Mar 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Weekly on Tuesday 9:30 AM - 10:30 AM

Leaders: Patricia Proud, Claire Petterson,

UKULELE FOR FUN - INTERMEDIATE (2026 Term 1)

UKULELE FOR FUN - INTERMEDIATE

This class is for participants who can play a ukulele but not ready for the advanced class.

Class Fee: There will be a cost to members to cover the venue hire, payable to the tutor.

Terms: 1,2,3,4

If you are considering enrolling in this class for the first time, please contact the tutor before doing so. Please refer to the U3A in Toowoomba Inc. Course Book for tutor contact details.

Location: Seventh-day Adventist Hall 669 Greenwattle Street, Glenvale

Dates: 3 Feb 2026 - 31 Mar 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Weekly on Tuesday 11:00 AM - 12 noon

Leaders: Marita Rayner,

Wednesday

ART - WEDNESDAYS (2026 Term 1)

ART - WEDNESDAYS

Come and join us on Wednesday mornings for a few hours of learning and fun. Beginners, experienced artists and all levels in between are welcome. Individual help will be given if needed as you work on your own reference material.

Come and enjoy an atmosphere of friendship and creativity in the Art Gallery in the lovely town of Pittsworth.

Class Fee: A small fee to cover venue costs.

Terms: 1,2,3,4

If you are considering enrolling in this class for the first time, please contact the tutor before doing so. Please refer to the U3A in Toowoomba Inc. Course Book for tutor contact details.

Location: Pittsworth Art Gallery 45 Short St, Pittsworth

Dates: 4 Feb 2026 - 1 Apr 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Weekly on Wednesday 9:00 AM - 1:30 PM

Leaders: Cecelia Krieg,

BASIC PHOTO EDITING - EVERY 3RD WEDNESDAY OF THE MONTH (2026 Term 1)

BASIC PHOTO EDITING - EVERY 3RD WEDNESDAY OF THE MONTH

Basic photo editing using Photoshop elements. Learn how to use the most important tools. Learn the importance of selections and layers. Bring your own laptop.

Fees: \$5 per attendance to cover rent, electricity, printing and morning tea. Payable to tutor.

Terms: 1,2,3,4

If you are considering enrolling in this class for the first time, please contact the tutor before doing so. Please refer to the U3A in Toowoomba Inc. Course Book for tutor contact details.

Location: Pittsworth Function Centre 42 Hume Street, Pittsworth

Dates: 18 Feb 2026 - 18 Mar 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Monthly 3rd week of month on Wednesday 9:30 AM - 11:30 AM

Leaders: Inge Gajczak,

BRIDGE FOR BEGINNERS (2026 Term 1)

BRIDGE FOR BEGINNERS

Bridge is the most interesting card game. It is made up of bidding and playing and both of these aspects are challenging. It is this challenge that has players coming back for more and more. You can learn Bridge at the Toowoomba Bridge Club. The classes will teach bidding, declarer play and defence. Teaching will be conducted by one of our experienced teachers. Players will be able to move into other sessions held at the club as their experience and skills grow.

Cost: \$5 per session per member. Payable to tutor.

Terms 1,3,4

If you are considering enrolling in this class for the first time, please contact the tutor before doing so. Please refer to the U3A in Toowoomba Inc. Course Book for tutor contact details.

Location: Bridge Club 55 Stuart Street, Harlaxton

Dates: 4 Feb 2026 - 1 Apr 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Weekly on Wednesday 8:45 AM - 10:45 AM

Leaders: David Roberts,

COMPUTER-BASED FAMILY HISTORY (2026 Term 1)

COMPUTER-BASED FAMILY HISTORY

Will suit beginners and those who have started the journey. This is a 'hands on course' where you will learn how to use the internet and your computer/tablet to get the best information about your ancestors and their way of life, and how to best record and store it. During the course you will learn how to: effectively use the 5 major family history websites; use computer family history software; be familiar with DNA results to find your cousins/ancestors; effectively use Google Search for family history; use AI (Artificial Intelligence) to help your progress; use effect methodology for finding and recording family data; find your ethnicity and the country your ancestors are from; use maps to show where your ancestor travelled and lived.

Terms: 1,2

If you are considering enrolling in this class for the first time, please contact the tutor before doing so. Please refer to the U3A in Toowoomba Inc. Course Book for tutor contact details.

If Tutor does not answer the phone please leave a message.

Location: The Lab, PPC 7 Matthews Street, Harristown

Dates: 4 Feb 2026 - 1 Apr 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Weekly on Wednesday 9:00 AM - 11:00 AM

Class Fee: Members: \$25.00 Term 1 2026

Leaders: Rick Aindow,

EUROPE IN THE MIDDLE AGES (476-1453 AD/CE) (2026 Term 1)

EUROPE IN THE MIDDLE AGES (476-1453 AD/CE)

This course will cover the period from the fall of Rome in 476 AD up to the fall of Constantinople in 1453 AD, a period of almost a Millennium. The main area under concern is Western Europe, including Britain, and will examine socio-economic history. Presentation of this course will be by PowerPoint slides, discussions and distributed notes.

Terms: 1,2

If you are considering enrolling in this class for the first time, please contact the tutor before doing so. Please refer to the U3A in Toowoomba Inc. Course Book for tutor contact details.

Location: Austral Room, PPC 7 Matthews Street, Harristown

Dates: 4 Feb 2026 - 1 Apr 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Weekly on Wednesday 11:30 AM - 1:30 PM

Class Fee: Members: \$25.00 Term 1 2026

Leaders: John Pryce-Davies,

GOLF CROQUET - WEDNESDAY (2026 Term 1)

GOLF CROQUET - WEDNESDAY

Easy to learn game, using a full croquet lawn. All equipment supplied.

Cost: A small charge to cover venue and morning tea. Payable to tutor.

Terms: 1,2,3,4

If you are considering enrolling in this class for the first time, please contact the tutor before doing so. Please refer to the U3A in Toowoomba Inc. Course Book for tutor contact details.

Location: Croquet Club Corner Arthur & Lindsay Streets

Dates: 4 Feb 2026 - 1 Apr 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Weekly on Wednesday 8:15 AM - 10:45 AM

Leaders: Paul Reynolds,

IMPROVE YOUR PHOTOGRAPHY - EVERY 2ND WEDNESDAY OF THE MONTH (2026 Term 1)

IMPROVE YOUR PHOTOGRAPHY - EVERY 2ND WEDNESDAY OF THE MONTH

Learn to understand your camera and explore options beyond automatic mode. Learn about your camera settings, exposure triangle, composition, depth of field and much more. You will spend some time indoors to learn about the boring but important things to take good photographs, but you will also go outside to practice what you learned.

Fees: \$5 per attendance to cover rent, electricity, printing and morning tea. Payable to tutor.

Terms: 1,2,3,4

If you are considering enrolling in this class for the first time, please contact the tutor before doing so. Please refer to the U3A in Toowoomba Inc. Course Book for tutor contact details.

Location: Pittsworth Function Centre 42 Hume Street, Pittsworth

Dates: 11 Feb 2026 - 11 Mar 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Monthly 2nd week of month on Wednesday 9:30 AM - 11:30 AM

Leaders: Inge Gajczak,

ITALIAN - ONGOING STUDY (2026 Term 1)

ITALIAN - ONGOING STUDY

Ongoing study of Italian language (reading, writing and speaking) in a non-threatening setting.

Terms: 1,2,3,4

If you are considering enrolling in this class for the first time, please contact the tutor before doing so. Please refer to the U3A in Toowoomba Inc. Course Book for tutor contact details.

Location: Studio, PPC 7 Matthews Street, Harristown

Dates: 4 Feb 2026 - 1 Apr 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Weekly on Wednesday 2:00 PM - 4:00 PM

Class Fee: Members: \$25.00 Term 1 2026

Leaders: Luca Ferrerio,

JAPANESE ONGOING STUDIES (2026 Term 1)

JAPANESE ONGOING STUDIES

This course is an ongoing study of Japanese language (Elementary Level) but new participants are welcome if they have learnt Japanese before.

In our class, we will keep learning new sentence patterns and practice making sentences as well as learning Japanese culture and fun facts.

Terms: 1,2,3,4

If you are considering enrolling in this class for the first time, please contact the tutor before doing so. Please refer to the U3A in Toowoomba Inc. Course Book for tutor contact details.

Location: The Lab, PPC 7 Matthews Street, Harristown

Dates: 4 Feb 2026 - 1 Apr 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Weekly on Wednesday 11:30 AM - 1:30 PM

Class Fee: Members: \$25.00 Term 1 2026

Leaders: Jun Doherty,

PASTEL DRAWING (2026 Term 1)

PASTEL DRAWING

Come and join a happy, friendly group who enjoy their art and morning tea. There will be a small intake of new students in Term 1. Students need to bring their own materials. If you are new to Pastel Drawing, the tutor can send you a suggested materials list. Minimum cost \$120. Phone the tutor for a copy of the list and more details about the course.

Terms: 1,2,3,4

If you are considering enrolling in this class for the first time, please contact the tutor before doing so. Please refer to the U3A in Toowoomba Inc. Course Book for tutor contact details.

Location: Playhouse, PPC 7 Matthews Street, Harristown

Dates: 4 Feb 2026 - 1 Apr 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Weekly on Wednesday 9:00 AM - 11:00 AM

Class Fee: Members: \$25.00 Term 1 2026

Leaders: Stephen Jones,

PIONEERS AND PROGRESS: HOW THE OUTBACK WAS TAMED (2026 Term 1)

PIONEERS AND PROGRESS: HOW THE OUTBACK WAS TAMED

Following the Early Pioneers – The men, women and children of the Bush. A Social History of Exploration, Expansion and Settlement in Rural Australia, from First Settlement to the Maranoa and beyond.

This course offers a comprehensive journey through time following the early Pioneers – men and women from all walks of life, their families, the lifestyles and challenges they met, and examines milestone events in the Colony, including exploration, land grants and land grabs; indigenous contact and the Frontier Wars; the growth of pastoral empires, including the Shearers Strikes, cattle drives and events that impacted on squatters and the people of the bush.

Structured notes, discussions, power point presentation and relevant DVDs.

Queries and input from participants are valued (time allowing!).

Terms: 1,2,3,4

If you are considering enrolling in this class for the first time, please contact the tutor before doing so. Please refer to the U3A in Toowoomba Inc. Course Book for tutor contact details.

Location: Studio, PPC 7 Matthews Street, Harristown

Dates: 4 Feb 2026 - 1 Apr 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Weekly on Wednesday 9:00 AM - 11:00 AM

Class Fee: Members: \$25.00 Term 1 2026

Leaders: Glynne Hilton,

SCRABBLE (2026 Term 1)

SCRABBLE

Join us for a fun game with words. New members are welcome. No experience is necessary. Tuition provided if required.

Terms: 1,2,3,4

If you are considering enrolling in this class for the first time, please contact the tutor before doing so. Please refer to the U3A in Toowoomba Inc. Course Book for tutor contact details.

Location: Studio, PPC 7 Matthews Street, Harristown

Dates: 4 Feb 2026 - 1 Apr 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Weekly on Wednesday 11:30 AM - 1:30 PM

Class Fee: Members: \$25.00 Term 1 2026

Leaders: Marie-Therese Annis-Brown,

SEW AND SHARE (2026 Term 1)

SEW AND SHARE

We will have some class projects, but we will also have time to do our own projects as we all have UFO's (un-finished objects) to complete. We will have lots of time to share knowledge; help is always available and of course there is always plenty of chat and social time over a coffee. Sewing machines are available and you will be surprised with what you can do in our class.

Terms: 1,2,3,4

If you are considering enrolling in this class for the first time, please contact the tutor before doing so. Please refer to the U3A in Toowoomba Inc. Course Book for tutor contact details.

Location: Playhouse, PPC 7 Matthews Street, Harristown

Dates: 4 Feb 2026 - 1 Apr 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Weekly on Wednesday 2:00 PM - 4:00 PM

Class Fee: Members: \$25.00 Term 1 2026

Leaders: Jane Rosenthal,

SING-A-LONG SINGERS (2026 Term 1)

SING-A-LONG SINGERS

We are not a professional group of singers. We require people like you who would like to join a friendly and jovial group to do some singing and enjoy the social morning. If it's a variety of songs you would like to sing, then this is for you and everyone is welcome.

Cost: There will be a cost to members for venue rental and materials needed. Payable to tutor.

Terms: 1,2,3,4

If you are considering enrolling in this class for the first time, please contact the tutor before doing so. Please refer to the U3A in Toowoomba Inc. Course Book for tutor contact details.

Location: Seventh-day Adventist Hall 669 Greenwattle Street, Glenvale

Dates: 4 Feb 2026 - 1 Apr 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Weekly on Wednesday 9:30 AM - 11:30 AM

Leaders: Joyce Ridgway,

SINGING FOR FUN - ALTERNATE WEDNESDAYS - PITTSWORTH (2026 Term 1)

SINGING FOR FUN - ALTERNATE WEDNESDAYS - PITTSWORTH

Join a friendly group of people to sing a variety of songs from the genres of Musical Theatre, Pop and Golden Oldies.

Class Fee: Small cost to members to cover the venue hire, payable to the tutor.

Terms: 1,2,3,4

Location: Pittsworth Senior Citizens Rooms Pittsworth

Dates: 4 Feb 2026 - 18 Mar 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Fortnightly on Wednesday 1:30 PM - 3:30 PM

Leaders: Cheryl Fowler,

SUDOKU (2026 Term 1)

SUDOKU

I teach my easy method to solve this puzzling puzzle.

Cost: There may be a small fee payable to the tutor. Contact tutor.

Terms: 1

If you are considering enrolling in this class for the first time, please contact the tutor before doing so. There has been a change of tutors since the printing of the 2025 Course Book, so please phone the U3A office for the new Tutor contact details.

Location: Private Residence Ask Tutor

Dates: 4 Feb 2026 - 1 Apr 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Weekly on Wednesday 10:00 AM - 12 noon

Leaders: Dianne Turner,

TAKE CHARGE OF YOUR LIFE (2026 Term 1)

TAKE CHARGE OF YOUR LIFE

A series of six (6) weekly workshops based on Dr Bill Glasser's book "Take Charge of Your Life" an exploration of internal motivation psychology. It will assist the participant to:

- Gain effective control over painful feelings and to choose more helpful thinking behaviours.
- Become more self-accepting and less critical of others.
- Learn specific techniques for resolving conflict with others and inside self.
- Add happiness and connect better in important relationships.

Fees: There will be a \$35 per term fee payable to the tutor for materials and venue expenses.

If you are considering enrolling in this class for the first time, please contact the tutor before doing so. Please refer to the U3A in Toowoomba Inc. Course Book for tutor contact details.

Terms: 1,2,3,4

Location: To Be Advised Ask Tutor

Dates: 4 Feb 2026 - 1 Apr 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Weekly on Wednesday 4:00 PM - 5:30 PM

Leaders: Cecily Bisshop,

THE WEDNESDAY STROLL PATROL (2026 Term 1)

THE WEDNESDAY STROLL PATROL

A walking group for those who prefer shorter leisurely walks of approximately 2 kilometres. The walks will be restricted to Toowoomba Parks with stable pathways, seats to rest, toilets and shady areas. Ideal for those who can no longer manage longer walks, or for those wanting to improve their fitness. Lots of opportunities to chat and socialise with like-minded people.

Group will be limited to 25. Relaxing over coffee after the walk is optional but provides a great opportunity to socialise with the other walkers. We usually go to a cafe but sometimes bring a picnic to enjoy in a shady park.

8AM start in Terms 1 and 4

9AM start in Terms 2 and 3

Terms: 1,2,3,4

If you are considering enrolling in this class for the first time, please contact the tutor before doing so. Please refer to the U3A in Toowoomba Inc. Course Book for tutor contact details.

Location: Various Locations Ask Tutor

Dates: 4 Feb 2026 - 1 Apr 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Weekly on Wednesday 8:00 AM - 10:00 AM

Leaders: Liz Kennedy, Anna Carson,

TOOWOOMBA FOG JUG BAND (2026 Term 1)

'TOOWOOMBA FOG' JUG BAND

We play blues, country, traditional, folk and jug music using guitars, banjos, ukeleles, jugs and washboards. Tutor has put together three song books containing 125 songs. We play for our own enjoyment and have played at several outside functions during 2025 (and on the U3A Toowoomba C.O.F. float.) We need the following experienced musicians: male vocalist/ guitarist, lead guitar, country fiddle, mouth organ or keyboard player. Please ring tutor, Bruce Arthur, before enrolling.

Terms: 1,2,3,4

If you are considering enrolling in this class for the first time, please contact the tutor before doing so. Please refer to the U3A in Toowoomba Inc. Course Book for tutor contact details.

Location: Highfields Church of Christ Hall 6 Highfields Road, Highfields 4352

Dates: 28 Jan 2026 - 1 Apr 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Weekly on Wednesday 1:30 PM - 4:30 PM

Leaders: Bruce Arthur,

WALKING FOR FITNESS (2026 Term 1)

WALKING FOR FITNESS

This is a new group in 2026 and is for members who wish to "walk for fitness". We will walk between 5.5km and 6 km through parks, footpaths, nature strips and walking tracks within Toowoomba and nearby. Each term will include some walks in bushland parks such as Picnic Point Parklands, Redwood and other local parks on the outskirts of Toowoomba. We will start at 8AM in Terms 1 & 4 (summer) and 9AM in Terms 2 & 3.

Following the weekly walk we will meet at a local café for morning tea (optional).

Before enrolling in the course, it is essential to contact the Tutors to discuss the class eligibility requirements please – Sheila Donaldson or Barbara Luther.

Class fitness eligibility requirements: Participants must be able to comfortably walk at a pace of 5km in 1 hour including hills. e.g. Picnic Point parkland trails or other escarpment tracks.

Cost: There may be a small class fee payable to the tutor. Contact tutor.

Terms: 1,2,3,4

Location: Various Locations Ask Tutor

Dates: 4 Feb 2026 - 1 Apr 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Weekly on Wednesday 8:00 AM - 11:00 AM

Leaders: Sheila Donaldson, Barbara Luther,

WHAT IS LANGUAGE? (2026 Term 1)

WHAT IS LANGUAGE?

We use language from (almost) the time we are born. How does it work? How is it different from non-human languages? In the early part of the course, we will look at the mechanics of language – how does this thing we called 'language' work: sound, words, combination of words, word creation. We will draw upon other languages also to show contrasts, but the bulk of the examples will be drawn from the English language. Then we will focus on how language is used to create meanings, both obvious and subtle. We will explore some elements of language use that are culturally driven. We will also explore language that shows bias and/or pre-conceived ideas. You will be able to bring to class examples of such pointed use of language. And finally, we'll explore whether men's and women's use of language in conversations are different.

Terms: 1

If you are considering enrolling in this class for the first time, please contact the tutor before doing so. Please refer to the U3A in Toowoomba Inc. Course Book for tutor contact details.

Location: Austral Room, PPC 7 Matthews Street, Harristown

Dates: 4 Feb 2026 - 1 Apr 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Weekly on Wednesday 2:00 PM - 3:30 PM

Class Fee: Members: \$25.00 Term 1 2026

Leaders: Francis Mangubhai,

WONDERS OF WATERCOLOUR (2026 Term 1)

WONDERS OF WATERCOLOUR

A class for beginners, or further advanced, to study different aspects of art such as composition and colour. Learn from one another and develop in the Wonders of Watercolour.

Terms: 1,2,3,4

If you are considering enrolling in this class for the first time, please contact the tutor before doing so. Please refer to the U3A in Toowoomba Inc. Course Book for tutor contact details.

Location: Austral Room, PPC 7 Matthews Street, Harristown

Dates: 4 Feb 2026 - 1 Apr 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Weekly on Wednesday 9:00 AM - 11:00 AM

Class Fee: Members: \$25.00 Term 1 2026

Leaders: Ngaire Sorrensen,

YOGA & AYURVEDA - ANCIENT MEDICINE FOR MODERN TIMES (2026 Term 1)

YOGA & AYURVEDA - ANCIENT MEDICINE FOR MODERN TIMES

Ayurveda is a science of self-healing and a natural medicine system. Yoga is a science of spiritual healing. Together they connect the mind and the body by helping you to use what you already know about your health and wellbeing to maintain your health on a daily basis. This course covers the fundamental principles of both sciences which includes gentle yoga postures, breathing practice, meditation and an understanding of how your individual constitution can affect your long-term health. Ayurveda is an ideal practice for those interested in maintaining their health through diet and lifestyle. Learn how to make food your medicine. What to bring: Yoga mat. Yoga asanas are suitable for beginners. Note: If you are unable to get down on the floor, do not be deterred as most exercises can be adapted to sitting in a chair.

Terms: 1,2

If you are considering enrolling in this class for the first time, please contact the tutor before doing so. Please refer to the U3A in Toowoomba Inc. Course Book for tutor contact details.

Location: Playhouse, PPC 7 Matthews Street, Harristown

Dates: 4 Feb 2026 - 1 Apr 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Weekly on Wednesday 11:30 AM - 1:30 PM

Class Fee: Members: \$25.00 Term 1 2026

Leaders: Robyn Pigozzo, David Pigozzo,

Thursday

APPLE DEVICES B (2026 Term 1)

APPLE DEVICES

Learning about using Apple devices, iPads, iPhones, MacBooks, Watches.

Covering subjects like, but not only, Security, Banking, Camera, Photos, Scanning and filing documents, Word Processing, iCloud storage, and much more.

Each lesson will have a leading subject followed by a period of time for students' Q&As.

Terms: 1,3

If you are considering enrolling in this class for the first time, please contact the tutor before doing so. Please refer to the U3A in Toowoomba Inc. Course Book for tutor contact details.

Location: The Lab, PPC 7 Matthews Street, Harristown

Dates: 5 Feb 2026 - 2 Apr 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Weekly on Thursday 9:00 AM - 10:15 AM

Class Fee: Members: \$25.00 Term 1 2026

Leaders: Liz Kennedy,

AQUA AEROBICS GENTLE EXERCISES - THURSDAY (2026 Term 1)

AQUA AEROBICS GENTLE EXERCISES - THURSDAY

Do you want to do some exercise to stay fit and mobile but find it hard on your joints? Have you considered Aqua Aerobics? It is a fun low impact exercise that helps maintain and improve your balance, flexibility, endurance and strength. After a workout in the heated pool you feel energised and ready to tackle your day, with no thought of 'oh my aching joints'.

Main requirements are the ability to get in and out of the pool, to have fun with convivial company.

Terms: 1,2,3,4

If you are considering enrolling in this class for the first time, please contact the tutor before doing so.

Location: Concordia Aquatic Centre 154 Stephen St, Harristown

Dates: 22 Jan 2026 - 2 Apr 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Weekly on Thursday 6:45 AM - 7:30 AM

Class Fee: Members: \$30.00 Term 1 2026

Leaders: Rosalie Trim, Susan Berthelsen,

ARCHAEOLOGY ANCIENT HISTORY - CRADLES OF CIVILISATION (2026 Term 1)

ARCHAEOLOGY ANCIENT HISTORY - CRADLES OF CIVILISATION

Explore the four famous Cradles of Civilization, the first major human settlements on earth:

Mesopotamia, Pre Dynastic Egypt, Indus Valley and the Yellow R. (China). We will also examine the latest research on the world's oldest townships: Catal Hoyuk, Gobekli Tepi, Damascus and Jericho. We learn about the Fertile Crescent, famous Ziggurats of Ur, the Epic of Gilgamesh, the Neolithic Beaker people of Albion (UK) and the forgotten Harappans of the Indus Valley. No previous pre-recs required. Power Point notes downloaded to Member Wizard each week. Just bring iPad or Android tablet for a journey back in time.

Terms: 1,2

If you are considering enrolling in this class for the first time, please contact the tutor before doing so. Please refer to the U3A in Toowoomba Inc. Course Book for tutor contact details.

Location: Austral Room, PPC 7 Matthews Street, Harristown

Dates: 5 Feb 2026 - 2 Apr 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Weekly on Thursday 9:00 AM - 11:00 AM

Class Fee: Members: \$25.00 Term 1 2026

Leaders: Bruce Arthur,

ARCHERY - TARGET ARCHERY (2026 Term 1)

ARCHERY - TARGET ARCHERY

Both men and women enjoy this activity. You don't have to be strong or really fit but the exercise is an excellent addition to daily activity which we follow up with a coffee and biscuit. The archery takes place using either your own equipment or Toowoomba Company of Archers equipment. Full instruction is provided to assist in rapid learning and ongoing development. The Archery shooting line now has a shade cover to improve our comfort over summer.

Terms: 1,2,3,4

If you are considering enrolling in this class for the first time, please contact the tutor before doing so. Please refer to the U3A in Toowoomba Inc. Course Book for tutor contact details.

Location: Charlton Archery Range 10648 Warrego Hwy, Charlton

Dates: 15 Jan 2026 - 2 Apr 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Weekly on Thursday 10:00 AM - 11:30 AM

Leaders: Allan James Crichton,

BADMINTON (2026 Term 1)

BADMINTON

We have community players as well as U3A members. A very friendly group; we enjoy coffee and lunch sometimes. Players must join the PCYC at a very small annual cost and weekly playing fees are paid directly to the PCYC. Learn and play badminton for fun, fitness and enjoyment. To join this class you must have a current membership for the PCYC.

Terms: 1,2,3,4

Location: PCYC James Street, Toowoomba

Dates: 5 Feb 2026 - 2 Apr 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Weekly on Thursday 8:30 AM - 10:30 AM

Leaders: Andrew Trim,

CANASTA (2026 Term 1)

CANASTA

Canasta is a card game played with 2, 3, 4 or 6 players. If you are new to the game we will teach you, otherwise enjoy playing with experienced and friendly group of players.

Terms: 1,2,3,4

If you are considering enrolling in this class for the first time, please contact the tutor before doing so. Please refer to the U3A in Toowoomba Inc. Course Book for tutor contact details.

Location: Ballymore Room, Club Toowoomba 331-339 Hume Street

Dates: 22 Jan 2026 - 2 Apr 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Weekly on Thursday 12 noon - 4:00 PM

Leaders: Judy McWilliam,

CHRISTIANITY AND FEMINISM (2026 Term 1)

CHRISTIANITY AND FEMINISM

We have finished our examination of women in the Bible and in the Church during its 2,000-year history. This year we will be looking at writings of various feminist theologians, and at feminist approaches to the idea of the soul and the idea of God. We will also continue to reflect on the Illuminations of Hildegard von Bingen.

Terms: 1,2,3,4

If you are considering enrolling in this class for the first time, please contact the tutor before doing so. Please refer to the U3A in Toowoomba Inc. Course Book for tutor contact details.

Location: Private Residence Ask Tutor

Dates: 5 Feb 2026 - 2 Apr 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Weekly on Thursday 1:30 PM - 3:00 PM

Leaders: Marie Cameron,

CIRCLE DANCING (2026 Term 1)

CIRCLE DANCING

Circle Dancing is a blend of folk and meditative dance. We dance to music from many countries, celebrating the seasons, nature, the earth, the diversity of different cultures etc. We enjoy the movement of dance. Great for the body, mind and spirit.

Terms: 1,2,3,4

If you are considering enrolling in this class for the first time, please contact the tutor before doing so. Please refer to the U3A in Toowoomba Inc. Course Book for tutor contact details.

Location: Playhouse, PPC 7 Matthews Street, Harristown

Dates: 5 Feb 2026 - 2 Apr 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Weekly on Thursday 9:30 AM - 11:00 AM

Class Fee: Members: \$25.00 Term 1 2026

Leaders: Michael Rooke,

DINKY DI BUSH BALLADS AND COUNTRY (2026 Term 1)

DINKY DI BUSH BALLADS AND COUNTRY

The focus is on Aussie songs and Country ballads. A non professional group who loves making weird and wonderful sounds with bush style instruments, percussion, kitchen items or something odd. If you can beat in time, whistle, sing, play kazoo, spoons, mouth organ, fiddle, accordion, or add something different, you are welcome to hop on board the band wagon and join our fun loving group.

Cost: There will be a cost to members for venue rental and materials. Payable to tutor.

Terms: 1,2,3,4

If you are considering enrolling in this class for the first time, please contact the tutor before doing so. Please refer to the U3A in Toowoomba Inc. Course Book for tutor contact details.

Location: Seventh-day Adventist Hall 669 Greenwattle Street, Glenvale

Dates: 5 Feb 2026 - 2 Apr 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Weekly on Thursday 12:30 PM - 2:30 PM

Leaders: Joyce Ridgway,

GERMAN FOR BEGINNERS - CONTINUING (2026 Term 1)

GERMAN FOR BEGINNERS - CONTINUING

This course is following on from previous semesters. Some prior knowledge is required as we are several semesters in.

Terms: 1,2,3,4

If you are considering enrolling in this class for the first time, please contact the tutor before doing so. Please refer to the U3 in Toowoomba Inc. Course Book for tutor contact details.

Location: Studio, PPC 7 Matthews Street, Harristown

Dates: 5 Feb 2026 - 2 Apr 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Weekly on Thursday 11:30 AM - 1:30 PM

Class Fee: Members: \$25.00 Term 1 2026

Leaders: Karin Decker,

GERMAN INTERMEDIATE/ADVANCED CONVERSATION & WRITING (2026 Term 1)

GERMAN INTERMEDIATE/ADVANCED CONVERSATION & WRITING

In 2026 we will continue to work together speaking, listening, reading and writing on topics of interest to the group. This will involve working with various text types, for example, articles on current issues, information on aspects of life in the German-speaking countries, literary and song texts. During our working with these texts, we will discuss and further our knowledge of the structure of the German language.

Terms: 1,2,3,4

Location: Studio, PPC 7 Matthews Street, Harristown

Dates: 5 Feb 2026 - 2 Apr 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Weekly on Thursday 9:00 AM - 11:00 AM

Class Fee: Members: \$25.00 Term 1 2026

Leaders: Rod Wilson,

GREEN CHICKEN WRITERS (2026 Term 1)

GREEN CHICKEN WRITERS

Members' individual, approx. 1000 words/week autobiographies - ongoing or new beginning, with helpful critiques after sharing.

Terms: 1,2,3,4

If you are considering enrolling in this class for the first time, please contact the tutor before doing so. Please refer to the U3A in Toowoomba Inc. Course Book for tutor contact details.

Location: Private Residence Ask Tutor

Dates: 15 Jan 2026 - 2 Apr 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Weekly on Thursday 9:30 AM - 11:30 AM

Leaders: John W.D. Humphreys,

GUITAR - INTERMEDIATE GROUP (2026 Term 1)

GUITAR - INTERMEDIATE GROUP

Our Intermediate Guitar group plays all sorts of music suited to guitar while we attempt to master new understanding and knowledge and skills with the guitar fretboard. Intermediate guitarists can play most chords easily and fluently but if you're wanting to take it a bit further, our group is the one for you.

Terms: 1,2,3,4

If you are considering enrolling in this class for the first time, please contact the tutor before doing so. Please refer to the U3A in Toowoomba Inc. Course Book for tutor contact details.

Location: Austral Room, PPC 7 Matthews Street, Harristown

Dates: 5 Feb 2026 - 2 Apr 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Weekly on Thursday 2:00 PM - 4:00 PM

Class Fee: Members: \$25.00 Term 1 2026

Leaders: Nette Hilton,

LAWN BOWLS - LINDSAY STREET (2026 Term 1)

LAWN BOWLS - LINDSAY STREET

Summer time: 2.30pm - 4.30pm

Winter time: 2.00pm - 4.00pm

Learn Lawn Bowls at Toowoomba Bowls Club, 40 Lindsay Street, East Toowoomba, opposite Botanic Gardens. Please bring a hat, flat shoes (no heels), water bottle.

Cost: \$25 per term for hire of club equipment. Payable to tutor.

Terms: 1,2,3,4

If you are considering enrolling in this class for the first time, please contact the tutor before doing so. Please refer to the U3A in Toowoomba Inc. Course Book for tutor contact details.

Location: Toowoomba Bowls Club 40 Lindsay Street, East Toowoomba

Dates: 5 Feb 2026 - 2 Apr 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Weekly on Thursday 2:00 PM - 4:00 PM

Leaders: Kevin Cotterell,

LEAD LIGHTING - BEGINNERS (2026 Term 1)

LEAD LIGHTING - BEGINNERS

Unleash your creativity and learn the timeless craft of lead lighting — where glass, colour, and light come together to create something truly beautiful.

This hands-on course, held over two terms, introduces you to the fundamentals of traditional lead lighting through a series of guided projects. You'll gain practical skills in glass cutting, design layout, soldering, and assembly, building confidence as you bring your own unique creations to life.

All tools are provided, so you just need to bring your enthusiasm! Students cover only the cost of project materials (approximately \$150 per semester).

Whether you're an absolute beginner or simply looking for a creative new outlet, this course is the perfect way to experience the art of stained glass.

🎨 New student intakes: Terms 1 & 3

💡 Limited places available — book early!

Terms: 1,2,3,4

If you are considering enrolling in this class for the first time, please contact the tutor before doing so. Please refer to the U3A in Toowoomba Inc. Course Book for tutor contact details.

Location: Playhouse, PPC 7 Matthews Street, Harristown

Dates: 5 Feb 2026 - 2 Apr 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Weekly on Thursday 2:00 PM - 4:00 PM

Class Fee: Members: \$25.00 Term 1 2026

Leaders: Catherine Brown,

LEAD LIGHTING - CONTINUING (2026 Term 1)

LEAD LIGHTING - CONTINUING

Take your stained-glass skills to the next level!

This course is designed for students who have completed the Lead Lighting for Beginners class and are ready to expand their creativity and technique. Our continuing leadlighters enjoy the freedom to work on personal or group projects, explore more advanced methods, and share inspiration and ideas with fellow enthusiasts.

With ongoing guidance and a supportive studio environment, you'll refine your craftsmanship while creating stunning, individual pieces that reflect your growing skill and style.

Students will pay \$10 per term to cover equipment consumables.

💡 Access: Open to graduates of the Beginners course ☺ Join us for another year of learning, creativity, and great conversation!

Terms: 1,2,3,4

If you are considering enrolling in this class for the first time, please contact the tutor before doing so. Please refer to the U3A in Toowoomba Inc. Course Book for tutor contact details.

Location: Playhouse, PPC 7 Matthews Street, Harristown

Dates: 5 Feb 2026 - 2 Apr 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Weekly on Thursday 11:30 AM - 1:30 PM

Class Fee: Members: \$25.00 Term 1 2026

Leaders: Catherine Brown,

LINE DANCING - PITTSWORTH (2026 Term 1)

LINE DANCING - PITTSWORTH

A fun time - if you enjoy movement in good company, then this is the group for you.

Cost: A small cost to students to cover venue. Payable to tutor.

Terms: 1,2,3,4

If you are considering enrolling in this class for the first time, please contact the tutor before doing so. Please refer to the U3A in Toowoomba Inc. Course Book for tutor contact details.

Location: To Be Advised Ask Tutor

Dates: 5 Feb 2026 - 2 Apr 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Weekly on Thursday 4:00 PM - 5:30 PM

Leaders: Barbara Vines,

LUNCH GROUP A - LUNCH IN THE COUNTRY (2026 Term 1)

LUNCH GROUP A - LUNCH IN THE COUNTRY

A friendly gathering, to share stories and enjoy country ambience over a good meal. 3 lunches each term, always on a Thursday. Be prepared to travel. Open to all U3A members. Come and enjoy.

Terms: 1,2,3,4

If you are considering enrolling in this class for the first time, please contact the tutor before doing so. Please refer to the U3A in Toowoomba Inc. Course Book for tutor contact details.

Location: Various Locations Ask Tutor

Dates: 5 Feb 2026 - 2 Apr 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Monthly 1st week of month on Thursday 12:30 PM - 2:30 PM

Leaders: Penny Protheroe,

MAHJONG FOR FUN (2026 Term 1)

MAHJONG FOR FUN

Mahjong is a game which stimulates the brain as well as being fun and is an opportunity to make new friends. It is not necessary to have your own set of tiles.

Beginner players are welcome in Term 1 and coaching will be provided during first term. Experienced players are welcome to join anytime. If you've played before but feel you need a bit of a refresher, we can assist you to get started any time during the year.

Fees: There will be a small cost to members to cover the venue rent (currently \$5/wk). Payable to tutor in cash. Tea and coffee provided. Bring your own morning tea snack.

Terms: 1,2,3,4 and During Holidays

If you are considering enrolling in this class for the first time, please contact the tutor before doing so. Please refer to the U3A in Toowoomba Inc. Course Book for tutor contact details.

Location: Bridge Club 55 Stuart Street, Harlaxton

Dates: 8 Jan 2026 - 2 Apr 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Weekly on Thursday 8:30 AM - 12 noon

Leaders: Sheila Donaldson,

MATHEMATICS IN OUR LIVES (2026 Term 1)

MATHEMATICS IN OUR LIVES

With a focus on real-life applications, rediscover the joy and relevance of Mathematics. These applications may include some new mathematical topics and associated principles not previously encountered. Some problem-solving applications are also featured. While the mathematical skills and concepts are at a core high school level, and some familiarity would be advantageous, it is not necessary to be currently mastering them. Class members need their own scientific calculator.

Class Fee: A fee to cover costs is required at the beginning of each term, payable to tutor. Contact tutor.

If you are considering enrolling in this class for the first time, please contact the tutor via email before doing so.

Terms: 1,3,4

Location: Toowoomba Historical Society 49 Lindsay Street, East Toowoomba

Dates: 5 Feb 2026 - 2 Apr 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Weekly on Thursday 9:15 AM - 10:45 AM

Leaders: Carolyn Roberts,

MEMOIRS & KEEPSAKES (2026 Term 1)

MEMOIRS & KEEPSAKES

Do you have a special story, recipe, or some tips you'd love to pass on? Would you like to create a keepsake to share with your family? This course will guide you in putting together a simple personal book in one term. It may be a collection of favourite recipes, a short memoir of a holiday or life event, gardening or building tips, or even poems, photos of your artistic creations or special event photos you'd like to preserve.

Each week we will explore ways to shape your ideas into a keepsake book that reflects your personality and interests.

You will finish with something special to share with loved ones. This course will introduce you to ways to create and print your book online, so access to a computer or laptop would be very helpful. Ask for a full course description including schedule and costs.

Terms: 1,2,3,4

Location: The Lab, PPC 7 Matthews Street, Harristown

Dates: 5 Feb 2026 - 2 Apr 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Weekly on Thursday 2:00 PM - 3:45 PM

Class Fee: Members: \$25.00 Term 1 2026

Leaders: Ros Berg,

NATURE JOURNALLING (2026 Term 1)

NATURE JOURNALLING

Participants will learn and practice a range of art and written nature journaling skills ultimately developing individual styles. A way to enjoy nature and find release from depression and anxiety.

Classes will be held in Nature Reserves in and around the Crows Nest area.

Cost: A small fee may be required to cover cost of materials as required. Payable to tutor.

Terms: 1,2,3,4

If you are considering enrolling in this class for the first time, please contact the tutor before doing so. Please refer to the U3A in Toowoomba Inc. Course Book for tutor contact details.

Location: Various Locations Ask Tutor

Dates: 5 Feb 2026 - 2 Apr 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Monthly 1st, 3rd week of month on Thursday 9:30 AM - 11:30 AM

Leaders: Rosalie Eustace,

SCOTTISH COUNTRY DANCING (2026 Term 1)

SCOTTISH COUNTRY DANCING

We dance a variety of dances each term from 300 years ago to dances devised in recent times.

Beginners are welcome in Term 1. Class timings are 9.15am - 10.45am for simple and intermediate dances. From 10.45am is for experienced dancers interested in more challenging dances - dancers must know the basic dance figures before joining this time slot.

Fees: There will be a small cost to members to cover the venue rent. Payable to tutor.

Terms: 1,2,3,4

If you are considering enrolling in this class for the first time, please contact the tutor before doing so. Please refer to the U3A in Toowoomba Inc. Course Book for tutor contact details.

Location: Greek Orthodox Community Hall Corner Perth & Hume Streets

Dates: 5 Feb 2026 - 2 Apr 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Weekly on Thursday 9:00 AM - 12 noon

Leaders: Margaret Connell,

SHAKESPEARE - A PLAYWRIGHT FOR HIS TIME & OURS (2026 Term 1)

SHAKESPEARE - A PLAYWRIGHT FOR HIS TIME & OURS

In this class, specific plays are studied and discussed. As well, where possible, we view different productions of the plays. Discussion is both lively and insightful. Whether you are familiar with the works of Shakespeare or merely recognise his name, you should enjoy this class and learn how relevant his words are in today's world. The Plays to be studied will be advised.

Terms: 1,2,3,4

If you are considering enrolling in this class for the first time, please contact the tutor before doing so.

Location: Austral Room, PPC 7 Matthews Street, Harristown

Dates: 5 Feb 2026 - 2 Apr 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Weekly on Thursday 11:30 AM - 1:30 PM

Class Fee: Members: \$25.00 Term 1 2026

Leaders: Peter Bevan,

SONGBIRDS - LADIES CHORAL GROUP (2026 Term 1)

SONGBIRDS - LADIES CHORAL GROUP

This is a small ladies choral group singing Contemporary repertoire in 3 and 4-part harmony. Confidence in part-singing is essential.

The group meets on Thursday afternoons from 2:00pm – 3:30pm in the Studio at the Philharmonic Complex in Matthew Street, Harristown.

Please contact the tutor, Sue Rutter, by email or phone, if you are interested in joining the group.

Location: Studio, PPC 7 Matthews Street, Harristown

Dates: 5 Feb 2026 - 2 Apr 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Weekly on Thursday 2:00 PM - 3:30 PM

Class Fee: Members: \$25.00 Term 1 2026

Leaders: Sue Rutter,

SWIMMING - THURSDAY (2026 Term 1)

SWIMMING - THURSDAY

Are you a lapsed lap swimmer? Are you wondering if you can still swim 25 metres? Perhaps you're someone who just enjoys the water and going at your own pace. For our sessions, the Concordia Aquatic Centre (377 South St, Harristown) provides a heated 25 metre pool for the exclusive use of U3A members.

Swimming is an excellent low impact exercise and while we ask that those interested in joining should be competent swimmers, there is no speed requirement. While there are a few hares in the group, there are just as many tortoises. The water is lovely and warm on a cold Toowoomba morning. It's about you as an individual, so you can gradually build your stamina - increasing the number of laps you do until you reach your goal. And, just quietly, there is quite a bit of chatter between laps too.

Terms: 1,2,3,4

If you are considering enrolling in this class for the first time, please contact the tutor before doing so.

Location: Concordia Aquatic Centre 154 Stephen St, Harristown

Dates: 22 Jan 2026 - 2 Apr 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Weekly on Thursday 5:45 AM - 6:30 AM

Class Fee: Members: \$30.00 Term 1 2026

Leaders: Jacky Cribb, Roswitha McGuire,

SYMPHONIC SOUNDS - ALTERNATE THURSDAYS (2026 Term 1)

SYMPHONIC SOUNDS - ALTERNATE THURSDAYS

Listening to and discussing Classical Music in a relaxed, social setting. This year the topic will be instruments-solo and with an orchestra.

Cost: There will be a small charge to cover venue costs. Payable to tutor.

Terms: 1,2,3,4

If you are considering enrolling in this class for the first time, please contact the tutor before doing so. Please refer to the U3A in Toowoomba Inc. Course Book for tutor contact details.

Location: Crows Nest CWA Hall 7 Thallon St, Crows Nest

Dates: 5 Feb 2026 - 2 Apr 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Fortnightly on Thursday 10:00 AM - 12 noon

Leaders: Kenneth Johnson,

THE WILD WEST OF THE USA (2026 Term 1)

THE WILD WEST OF THE USA

When we think of this topic, our mind turns to movies about "Cowboys and Indians" (and indeed there was). However, the American West also included other social, economic and political aspects of this history of the USA in the late 19 century, starting with the Lewis and Clark expedition in the first decade up to the "closing of the frontier" in its last decades.

Terms: 1,2

If you are considering enrolling in this class for the first time, please contact the tutor before doing so. Please refer to the U3A in Toowoomba Inc. Course Book for tutor contact details.

Location: The Lab, PPC 7 Matthews Street, Harristown

Dates: 5 Feb 2026 - 2 Apr 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Weekly on Thursday 11:30 AM - 1:30 PM

Class Fee: Members: \$25.00 Term 1 2026

Leaders: John Pryce-Davies,

UKULELE FOR FUN - CROWS NEST (2026 Term 1)

UKULELE FOR FUN - CROWS NEST

From Beginners to Advanced players. We use U3A Ukulele music books and recorded music to play and sing to our favourite tunes as well as some challenging ones. All for fun - come along.

Additional Costs: 4 x music books - \$100. Payable to tutor.

Terms: 1,2,3,4

If you are considering enrolling in this class for the first time, please contact the tutor before doing so. Please refer to the U3A in Toowoomba Inc. Course Book for tutor contact details.

Location: Crows Nest Community Centre William St, Crows Nest

Dates: 5 Feb 2026 - 2 Apr 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Weekly on Thursday 1:00 PM - 3:00 PM

Class Fee: Members: \$25.00 Term 1 2026

Leaders: Ian Harding,

WALKING GROUP - THURSDAY (2026 Term 1)

WALKING GROUP - THURSDAY

We are a friendly group who enjoy walking and talking in our beautiful city and surrounding areas. Walks are about 5kms long. Relaxing over a coffee after the walk is fun but optional.

8am start Terms 1 and 49am start Terms 2 and 3

Terms: 1,2,3,4

If you are considering enrolling in this class for the first time, please contact the tutor before doing so. Please refer to the U3A in Toowoomba Inc. Course Book for tutor contact details.

Location: Various Locations Ask Tutor

Dates: 5 Feb 2026 - 2 Apr 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Weekly on Thursday 9:00 AM - 11:00 AM

Leaders: Clinton Gabler,

Friday

BOLIVIA - CARD GAME (2026 Term 1)

BOLIVIA - CARD GAME

For four to six players. Learn to play this challenging game of strategy and teamwork. Experienced players welcome. Some knowledge of Canasta would be helpful.

Terms: 1,2,3,4

If you are considering enrolling in this class for the first time, please contact the tutor before doing so. Please refer to the U3A in Toowoomba Inc. Course Book for tutor contact details.

Location: Private Residence Ask Tutor

Dates: 6 Feb 2026 - 27 Mar 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Weekly on Friday 12 noon - 4:00 PM

Leaders: Jacinta Richardson,

CHAMBER SINGERS (2026 Term 1)

CHAMBER SINGERS

Songs in a variety of different styles, including Contemporary, Stage and Screen, Traditional and Classical are chosen to keep choral singing alive into our senior years. All levels of ability are welcome whether you are a seasoned chorister or a novice. You do not need to be able to read music, nor do you need to have a strong voice, but the ability to sing in tune is preferable. All arrangements are in three or four-part harmony. Depending on your vocal range and experience you will join the Sopranos, Altos, Tenors or Basses. Performances are limited to daytime and usually in fourth term, singing the repertoire learnt throughout the year.

Terms: 1,2,3,4

If you are considering enrolling in this class for the first time, please contact the tutor before doing so. Please refer to the U3A in Toowoomba Inc. Course Book for tutor contact details.

Location: Austral Room, PPC 7 Matthews Street, Harristown

Dates: 6 Feb 2026 - 27 Mar 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Weekly on Friday 11:30 AM - 1:00 PM

Class Fee: Members: \$25.00 Term 1 2026

Leaders: Sue Rutter,

CINEMA OUTING AND LUNCH GROUP (2026 Term 1)

CINEMA OUTING AND LUNCH GROUP

Like minded people gather to watch, enjoy, then review a movie, over lunch. Group meets on the 4th Friday of the month.

Terms: 1,2,3,4

If you are considering enrolling in this class for the first time, please contact the tutor before doing so. Please refer to the U3A in Toowoomba Inc. Course Book for tutor contact details.

Location: Various Locations Ask Tutor

Dates: 27 Feb 2026 - 27 Mar 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Monthly 4th week of month on Friday 10:00 AM - 2:30 PM

Leaders: Gabrielle McLennan,

EXTRA-TERRESTRIAL CONTACT PAST & PRESENT (2026 Term 1)

PLEASE NOTE: THE NAME OF THIS COURSE HAS BEEN CHANGED TO

MYSTERIES OF LIFE: FROM EXTRA-TERRESTRIALS, ARCHAEOLOGICAL ENIGMAS, ANCIENT GODS, RELIGION, SPIRITUALITY, TO CONSCIOUSNESS AND REALITY.

To view course details or to enrol in the course, please look for the new name in the list of courses.

Location: The Lab, PPC 7 Matthews Street, Harristown

Dates: 6 Feb 2026 - 27 Mar 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Weekly on Friday 1:50 PM - 3:50 PM

Leaders: Carlo Bertoldi,

FRENCH - INTERMEDIATE (2026 Term 1)

FRENCH - INTERMEDIATE

Participants require a sound knowledge and understanding of basic French vocabulary and grammar (2-3 years). Theme based texts, written in French, provide activities for the ongoing development of listening, speaking, reading and writing skills and includes grammatical exercises and cultural information. Participants will also have opportunities to practise their conversational skills in a collaborative and supportive environment.

Terms: 1,2,3,4

If you are considering enrolling in this class for the first time, please contact the tutor before doing so. Please refer to the U3A in Toowoomba Inc. Course Book for tutor contact details.

Location: Austral Room, PPC 7 Matthews Street, Harristown

Dates: 6 Feb 2026 - 27 Mar 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Weekly on Friday 2:00 PM - 4:00 PM

Class Fee: Members: \$25.00 Term 1 2026

Leaders: Jayne Staniforth,

GOLF CROQUET - FRIDAY (2026 Term 1)

GOLF CROQUET - FRIDAY

Easy to learn game, using a full croquet lawn. All equipment supplied.

Cost: A small charge to cover venue and morning tea. Payable to tutor.

Terms: 1,2,3,4

If you are considering enrolling in this class for the first time, please contact the tutor before doing so. Please refer to the U3A in Toowoomba Inc. Course Book for tutor contact details.

Location: Croquet Club Corner Arthur & Lindsay Streets

Dates: 6 Feb 2026 - 27 Mar 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Weekly on Friday 8:30 AM - 10:30 AM

Leaders: Betty Salter,

GUITAR - JAM SESSION - ADVANCED (2026 Term 1)

GUITAR - JAM SESSION - ADVANCED

Must be able to play all Open Chords and Barre Chords. This is an advanced class where we play and sing in a band setting, with drums and bass guitar accompanying us. We enjoy playing and singing a variety of genres of music including Rock & Roll (60's to 90's), Folk, Country and some Jazz songs.

Cost: Students pay \$25 per term to cover venue costs. Payable to tutor.

Terms: 1,2,3,4

If you are considering enrolling in this class for the first time, please contact the tutor before doing so. Please refer to the U3A in Toowoomba Inc. Course Book for tutor contact details.

Location: Seventh-day Adventist Hall 669 Greenwattle Street, Glenvale

Dates: 6 Feb 2026 - 27 Mar 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Weekly on Friday 10:00 AM - 12 noon

Leaders: Joy Farquharson,

GUITAR FOR BEGINNERS (2026 Term 1)

GUITAR FOR BEGINNERS

This course is to teach basic guitar skills so that you can play and sing along to popular songs. You will learn to tune the instrument, how to play popular chords and strum along to accompany singing, how to follow a chord chart and how to look after the instrument. No previous experience necessary.

Terms: 1,2,3,4

If you are considering enrolling in this class for the first time, please contact the tutor before doing so. Please refer to the U3A in Toowoomba Inc. Course Book for tutor contact details.

Location: To Be Advised Ask Tutor

Dates: 6 Feb 2026 - 27 Mar 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Weekly on Friday 1:00 PM - 3:00 PM

Leaders: Lindsay Morrison,

ISLES OF THE EVENING: NORTHWARDS, BEYOND THE PILLARS OF HERCULES (2026 Term 1)

THE ISLES OF THE EVENING: NORTHWARDS, BEYOND THE PILLARS OF HERCULES

The subject of this course is the cultural development of the peoples of the Northern Atlantic. Britain and Ireland will undergo extensive examination. The chronological parameters of investigation are delineated by the Wurm Glaciation and the Norman Conquest. Along the way a plethora of wondrous structures, inspirational scholars, gifted artists, powerful warriors, intrepid navigators and eccentric characters will emerge from the mist. The coherence of the course will stem from the interrogation of primary sources, both archaeological and literary. There are no course prerequisites. Just bring a sense of curiosity, wit and wonder.

Terms: 1,2,3,4

If you are considering enrolling in this class for the first time, please contact the tutor before doing so. Please refer to the U3A in Toowoomba Inc. Course Book for tutor contact details.

Location: Austral Room, PPC 7 Matthews Street, Harristown

Dates: 6 Feb 2026 - 27 Mar 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Weekly on Friday 9:00 AM - 11:00 AM

Class Fee: Members: \$25.00 Term 1 2026

Leaders: Owen Wheatley,

LUNCH GROUP C - 3rd Friday of Month (2026 Term 1)

LUNCH GROUP C - 3rd Friday of Month

We attend lunch at various restaurants around Toowoomba each month January through to November. Class participants pay for their own lunch.

Terms: 1,2,3,4

If you are considering enrolling in this class for the first time, please contact the tutor before doing so. Please refer to the U3A in Toowoomba Inc. Course Book for tutor contact details.

Location: Various Locations Ask Tutor

Dates: 16 Jan 2026 - 20 Mar 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Monthly 3rd week of month on Friday 12 noon - 2:00 PM

Leaders: Dianne Turner,

LUNCH GROUP D - PITTSWORTH - 3RD FRIDAY OF EACH MONTH (2026 Term 1)

LUNCH GROUP D - PITTSWORTH - 3RD FRIDAY OF EACH MONTH

Members meet socially for lunch at a venue designated by the Tutor once a month during term. All members from other U3A courses are most welcome. RSVP the Wednesday before for catering purposes and carpooling arrangements, if necessary, when travelling outside of Pittsworth. Class participants pay for their own lunch.

Terms: 1,2,3,4

If you are considering enrolling in this class for the first time, please contact the tutor before doing so. Please refer to the U3A in Toowoomba Inc. Course Book for tutor contact details.

Location: Various Locations Ask Tutor

Dates: 20 Feb 2026 - 20 Mar 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Monthly 3rd week of month on Friday 12 noon - 2:00 PM

Leaders: Lyndall Madden,

LUNCH GROUP E - 3rd Friday of Month (2026 Term 1)

LUNCH GROUP E - 3rd Friday of Month

Enjoy lunch and social interaction at various restaurants, cafes, pubs and clubs. Class participants pay for their own lunch.

Terms: 1,2,3,4

If you are considering enrolling in this class for the first time, please contact the tutor before doing so. Please refer to the U3A in Toowoomba Inc. Course Book for tutor contact details.

Location: Various Locations Ask Tutor

Dates: 20 Feb 2026 - 20 Mar 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Monthly 3rd week of month on Friday 12 noon - 2:00 PM

Leaders: Veronica Luck,

MOVIE GROUP - FIRST FRIDAY OF THE MONTH (2026 Term 1)

MOVIE GROUP - FIRST FRIDAY OF THE MONTH

We attend a movie and lunch on the first Friday of each month - February through to December. Class participants pay for their own lunch and movie ticket.

Terms: 1,2,3,4

If you are considering enrolling in this class for the first time, please contact the tutor before doing so. Please refer to the U3A in Toowoomba Inc. Course Book for tutor contact details.

Location: To Be Advised Ask Tutor

Dates: 6 Feb 2026 - 6 Mar 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Monthly 1st week of month on Friday 10:00 AM - 2:00 PM

Leaders: Dianne Turner,

MULTIMEDIA (2026 Term 1)

MULTIMEDIA

The members in our group are free to choose any medium to work with - pencil, oil, watercolour, acrylic etc. If a member has a problem there is usually someone in the group who can assist.

Terms: 1,2,3,4

If you are considering enrolling in this class for the first time, please contact the tutor before doing so. Please refer to the U3A in Toowoomba Inc. Course Book for tutor contact details.

Location: Playhouse, PPC 7 Matthews Street, Harristown

Dates: 6 Feb 2026 - 27 Mar 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Weekly on Friday 11:30 AM - 1:30 PM

Class Fee: Members: \$25.00 Term 1 2026

Leaders: Ken Matuszczak,

MY WARDROBE (2026 Term 1)

MY WARDROBE

The class would include talking with each person to establish their needs, and what they need help with, for example, unfinished garments that may need help finishing, or beginning a garment.

Learn how to read a pattern and lay it on your fabric, how to cut out, all important marking, to help with construction of garment, help fitting the pattern to your shape and size before cutting into fabric, or just simply hints and tips for hemming, zips, buttonholes. Bringing your own machine would help as we all know our own machines, we do offer help to carry the machine in and back to your car for you.

Terms: 1,2,3,4

Location: Playhouse, PPC 7 Matthews Street, Harristown

Dates: 6 Feb 2026 - 27 Mar 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Weekly on Friday 2:00 PM - 3:30 PM

Class Fee: Members: \$25.00 Term 1 2026

Leaders: Patricia McCallum,

MYSTERIES OF LIFE: FROM EXTRA-TERRESTRIALS, ARCHAEOLOGICAL ENIGMAS, ANCIENT GODS, RELIGION, SPIRITUALITY, TO CONSCIOUSNESS AND REALITY (2026 Term 1)

MYSTERIES OF LIFE: FROM EXTRA-TERRESTRIALS, ARCHAEOLOGICAL ENIGMAS, ANCIENT GODS, RELIGION, SPIRITUALITY, TO CONSCIOUSNESS AND REALITY.

This course begins by exploring evidence from around the world indicating that Earth has been visited by advanced extra-terrestrial beings both today and throughout history. We explore modern day sightings of UFOs and stories of encounters with extra-terrestrials, and review what has been happening in the US over the last few years in terms of UFO and ET disclosure.

We also explore significant evidence that our planet's ancient cultures were aided and influenced by mysterious visitors who were eventually regarded as gods. Almost every past culture has stories of visitors from the heavens, who came and taught them culture, agriculture, animal husbandry, astronomy and the construction of buildings and cities. The influence of these visitations has shaped religious beliefs and subsequent societies.

We then explore unexplained archaeological mysteries (e.g. pyramids, structures and artifacts around the world which are hard to explain without the use of advanced technology). Further, we look at ancient civilisations, religion, spirituality, life, consciousness and reality and ponder the age-old questions "What are we and why are we here?"

Course delivery is by formal presentation and group discussion. This one-year course, previously called "Extra-terrestrial Contact: Past & Present", is restarting from the beginning in 2026. 2026 may be the last year that this course runs so if you are interested, think about enrolling.

Terms: 1,2,3,4

Location: The Lab, PPC 7 Matthews Street, Harristown

Dates: 6 Feb 2026 - 27 Mar 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Weekly on Friday 1:50 PM - 3:50 PM

Class Fee: Members: \$25.00 Term 1 2026

Leaders: Carlo Bertoldi,

PICKLEBALL at GLENNIE - FRIDAY (2026 Term 1)

PICKLEBALL - FRIDAY

Pickleball is a paddle sport you can learn in minutes and play for a lifetime. It brings together elements of tennis, badminton and ping pong to create a sport that's fun for all ages and skill levels, but gets fast paced and exhilarating at competitive levels. Pickleball is played every Monday, Tuesday, Friday & Saturday from 8:30am to 10:30am.

It's played on a half-sized tennis court, and so, has a lower impact than tennis and is easier on the body. It focuses on quick reflexes rather than powerful serves or running speed. These differences open pickleball up to a greater range of players. Whether you are competitive or just want to get involved in something fun, social and active, pickleball is for you! No equipment necessary, besides good sports shoes and a water bottle.

Cost \$10 payment to the venue per student per class.

If you are considering enrolling in this class for the first time, please contact the tutor before doing so. Please refer to the U3A in Toowoomba Inc. Course Book for tutor contact details.

Terms: 1,2,3,4

Location: Glennie School, Clive Berghofer Centre 39-45 Vacy Street, Newtown

Dates: 9 Jan 2026 - 27 Mar 2026

Exclusions: 23 Jan 2026, 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Weekly on Friday 8:30 AM - 10:30 AM

Leaders: Wendy Davies,

QUILTING FOR ADVANCED BEGINNERS (2026 Term 1)

QUILTING FOR ADVANCED BEGINNERS

We will continue building on our basic skills, some experience is necessary. Two sewing machines are available.

Members will need to supply their own materials, thread and basic tools, and preferably their own sewing machine.

Terms: 1,2,3,4

If you are considering enrolling in this class for the first time, please contact the tutor before doing so. Please refer to the U3A in Toowoomba Inc. Course Book for tutor contact details.

Location: Playhouse, PPC 7 Matthews Street, Harristown

Dates: 6 Feb 2026 - 27 Mar 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Weekly on Friday 9:00 AM - 11:00 AM

Class Fee: Members: \$25.00 Term 1 2026

Leaders: Michele McGill,

RAINBOW WRITERS (2026 Term 1)

RAINBOW WRITERS

Writing is fun and can stimulate our memories. It is good to record stories from our life for future generations to enjoy.

Each week we have a different topic to write up to 1000 words. You may choose to write a story from your own life, or you may try your hand at fiction or poetry. It is fun to share these stories.

Terms: 1,2,3,4

If you are considering enrolling in this class for the first time, please contact the tutor before doing so. Please refer to the U3A in Toowoomba Inc. Course Book for tutor contact details.

Location: Studio, PPC 7 Matthews Street, Harristown

Dates: 6 Feb 2026 - 27 Mar 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Weekly on Friday 9:00 AM - 11:00 AM

Class Fee: Members: \$25.00 Term 1 2026

Leaders: Jill Cory,

RAMBLING WRITERS (2026 Term 1)

RAMBLING WRITERS

Rambling Writers is a small group of people who enjoy writing stories of no more than 1000 words, either true or not so true. We share our weekly story based on a topic provided by one of the members. Topics evoke something from our past, either happy, sad or funny which we can write about. We just enjoy putting to use the vast amount of words and knowledge we have acquired over our lifetime.

Terms: 1,2,3,4

If you are considering enrolling in this class for the first time, please contact the tutor before doing so. Please refer to the U3A in Toowoomba Inc. Course Book for tutor contact details.

Location: Studio, PPC 7 Matthews Street, Harristown

Dates: 6 Feb 2026 - 27 Mar 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Weekly on Friday 2:00 PM - 4:00 PM

Class Fee: Members: \$25.00 Term 1 2026

Leaders: Susan Smith,

SING A SONG OF SIXPENCE (2026 Term 1)

SING ... SING A SONG OF SIXPENCE

A cosy, friendly fun group, sitting around the piano - as we did growing up - singing beloved melodies from 1880 through to 1980.

Terms: 1,2,3,4

If you are considering enrolling in this class for the first time, please contact the tutor before doing so. Please refer to the U3A in Toowoomba Inc. Course Book for tutor contact details.

Location: Studio, PPC 7 Matthews Street, Harristown

Dates: 6 Feb 2026 - 27 Mar 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Weekly on Friday 11:30 AM - 1:30 PM

Class Fee: Members: \$25.00 Term 1 2026

Leaders: Jeannette Zeller,

SOCIAL DANCING - A MIXTURE OF OLD TIME/NEW VOGUE (2026 Term 1)

SOCIAL DANCING - A MIXTURE OF OLD TIME/NEW VOGUE

This course may not suit Beginners. This session offers two hours of dancing to recorded music and the opportunity to socialise and make new friends. Dances are varied and include Pride of Erin, Gypsy Tap, Evening 3 Step, Merrilyn, Carousel etc. You MUST have a partner and you will also need to have had previous Old Time dancing experience or be a capable "self-learner" as we do not teach but do offer guidance.

Fees: There will be a small cost to members to cover the venue rent. Payable to tutor.

Terms: 1,2,3,4

If you are considering enrolling in this class for the first time, please contact the tutor before doing so. Please refer to the U3A in Toowoomba Inc. Course Book for tutor contact details.

Location: Drayton Hall 39 Brisbane St, Drayton

Dates: 6 Feb 2026 - 27 Mar 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Weekly on Friday 2:00 PM - 4:00 PM

Leaders: Diane & Ron,

TAI CHI, MODIFIED YANG STYLE - ADVANCED (2026 Term 1)

TAI CHI, MODIFIED YANG STYLE - ADVANCED

This is an advanced Yang Style Tai Chi class that focuses on internal feelings when performing the moves. Instruction will be given, but some yang style tai chi experience is necessary. The class will be structured around foundation exercises and sets, in a relaxed atmosphere and teaching style.

Terms: 1,2,3,4

If you are considering enrolling in this class for the first time, please contact the tutor before doing so. Please refer to the U3A in Toowoomba Inc. Course Book for tutor contact details.

Location: Drayton Hall 39 Brisbane St, Drayton

Dates: 23 Jan 2026 - 27 Mar 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Weekly on Friday 9:00 AM - 10:30 AM

Leaders: Marie Kajewski,

UKULELE FOR FUN - PITTSWORTH (2026 Term 1)

UKULELE FOR FUN - PITTSWORTH

Ukulele classes for beginners to intermediate. All you need is a ukulele, song sheets provided. A morning of music, fun and great company.

Cost: A small cost to students to cover venue costs. Payable to tutor.

Terms: 1,2,3,4

If you are considering enrolling in this class for the first time, please contact the tutor before doing so. Please refer to the U3A in Toowoomba Inc. Course Book for tutor contact details.

Location: The Grange Village Pittsworth

Dates: 6 Feb 2026 - 27 Mar 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Weekly on Friday 9:00 AM - 10:30 AM

Leaders: Trish Arnold,

WORLD WAR 2 (1939-1945) (2026 Term 1)

WORLD WAR 2 (1939-1945)

This course will survey the duration of this, the greatest of all wars to date, over the 6-year period indicated in its title. As such, its progress in the European and Pacific Theatres with its contest between the axis powers and the allies, of which Australia's role is also considered.

Terms: 1,2

Location: The Lab, PPC 7 Matthews Street, Harristown

Dates: 6 Feb 2026 - 27 Mar 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Weekly on Friday 9:00 AM - 11:00 AM

Class Fee: Members: \$25.00 Term 1 2026

Leaders: John Pryce-Davies,

Saturday

AQUA AEROBICS GENTLE EXERCISES - SATURDAY (2026 Term 1)

AQUA AEROBICS GENTLE EXERCISES - SATURDAY

Do you want to do some exercise to stay fit and mobile but find it hard on your joints? Have you considered Aqua Aerobics. It is a fun low impact exercise that helps maintain and improve your balance, flexibility, endurance and strength. After a workout in the heated pool you feel energised and ready to tackle your day, with no thought of 'oh my aching joints'.

Main requirements are the ability to get in and out of the pool, to have fun with convivial company.

Terms: 1,2,3,4

If you are considering enrolling in this class for the first time, please contact the tutor before doing so. There has been a change of tutors since the printing of the 2025 Course Book, so please phone the U3A office for the new Tutor contact details.

Location: Concordia Aquatic Centre 154 Stephen St, Harristown

Dates: 24 Jan 2026 - 28 Mar 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Weekly on Saturday 6:45 AM - 7:30 AM

Class Fee: Members: \$30.00 Term 1 2026

Leaders: Rosalie Trim,

PICKLEBALL at GLENNIE - SATURDAY (2026 Term 1)

PICKLEBALL - SATURDAY

Pickleball is a paddle sport you can learn in minutes and play for a lifetime. It brings together elements of tennis, badminton and ping pong to create a sport that's fun for all ages and skill levels, but gets fast paced and exhilarating at competitive levels.

It's played on a half-sized tennis court, and so, has a lower impact than tennis and is easier on the body. It focuses on quick reflexes rather than powerful serves or running speed. These differences open pickleball up to a greater range of players. Whether you are competitive or just want to get involved in something fun, social and active, pickleball is for you! Pickleball is played every Monday, Tuesday, Friday and Saturday from 8.30 AM - 10.30 AM. Parking and entry is via the pool entrance. No equipment necessary, besides good sports shoes and a water bottle.

Cost: \$12 per person per day.

If you are considering enrolling in this class for the first time, please contact the tutor before doing so. Please refer to the U3A in Toowoomba Inc. Course Book for tutor contact details.

Terms: 1,2,3,4

Location: Glennie School, Clive Berghofer Centre 39-45 Vacy Street, Newtown

Dates: 7 Feb 2026 - 28 Mar 2026

Exclusions: 26 Jan 2026, 27 Mar 2026, 3 Apr 2026, 6 Apr 2026, 5 Oct 2026

Schedule: Weekly on Saturday 8:30 AM - 10:30 AM

Leaders: Wendy Davies,